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OFFICIAL NEWSPAPER

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# THE LEGEND OF THE WEST ORANGE TURKEY

By Walter Elliott

WEST ORANGE - Whatever happens to the turkey recently roaming West Orange's Pleasant-dale section, it will not end up on anyone's Thanksgiving Day dinner plate.

New Jersey Department of Environmental Protection Fish and Wildlife Division and U.S. Agriculture Department specialists, on behalf of the township, are hoping to capture the wild turkey and resettle it on state property when you read this.

The bird, which has tended to occupy the area of Pleasant Valley Way and Mt. Pleasant Avenue the past month, had been partially living on neighbors and drivers' handouts. Those feedings, said township and DEP officials, have kept it in the neighborhood to its own and others' detriment.

"It's come to our attention that some motorists have been feeding this turkey by throwing food out of their vehicles," said Mayor Susan McCartney in a Nov. 9 announcement. "While we appreciate your support and care for our local wildlife, it's crucial that you understand feeding this turkey can unintentionally interfere with the USDA's objectives and hamper their capture efforts."

The West Orange Animal Control Officer may have meanwhile talked with the Kessler Institute for Rehabilitation and the Daughters of Israel respective management to tell everyone to stop feeding the turkey.

"Usually these turkeys move on; they're smart, they know where to get fed," said township Health and Welfare Director Michael Fonzino. "If it's in the

(Continued on page 11)



Councilwoman Quantavia Hilbert
of Orange, NJ wishes
Happy Thanksgiving and Happy Holidays
to residents of Orange, NJ
and everyone in our community.







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Turn To PAGE 16





### Hello Readers,

Happy Thanksgiving everyone. Thanking God for giving us food and a nice life.

Former First Lady Rosalynn Carter passed away Nov. 19, but many main newspapers and media just mentioned it, without covering the story. Jimmy Carter was not a successful president, but he was one of the best presidents with a heart for the people. His wife was a trailblazer as First Lady, introducing things that women in that position do today. "Local Talk" staff and I will pray for the soul of Rosalynn Carter and offers condolences to her family, friends,

and the citizens of the United States.

The President of China visited San Francisco, and all the garbage, homeless people and their tents on the side of the road magically disappeared. Even President Biden gave a visit to bow to him. Is it embarrassing. Our Content Editor Kris Seals told me that we should let China's President visit all our distressed cities. That way they would get cleaned up! What a state the United States is in now compared to only a few years ago. Are we still a superpower or has Biden bent the knee to China?

Israel, the U.S., Qatar and Palestine joined with the United Nations to have a temporary period of peace while Hamas will release 50 hostages and Israel will release 100 Palestinian prisoners. This is a good start. I do not want to favor one country

over the other, because both sides are humans who want to live their lives with dignity and peace. Whether it is family or friends, everyone like to be happy.

Congratulations to Quantavia Hilbert for donating and distributing about 350 turkeys and other food to the residents of Orange. I noticed that this is a mayoral candidate who wants to uplift the spirits of the residents. It is a good gesture.

Are the Democrats and the Republicans working for the people? Yes, to some extent, and no to some extent as well. When it comes to their family, friends and themselves, they do not work for the people. They do have some programs to show people that they are working for them.

After heavy rain in Haiti and the highest ever rainfall in the Dominican Republic, there are two dozen people who lost their lives in those nations. Many roads were flooded with water in both countries. I wish everyone the best and wish their nations a speedy recovery.

Australia won the Cricket World Cup final against India. Australia is a sixth time world champion. The next World Cup will be in 2027 and will be hosted by three nations: South Africa, Zimbabwe and Namibia. More and more nations are participating in the Cricket World Cup. So, the ICC has decided the next tournament will be 14 teams rather than 10 teams. A little less than 100 teams participate in the Cricket World Cup and are working hard to qualify.

Have a wonderful week.

I'll talk to you next time.

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# **WEATHER FOR THE WEEK**

Sunny
HI 53
LO 37

FRIDAY
Partly Cloudy

HI 50 LO 32 SATURDAY Mostly Cloudy

HI 44 LO 31 SUNDAY PM Showers

HI 46 PM

MONDAY
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HI 52 LO 35 TUESDAY
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HI 47 LO 31

WEDNESDAY
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# The Doctor Is In



OP-ED BY DR. ADIL MANZOOR

# The Late Effects of Childhood Cancer and Their Implications

In the United States today, more than 85% of children diagnosed with cancer will live for more than five years after their diagnosis. This statistic is impressive for a lot of reasons, most importantly because it represents a snapshot of the progress humani-

ty has made in the fight against cancer. For context, in the 1970s, that figure stood at 60%. Yeah, modern medicine really deserves a round of applause.

However, it's not all rosy. One of the most difficult parts of managing cancer is the side effects that accompany the treatment techniques utilized. It's this simple - cancer treatment has become more advanced, and the therapeutic interventions employed nowadays can easily kill cancerous cells; however, these interventions don't just stop at cancer cells, they kill human cells too. This is a major problem, as you can imagine, and there have been years of continued research to find a therapeutic technique that is both effective and very safe.

Right now, though, such techniques aren't available to the public. This means cancer patients still have to battle with some side effects, and they know this. What many don't know, however, is that there may be side effects that only surface or become a serious threat years after getting cancer



treatment. In fact, many of these individuals will have already recovered fully before these side effects gain prominence. This is the case with childhood cancer survivors.

Before I delve into the specifics of these late effects, it is important to address why they occur at all. So, why?

Well, there are multiple factors that influence the tendency of a childhood cancer survivor having these late side effects. They include the type of cancer, the treatment technique used and its intensity or dose, genetics, age of treatment, and body part exposed to the treatment. While we are aware of these factors, there is no telling the exact extent of their impact.

For instance, two individuals may have the same type of cancer, be treated in the same clinic and even under identical conditions and methods but still have different side effects. Essentially, this makes it difficult for professionals to predict and manage these effects. Still, scientists have managed to identify individuals who are at the most risk those who were treated with very high radiation doses and those that had hematopoietic stem cell transplantation.

Now to the effects themselves, there are quite a few. The more frequent late effects are mental problems, particularly depression and anxiety; additional cancers which are different from their original diagnosis; growth and hormone (particularly endocrine) problems; cognitive impairment; and muscle and bone, even including the spinal cord, problems. Other late effects that may follow childhood cancer recovery include cardiovascular disorders, lung problems, dental issues, gastrointestinal problems, and sensory (hearing and seeing) problems.

Again, these effects are variable and unpredictable, and this applies to their severity too. Research reveals that up to onethird of childhood cancer survivors will experience potentially fatal chronic health difficulties. For the remainder of survivors with late effects, they report that their quality of their life is greatly reduced and many cannot even work due to their various health problems. Studies even show that the fear of their cancer recurring is one of the major emotional problems that plague many survivors with late effects. I can't blame them.

The implication of late side effects is not only on the health of the survivors but also on people around them. That just makes sense when you consider it, as their close relatives will directly or indirectly be impacted by the health and economic conditions that the survivors go through. This may even also lead to depression and anxiety among family and friends, and even more so for those that were present when the cancer survivor still had cancer

If health professionals cannot accurately predict these effects, what then is the solution, you ask? Considering the several (Continued on page 7)

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# SPORTS WRAP





By William Hathaway, Jr.

Happy Thanksgiving everyone. The local sports fans were treated to a lot of sports this week.

In college basketball, the Seton Hall men's basketball team won a home game this past Saturday at the Prudential Cenfrom the field. Seton Hall dominated the game with their tough defense. Rutgers got 27 points from Destiny Adams. The Hall is 3-1 on the season.

In the NFL, the New York Giants broke their losing streak on the road by beating the Washington Commanders 31-19. Essex County native Tommy



ter over Wagner 72-51. SHU is 4-0 and was led by Dre Davis with 17 points and 6 rebounds and Kadary Richmond's 11 points and 10 rebounds.

For the Seton Hall ladies, they defeated Rutgers at home 82-63 in a NJ battle. Azana Baines gave the Lady Pirates 25 points and 8 rebounds and Micah Gray had 18 points on 6-13

DeVito was 18-26 with 246 yards and threw for 3 touch-

downs. RB Saquon Barkley had 14 carries for 83 yards and WR Darrius Slayton had 4 receptions for 82 yards and 1 touchdown. Leading Washington was Brian Robinson with 17 carries for 73 yards and quarterback Sam Howell was 31-45 for 255 yards 1 touchdown but 3 interceptions



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thanks to the Giants' tough defense. NYG are now 3-8 this year.

The Jets were not so lucky on the road, losing to the Buffalo Bills 32-6. QB Zach Wilson was so ineffective that he was replaced by Tim Boyle in the second half. The 4-6 Jets are hoping by some miracle to get Aaron Rodgers back before the end of the season.

In New Jersey's high school football playoffs, the run of the Shabazz Bulldogs is over. After a 8-4 record this season and winning North 2, Group 1, they made it to the North final but lost to Mountain Lakes 49-12. Another North 2 Group 1 team from Newark's South Ward is Weequahic

(Continued on page 12)



#### **UNITED STATES**



# FIRST LADY ROSALYNN CARTER (1927-2023)

A trailblazing figure in American politics has passed away, even though she never held an elected post.

On Nov. 19, former First Lady Rosalynn Carter passed away at age 96. Suffering from dementia, she had just entered hospice care along with her husband of 77 years Jimmy Carter, who is 99 as of this writing.

Eleanor Born Rosalynn Smith on Aug. 18, 1927, the woman who served as First Ladv from Jan. 1977 to Jan. 1981 was not a bystander. Carter was the first FLOTUS to make the concept of the First Lady a full time job, even setting up an office in the White House. While it is not a paid position in the government, it certainly holds a lot of weight, as Carter used it to champion causes such as better treatment for the nation's seniors and mental health. She was also the first woman in such a position to sit in on important cabinet meetings.

Condolences came from everywhere, including from the residence that Carter once called home.

"First Lady Rosalynn Carter walked her own path, inspiring a nation and the world along the way," said President Biden from the White House, a day before celebrating his 81st birthday.

"Throughout her incredible life as First Lady of Georgia and the First Lady of the United States, Rosalynn did so much to address many of society's greatest needs. She was a champion for equal rights and opportunities for women and girls; an advocate for mental health and wellness for every person; and a supporter of the often unseen and uncompensated caregivers of our children, aging loved ones, and people with disabilities.

"Above all, the deep love shared between Jimmy and Rosalynn Carter is the definition of partnership, and their humble leadership is the definition of patriotism. She lived her life by her faith.

"Time and time again, during the more than four decades of our friendship - through rigors of campaigns, through the darkness of deep and profound loss - we always felt the hope, warmth, and optimism of Rosalynn Carter. She will always be in our hearts.

"On behalf of a grateful nation, we send our love to President Carter, the entire Carter family, and the countless people across our nation and the world whose lives are better, fuller, and brighter because of the life and legacy of Rosalynn Carter.

"May God bless our dear friend. May God bless a great American."

## MASS SHOOTING UPDATE

Information recent as of 11-20-2023 at 12 p.m.

2023 Mass Shooting Stats: (Source: Mass Shooting Tracker, https://www.massshootingtracker.site/data/?year=2023)

- Total Mass Shootings: 689
- Total Dead: 820
- Total Wounded: 2769
- Shootings Per Day: 2.13
- Days Reached in Year 2023 as of Nov. 20: 324

# <u>WORLD</u>

# CONCERN GROWS OVER TWO AILMENTS

In recognition of World Diabetes Day, which was marked on November 14, the World Health Organization highlighted the need for equitable access to essential care for people affected by diabetes and tuberculosis (TB).

Equitable access to care is essential to ending TB, as highlighted in WHO's End TB Strategy and reinforced in the political declarations of the United Nations high-level meetings on the fight against TB in 2018 and 2023.

According to the 2023 WHO Global TB Report, diabetes is one of the key determinants of TB, with just under 400,000 TB episodes attributable to diabetes worldwide. People with diabetes are at higher risk of developing TB and are more likely to experience poor TB treatment outcomes, including death. This emphasizes the need for ensuring access to comprehensive care for people affected by both diabetes and TB.

**Providing** comprehensive people-centered services for people with TB and diabetes often collaborative action across different health programs. To support this collaboration and to facilitate integrated care for people with TB and comorbidities, including diabetes, WHO published the Framework for Collaborative Action on TB and Comorbidities in 2022. The framework includes actions to improve collaboration across respective programs addressing TB and diabetes, and across sectors to deliver essential care for people with both conditions.

WHO's Multisectoral Accountability Framework for TB reinforces the importance of collaboration across sectors to end the global TB epidemic. WHO is in the process of developing an operational handbook on TB and diabetes, to provide practical guidance on the implementation of current recommendations on TB and diabetes.

"Equitable access to essential care for people with TB and diabetes is something that we must strive for. Optimal management of both conditions has the potential to improve health outcomes, including TB treatment outcomes and health related quality of life," said Dr. Tereza Kasaeva, Director of WHO's Global Tuberculosis Program. "The political declaration of the UN high-level meeting on the fight against TB recognizes the fundamental importance of addressing the drivers of the TB epidemic, including diabetes, underlining that equitable access to screening, prevention, treatment and co-management is essential."

Dr. Bente Mikkelsen, Director of WHO's Department for Noncommunicable Diseases emphasized, "As we mark World Diabetes Day, WHO has been calling for equitable access to essential care for people with diabetes. Given that people with diabetes are at higher risk of developing TB, this is especially important and we call on all programs and partners to channel their efforts into making equitable access a reality for all."

At the United Nations high level meeting on the fight against TB held in New York in September 2023, Member States committed to enabling universal access to quality TB services as well as actions to address all TB determinants and drivers, such as non-communicable diseases, including diabetes. They also committed to systematic screening, prevention, treatment and care of TB and for related health conditions, including diabetes, firmly reflecting the theme of this year's World Diabetes Day "equitable access to essential care."

The political declaration arising from the United Nations high level meeting on universal health coverage, also held in New York in September 2023, reinforces this message by advocating for strengthened efforts to address the health needs of all people, in the context of universal health coverage. Ambitious targets related to the diagnosis of at least 80% of people with diabetes and good control of glycaemia for 80% of those diagnosed, were also endorsed by Member States at the World Health Assembly in 2022. Given that diabetes one of the key determinants of TB, achievement of these targets will also contribute to ending TB.



A pact to improve the connection of technology and de-

(Continued on page 9)

# BLACK LIVES, ANIMAL LIVES, ALL LIVES MATTER



By Michelle Lowe

EST...1996

#### Message For You

Hi everyone. Happy Thanks-giving to you all. I'm back again this week. You all know, I may take some time away, and when that happens it's always for a good reason. Sometimes you need to take time for yourself, recuperate your mind, clear all the opposites and negatives out of your path. Once it's done, you're clear and a have fresh new start.

Well people, Thanksgiving is here, and I know the tummies are going to be stuffed and filled with delicious, tasty food. I will surely tell you I will be having an after plate for my travel. But foremost, Thanksgiving is to give back, be grateful especially to the man above. Love your family everyone. Now I know we all have some hard times in our families, but you still have to love them too. Holidays are supposed to bring everyone together, even though we should be more attentive to our families. It shouldn't just take a holiday to do the work of bringing people together. Love your folks, people and make this Thanksgiving full of joy and happiness.

Now moving right along, since the holidays and New Year's are right around the corner, just one last reminder for everyone to make sure you apply for anchor benefits if you haven't already. The deadline will soon be near.



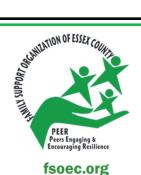
Also, there have been numerous incidents in the area where packages are being stolen. If you are ordering your packages, make sure that there's a lookout during the holidays. For some reason, it seems like a lot more goes on. so be responsible for your packages.

Before my departure, just remember being thankful for life is important. We all go through trials and tribulations, tasks, sometimes even missions. But we must be strong, we must continue to be able to move on and stand strong, balance things out in your life, and supporting one another. Support does not always mean financial or beneficial. Know how to get past the enemies and the burdens. We have to get a grip people, no matter what is done or said. Know the purpose of you. Who are you? Just don't forget that everyone.

Before I go, I'm asking for you all to not forget about people that we are not around today. May we all be grateful for another day, keeping the lost and missing in mind. Keep your families tight people, and 'til next time, peace and love...



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## THE DOCTOR IS IN

(Continued from page 4)

studies on this subject, the way forward is lifelong care. Of course, after recovering from cancer, you wouldn't expect further cancer treatment - no, absolutely not. What I (and other scientists) mean is that supportive care, regular checks, and proper counseling are essential in ensuring that any late effects that may arise are quickly identified and resolved.

Spending months and years fighting cancer and then recovering only to have lifethreatening side effects later in life is just sad and unfair, but that's life. It is up to individuals who had cancer as kids and their relatives to take proper steps to ensure nothing comes off the late effects.

This article was written by Dr. Adil Manzoor DO, a Board-Certified Internist & Board Certified Pediatrician, who works as a Hospitalist, and Emergency Room Physician. He is also the

current President of Garden State Street Medicine, a nonprofit organization whose sole purpose is to provide free preventive and acute urgent care services for the homeless.

He is also the co-founder of his own unique medical practice Mobile Medicine NJ & House call Doctors. He is also currently pursuing an Executive MBA and a Master's of Science in Healthcare Leadership at Samuel Curtis Johnson Graduate School of Management and the Weill Cornell Graduate School of Medical Sciences.

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WORLD NEWS (Cont. from pg. 6)

fense was recently put on a grand stage.

Back in June 2023, Dstl and Google Cloud signed a memorandum of understanding (MOU) to accelerate the safe and responsible adoption of artificial intelligence (AI) across the UK defense sector. As part of bringing this agreement to life, Dstl and Google Cloud delivered a Large Language Model (LLM) hackathon on behalf of the Ministry of Defense's (MOD) Defense AI Centre (DAIC).

Taking place at Google Next, this world-leading event helped better understand the opportunities and risks of LLMs for UK defense and security.

The hackathon brought together over 200 people to apply Google Cloud's cutting-edge generative AI tools to help strengthen UK defense, security

and prosperity. 20 teams, stewarded by Google Cloud AI engineers, included Dstl scientists and representatives from the following:

- Royal Navy
- British Army
- Royal Air Force
- Space Command
- MOD policy-makers, ethicists and user researchers

Participants worked for two days with Google's latest AI technologies to develop innovative, ethical and user-centered prototypes to add to the growing pipeline of AI innovation ideas created via the MOU.

Senior HM government leaders and Google's technology leadership formed the judging panel. This included GCHQ's Chief Data Scientist, Head of the DAIC, and Google Cloud's Vice President of Engineering. They

assessed the prototypes for six awards, including 'best technical achievement' and 'most illuminating failure.'

A core criterion of every award was alignment to the MOD's ethical principles for AI and Google AI Principles.

Winning prototypes ranged from LLM-scanning of cyber security threats to LLM-enabled image analysis supporting predictive maintenance, similar to what Google Cloud have deployed with the US Navy to manage corrosion of ships. These ideas have now been put forward for funding via the Ministry of Defense to further develop proofs of concept and accelerate usable readiness.

Andy Bell, Dstl CTO said: "Dstl and Google Cloud brought together a hugely diverse range of participants on behalf of the MOD's newly established DAIC, to learn, experiment and

solve real-world defense problems with innovative AI technologies. This hackathon has demonstrated how creative problem-solving can be harnessed to address pressing defense challenges, paving the way for breakthroughs in generative AI for defense applications."

John Abel, Technical Director for Google Cloud said: "This hackathon is the first step in delivering on the recent MOU signed between Dstl and Google Cloud, building on clear synergies between the two organizations.

"The hackathon served as a powerful example of how collaboration can drive innovation and ultimately benefit the wider AI ecosystem. It also provided valuable educational and training opportunities, helping to foster the next generation of AI leaders in defense."



**DISCLAIMER**: The following items are primarily drawn from first responders. Responders' accounts may not be their full activity range. Grand juries hand down indictments when evidence presented them warrant a trial. Named suspects/defendants are innocent until proven guilty beyond a reasonable doubt in a court of law.

## **NEWARK**

It is now left for the Central Planning Board here at a nearfuture meeting to decide whether the proposed 46-story Newark Summit Tower is too tall for the Four Corner Historic District.

Newark Summit Tower is the latest of several new residential/commercial skyscrapers that are either being built or proposed to be built downtown.

The twin tower Halo, for example, is going up on the former parking lot at 289-301 Washington St. Those towers are to top out at 38 and 42 stories. Newark's tallest building, the Newark National/National Newark & Essex Bank building at 344 Broad St., has stood at 43 stories since 1930.

Developer KS Group, who has received Newark Historic Preservation Commission recommendation, wants to build NST at 202-206 Market St. at where a four-story Victorian mixed use residential/commercial building and the two-story Manning's clothing store stand. Both of those properties, if not mostly vacant, had been long-closed and up for sale as developable properties.

NST, as proposed before the historic commission, would top out at 46 stories, easily eclipsing two century-old office buildings at Broad and Market streets to the proposal's west. The Fire-

men's Insurance Building, for example, is 16 stories tall.

The commission approved NST - on condition that it stands at 43 stories - equal to the Newark National Building.

#### **IRVINGTON**

Patrons of the Irvington Public Library may want to pause here at D. Bilal Beasley Civic Square to thank the late Dr. Albert Frederick Gaal, 93, who died in Oldwick Nov. 7, for his contribution.

The IPL dedication plaque in its lobby listed Dr. Gaal as President of its Library Board of Trustees during its 1964-67 construction. The township native and 13-year optometrist had shepherded its funding drive. He also was a committee chairman that brought improvements to Irvington General Hospital in 1961.

Gaal was born in IHS Feb. 15, 1930 to Dr. A.F. Sr. and Bernice Gaal. He attended the Berkeley Terrace and Clinton Avenue schools before the family moved to Maplewood's 25 Hickory St. to attend Columbia High School 1944-48.

The CHS Class of 1948 graduate went to study optometry at Boston's Franklin & Marshall College and the Penn State College of Optometry. Dr. Gaal, Jr. OD served in the U.S. Medical Service Corps in Frankfort, W. Germany 1954-56 before moving to 41 Washington St. here.

Dr. Gaal shared his father's practice at 960 Springfield Ave. before starting his own civic and political life 1960-73. He became a member or officer of the local Lions Club, Jay-Cees, Chamber of Commerce, among other posts. Mayor William E. Lovell appointed him to the IPL board in 1964; Mayor Harry Steveson appointed him onto the Irvington Board of Education in 1968 and as an at-large councilman in 1970.

Gaal won his formal election in 1972 but, citing "business pressures," resigned May 1, 1973 and moved from 260 Park Place to Oldwick. He continued his OD practice there for 50 years while joining the Tewksbury Historical Society and was president of the local Early Ford V8 Car Club.

Daughter Marcie Metzler and grandchildren Dr. Antionette Martin, Albert Metzler, Taylor Gaal and Katherine Gaal are among his survivors; wife Dorthea and son William predeceased him. A visitation was held Nov. 14 at Peapack's Bailey Funeral Home. Memorial donations may be made in his name "to your favorite charity."

#### **EAST ORANGE**

Two separate shootings two days apart left a Roselle woman dead and at least three public schools in close proximity to each other locked down.

ECPO Homicide/Major Crimes Task Force detectives, as of press time, are investigating the death of Janill Perez, 35 since Nov. 15.

East Orange police officers found Perez with multiple gunshot wounds on the 100 block of Springdale Avenue at 12:55 a.m. that Wednesday. Perez, who was rushed to Newark's University Hospital, was declared dead at 1:40 a.m.

Public Safety Director Maurice Boyd and Police Chief Phyllis Bindi have meanwhile added extra patrols along Lincoln Street between Springdale and Park avenues since Nov. 13. The patrolling includes patrolmen on an around-the-clock beat among four blocks.

The four block area includes East Orange Campus High School, the Wahlstrom Academy and the Hart Middle School Complex. Someone had fired four gunshots near one of the schools at 12:05 p.m. and fled. The three East Orange School District buildings were locked down that afternoon while EOPD officers conducted a field investigation.

"Although this (Nov. 13) incident didn't involve our schools or our students, it doesn't diminish the severity of the crime," said Mayor Theodore "Ted" Green. "We want our residents to feel safe in all areas of our city no matter what time it is."

#### **ORANGE**

A party of eight sat in Mayor Dwayne D. Warren's City Hall office waiting room for nearly two hours Nov. 8 in a desperate bid for alternate housing.

Maguedala Filocsaint brought her five children, nephew and her own youngest child with her at 10 a.m. that Wednesday. They carried luggage, poster board signs, and a duffel bag. That bag carried two years of code violations, apartment photos, court decisions and eviction notices.

Filocsaint, 41, told a reporter that she and her oldest son had made a final plea before the City Council, including department heads from the Warren Administration. They said that her South Ward apartment at 756 Vose St., after their three years there, had become uninhabitable.

She had presented photos of collapsing ceiling tiles, roach infestation, inoperable plumbing and electrical issues. They have shown copies of code violations that the building superintendent and/or owner had received. She has withheld rent in the hope of getting those violations corrected.

None of the sitting Council members commented after listening to the Filocsaint's appeal in Nov. 7's hearing of public citizens. West Ward Councilwoman Quintavia Hilbert had placed a phone call to her.

With a 9 p.m. Nov. 8 eviction lockout notice in hand, Filocsaint and her party made one last plea. Neither Warren nor his secretary were present that morning. Deputy Planning Director Chris Mobley arranged to have her speak with Warren over the phone but in private.

Filocsaint left Warren's office with what she said was the address to the Essex County Division of Welfare's Temporary Rental Assistance office.

# **WEST ORANGE**

The New Jersey Department of Labor, on Nov. 9, announced

(Continued on page 14)

#### **WEST ORANGE TURKEY**

(Continued from page 1)

roadway eating, it's going to get run over by a car. It was apparently hit by a car last weekend (Nov. 3-5) but, thankfully, it's OK (and) came back."

This wild turkey was first spotted by Pleasantdale residents in October and began calling the West Orange Police Department about its presence on roads and in driveways. Fonzino said he

# THANKSGIVING JOKE 2023 Courtesy of Kristopher Seals

For quite a few years, "Local Talk" Content Editor Kristopher Seals ran a column every Thanksgiving that centered upon hypothetical reasons why a turkey was standing in the middle of a Nutley road, based on things that happened during the year.

After 2020, the piece was retired like a pardoned White

has since heard reports of the bird charging area pedestrians, joggers and bicyclists.

The bird appears to be intact so far - but with a tranquilizer dart in its chest, the result of a USDA capture attempt. It tends to stay around a hillside of the Second Orange Mountain, with Mt. Pleasant Avenue winding west into Livingston.

This turkey, to mix metaphors, is more like a lone wolf.

The National Wild Turkey Federation said, on Oct. 26, that

wild turkeys tend to travel in flocks and stay between a roughly 400 by 1,400 square foot area. It may have a nest nearby, which Fonzino said has not been found to date.

For the record, this turkey is not the same one depicted in recent Thanksgiving Day editions of "Local Talk." Their most direct link is that they have had their photos taken in the neighborhood.

On the other hand, "Local Talk" encountered a similar wild

turkey walking on a driveway and into one of The Crescent's housing backyards in central Montclair Nov. 8. Both turkeys, like from sightings of deer, bear and foxes in more urbanized areas, may have come from nearby reservations, forests or open space.

Those encountering the turkey or any wildlife are to give it a wide berth. Do not disturb it while taking pictures. Please do not feed them - and notify authorities.

practically turkeys already.

- It's hiding from the Smiths (Either Jada might put its business out in the street, or Will might slap the stuffing out of it).
- For wrestling fans: It got kicked out of The Bloodline.
- To find the mythical algorithm that Cami Anderson used to place students in Newark's schools. (Not letting this go.)

House bird.

When asked about why this turkey was wandering about West Orange in 2023, Seals offered the following:

- To get away from Taylor Swift.
- It's on strike like everyone else.
- It just got off of a plane and said, "THAT MOTHER TURKEY IS NOT REAL!"
- It's about to break out into one of those Benjamins Deli dances.
- It's got movie tickets. It'll see "Oppenheimer" first, and then "Barbie," because at the end of the day, it's just Tur-KEN.
- It got indicted with Donald Trump and is on the run.
- To suit up and play quarterback for the Giants or Jets since their current QBs are

# NJ ATTORNEY GENERAL FILES CHARGES AGAINST CLARK MAYOR SALVATORE BONACCORSO

Bonaccorso Faces Charges Related to His Alleged Use of Township Property and Employees to Run His Business and Alleged Filing of False and Fraudulent Permit Applications to Improperly Remove Hundreds of Underground Storage Tanks

TRENTON - Attorney General Matthew J. Platkin and the Office of Public Integrity and Accountability (OPIA) announced on Nov. 20, 2023 the filing of criminal charges against the longtime Mayor of Clark Township, alleging Salvatore Bonaccorso submitted false and fraudulent paperwork to nearly two-dozen municipalities, in order to facilitate his landscaping company's improper removal of hundreds of underground storage tanks (USTs).

Bonaccorso, 63, of Clark, was also charged with official misconduct, after an investigation by the OPIA Corruption Bureau found that, while acting in his official capacity as the mayor, Bonaccorso allegedly operated his tank-removal business out of his township office utilizing municipal resources, by storing and maintaining the records for the business at the Mayor's office, using township

devices including computers and fax machines, and directing township employees to perform duties while working for the township, solely for the purpose of running his private business.

During the course of the investigation, OPIA also discovered, and it is alleged, that the defendant and his landscaping and underground storage tank company, Bonaccorso & Son LLC, fraudulently used an engineer's name, license number, as well as, in many cases, forging the engineer's signature on permit applications submitted to municipalities for tank removals - knowing that the engineer was neither supervising nor in any way involved in those projects, and without any legally required tank inspections actually taking place at those job sites. In fact, it is alleged that neither Bonaccorso nor his company have the necessary underground-storagetank-removal license required to do such work.

A review of permit applications submitted by Bonaccorso and his company revealed that Bonaccorso, Clark's mayor since 2001, allegedly misrepresented to municipalities that the engineer was the on-site supervisor of the removal work, as required by New Jersey Department of

Environmental Protection (NJDEP) regulations, for all of the tank removals done by Bonaccorso & Son.

New Jersey law prohibits any individual from doing work on unregulated heating-oil tank systems unless the individual is certified or working under the immediate, on-site supervision of a person who is certified. NJDEP rules state that whether a tank is removed or abandoned-in-place, the job must be conducted by a contractor certified for underground storage tank closure, who is working for a closure-certified underground storage tank firm.

The investigation revealed, and it is alleged that, Bonaccorso arranged to have the engineer obtain a UST license and insurance, and then also directly paid to maintain both. It is alleged that the value of the removal jobs associated with the fraudulent permits submitted by Bonaccorso between 2017 and 2023 amounted to hundreds of thousands of dollars.

Bonaccorso has also been charged with witness tampering, for allegedly advising a witness being interviewed by state investigators to provide false information, after he learned of the State's investigation.

Bonaccorso is charged with

the following:

- Official misconduct (2nd degree)
- Tampering with public records or information (3rd degree)
- Witness tampering (3rd degree)
- Forgery (4th degree)
- Falsifying or tampering with records (4th degree)

Deputy Attorney General Lisa A. Queen is prosecuting the case for the OPIA Corruption Bureau under the supervision of Corruption Bureau Chief Peter Lee, OPIA Deputy Director Anthony Picione and OPIA Executive Director Eicher.

Second-degree charges potentially carry a sentence of five to 10 years in state prison and a fine of up to \$150,000. Third-degree charges carry a sentence of three to five years in prison and a fine of up to \$15,000. Fourth-degree offenses could lead to up to 18 months in state prison and a fine of up to \$10,000.

These charges are merely accusations, and the defendant is presumed innocent unless and until proven guilty in a court of law.



From The Pastor's Heart

OP-ED BY DR. ROBERT KENNEDY

## Clothe Yourselves With Humility Towards One Another

In a world where a majority of people want to be the "top dogs," there needs to be an appeal like the one that is topicalized: "Clothe yourselves with humility towards one another."

The advice from the writings of the apostle Peter, "Likewise you younger people, submit yourselves to *your* elders," was addressed primarily to the young. Yes, all of *you* be submissive to one another and be clothed with humility, for "God resists the proud, But gives grace to the humble." (1 Peter 5:5 NKJV)

Yes, the exhibition of pride is creating much havoc today. What we are seeing in the ongoing conflicts between Russia and Ukraine and Israel and Hamas is the expression of the pride of nations. Russia wants to dominate Ukrainian land and people to show how powerful it is. The "proud" Ukrainian people are fighting for their liberty from the domination of Russia. In Gaza, the Israelis are fighting to their death because they want to make sure that they get revenge for the atrocities of October 7th perpetrated by Hamas, which killed about 1400 of their people and over 200 taken hostage.

On the other hand, Hamas is claiming that it is protecting the rights of the Palestinian people. And to this extent, it is willing to

.....

fight to the very end the Israelis' response to their attack. At the moment of writing, the claim is that Israel's response has taken the lives of more than 8500 Palestinians, which includes more than 3000 children. A majority of ambassadors in the United Nations are calling for a cease-fire, but the Prime Minister of Israel has made it clear that there will be no cease-fire until the goal is attained of removing Hamas.

Yes, the pride of nations is at the heart of that which is causing so many wars in the world today. Some of the thinkers who have experienced warfare have taken note of the pride of nations in the following way:

- Norman Schwarzkopf, confessing the fate of Desert Storm, says, "The more you sweat in peace, the less you bleed in war."
- The British philosopher Bertram Russell states, "War does not determine who is right only who is left."
- Howard Thurman, one of America's great theologians, says, "During times of war, hatred becomes quite respectable even though it has to masquerade often under the guise of patriotism."
- The writer Ernest Hemingway states, "There is no hunting like the hunting of man, and those who have hunted armed men long enough and liked it, never care for anything else thereafter."
- General William Tecumseh Sherman said, "I am tired and sick of war. Its glory is all moonshine. It is only those who have neither fired a shot nor heard the shrieks and groans of the wounded who cry aloud for blood, for

vengeance, for desolation. War is hell."

The expression of national pride has its contradictions. While it helps to make people feel that they have a home to which they belong, when it leads to prejudice and armed conflicts, it is profoundly detrimental. What is being expressed in the waring of nations today is unadulterated evil. And there is no question about how much the youth are being affected. I have heard the observation, and it is correct, that when young people see their parents and friends dying from weapons of war, it makes them more fearful and hateful than they usually might have been.

Some time ago, I heard one Palestinian mother saying that she was allowing her child to suck her breast so that he would hate the Jews. Yes, not only are there immediate tragedies in the wars as they are being fought now, but the devil is getting the minds of our youth so twisted with the falsity of prideful wars that they are moving into a future in which warfare will only be a cycle. What is being seen in the demonstrations on college and university campuses might be a simple interest today, but the future is bleak if we live in the falsity of pride.

I do not know that I need to direct this reflection on "clothing yourselves with humility to one another" to the young, although it seems clear to me that such an appeal should be given at some point since the high-brow behavior of many youths today is to disregard any counsel or advice of the aged. Those who are old are, in many quarters, being cast aside. And their ideas have been thought to be "old hat." But let me trust that anyone who reads

this reflection can take the sound advice of those I have quoted above.

Yes, pride is evil; it leads to war, and to avoid warfare, we need to clothe our hearts with humility. As I see it, pride causes:

- 1. Rebellion Rebellion is not just a problem of youth but is a challenge for all humanity, even as the devil seeks to lead every heart away from God.
- 2. Denial of truth We have seen that in warfare, it is challenging to know what is truth and what to believe.
- 3. Refusal to accept needed help, even the help of God.
- 4. Refusal to take advice- This appears to be a way of life for many people. To show how "smart" they are, they will not accept any advice, and they get into more trouble than is warranted. Is there a lesson that we can learn from those who missed the intelligence in the ongoing conflict between Israel and Hamas?
- 5. Refusal to forgive Nothing is worse than hurt pride nurtured in the heart. The seeds of resentment between Israel and the Palestinians are bearing the fruits of warfare now.

In effect, there are individual and personal lessons to learn about the prideful warfare of nations. We need to learn how to clothe ourselves with humility and make ourselves less puffed up intentionally. In the stream I write, we need to learn that humility can only happen as we submit ourselves to the authority of the divine. And we must also learn to love as the divine loves, even the enemy.

#### **SPORTS WRAP**

(Continued from page 5)

High, finished the regular season 9-1 but took a loss to Butler 21-14.

Other local teams that were bounced from the postseason include Irvington, West Orange, Seton Hall Prep and Montclair after they beat Columbia. Also, after not losing in what seemed like forever, Caldwell suffered a stunning upset to Lakeland 33-28 in the North 2 Group 2 semi-finals.

Despite being out of title contention, Shabazz and Weequahic will be in action on Thanksgiving morning in the annual Soul Bowl. Hopefully, it will not be a repeat of what happened last year. Finally, East Orange will battle Barringer in their annual rivalry game.



# NASA'S WEBB TELESCOPE REVEALS NEW FEATURES IN HEART OF MILKY W



Image: Sagittarius C (NIRCam)

The NIRCam (Near-Infrared Camera) instrument on NASA's James Webb Space Telescope's reveals a portion of the Milky Way's dense core in a new light. An estimated 500,000 stars shine in this image of the Sagittarius C (Sgr C) region, along with some as-yet unidentified features. A large region of ionized hydrogen, shown in cyan, contains intriguing needle-like structures that lack any uniform orientation. NASA, ESA, CSA, STScI, and S. Crowe (University of Virginia).

NASA - The latest image from NASA's James Webb Space Telescope shows a portion of the dense center of our galaxy in unprecedented detail, including never-before-seen features astronomers have yet to explain. The star-forming region, named Sagittarius C (Sgr C), is about 300 light-years from the Milky Way's central supermassive black hole, Sagittarius A\*.

"There's never been any infrared data on this region with the level of resolution and sensitivity we get with Webb, so we are seeing lots of features here for the first time," said the observation team's principal investigator Samuel Crowe, an undergraduate student at the University of Virginia in Charlottesville. "Webb reveals an incredible

amount of detail, allowing us to study star formation in this sort of environment in a way that wasn't possible previously.'

"The galactic center is the most extreme environment in our Milky Way galaxy, where current theories of star formation can be put to their most rigorous test," added professor Jonathan Tan, one of Crowe's advisors at the University of Virginia.

# **Protostars**

Amid the estimated 500,000 stars in the image is a cluster of protostars - stars that are still forming and gaining mass - producing outflows that glow like a bonfire in the midst of an infrared-dark cloud. At the heart of this young cluster is a previously

known, massive protostar over 30 times the mass of our Sun. The cloud the protostars are emerging from is so dense that the light from stars behind it cannot reach Webb, making it appear less crowded when in fact it is one of the most densely packed areas of the image. Smaller infrared-dark clouds dot the image, looking like holes in the starfield. That's where future stars are forming.

Webb's NIRCam (Near-Infrared Camera) instrument also captured large-scale emission from ionized hydrogen surrounding the lower side of the dark cloud, shown cyan-colored in the image. Typically, Crowe says, this is the result of energetic photons being emitted by young massive stars, but the vast extent of the region shown by Webb is something of a surprise that bears further investigation. Another feature of the region that Crowe plans to examine further is the needle-like structures in the ionized hydrogen, which appear oriented chaotically in many directions.

"The galactic center is a crowded, tumultuous place. There are turbulent, magnetized gas clouds that are forming stars, which then impact the surrounding gas with their outflowing winds, jets, and radiation," said Rubén Fedriani,

investigator of the project at the Instituto Astrofísica de Andalucía in Spain. "Webb has provided us with a ton of data on this extreme environment, and we are just starting to dig into it."

Around 25,000 light-years from Earth, the galactic center is close enough to study individual stars with the Webb telescope, allowing astronomers to gather unprecedented information on how stars form, and how this process may depend on the cosmic environment, especially compared to other regions of the galaxy. For example, are more massive stars formed in the center of the Milky Way, as opposed to the edges of its spiral

"The image from Webb is stunning, and the science we will get from it is even better," Crowe said. "Massive stars are factories that produce heavy elements in their nuclear cores, so understanding them better is like learning the origin story of much of the universe."

The James Webb Space Telescope is the world's premier space science observatory. Webb is solving mysteries in our solar system, looking beyond to distant worlds around other stars, and probing the mysterious structures and origins of our universe and our place in it. Webb is an international program led by NASA with its partners, ESA (European Space Agency) and the Canadian Space Agency.



Image: Sagittarius C Features

Approximate outlines help to define the features in the Sagittarius C (Sgr C) region. Astronomers are studying data from NASA's James Webb Space Telescope to understand the relationship between these features, as well as other influences in the chaotic galaxy center. NASA, ESA, CSA, STScI, Samuel Crowe (UVA)

# The Observation Booth



**OP-ED By Andrea Dialect MUCHAS GRACIAS** 

I can't thank God enough for all he has done and continues to do for me and my family and friends. As well as the many that has poured into my life and the lives of those that I love. Thank you may come across as being simply stated but for me it is truly a word that is chocked full of a bunch of gratitude; especially when it comes to this life thang.

The imagery here also represents such. Let me count the ways! - Andrea Dialect Said That!

#### Is Gracias French or Spanish?

Gracias is thank you in Spanish.

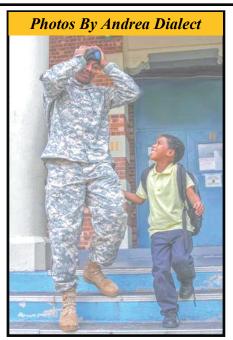


The most simple way to say thank you in Spanish is gracias. In Latin Spanish, the "c" is pronounced like an "s", while in European Spanish, the "c" is usually more like a "th" sound. If you want to emphasize your thanks, add muchas - muchas gracias. (Google)



What does gratitude mean?

Gratitude is when you feel thankful for the good things in your life. This could be stuff



people often take for granted, like having a place to live, food, clean water, friends, and family. Gratitude is taking a moment to reflect on how lucky you are when something good happens, whether it's small or big.

## Thursday November 23

Thanksgiving has been celebrated nationally on and off since 1789, with a proclamation by President George Washington after a request by Congress.

The event that Americans commonly call the "first Thanksgiving" was celebrated by the Pilgrims after their first harvest in the New World in November 1621. This feast lasted three days and was attended by 90 Native American Wampanoag people and 



survivors the Mayflower (Pilgrims). Less widely known is an earlier Thanksgiving celebration in Virginia in 1619 by English settlers who had just landed at Berkeley Hundred aboard ship Margaret.

Thanksgiving is a national holiday celebrated on various dates in the United States, Canada, Grenada, Saint Lucia, Liberia, and unofficially in countries like Brazil and the Philippines. It is also observed in the Dutch town of Leiden and the Australian territory of Norfolk Island. -Wikipedia

Read this article in its entirety at www.localtalkweekly.com and type The Observation Booth in the search bar. Send questions or inquiries to localtalkandrea@gmail.com.

#### **TOWN WATCH** (Continued from page 10)

that their longest-serving employee, Hester Davis, 90, of West Orange, had died on Sept. 29.

Davis, whose last job was as case worker at the DOL's Youth One Stop Career Center in Newark, had worked for the department for 52 years. Her influence, said mourning relatives, colleagues and friends, had spread among other "Local Talk" towns.

Born Hester G. Reid into a family of 12 in Newark on June 23, 1932, she and her family were members of the city's Wells Cathedral. The family moved here early; it is not clear whether father James Reid, Sr. 's death and mother Mary Reid's marriage to John Walker was a factor.

Reid became a West Orange High School Class of 1950 and Newark's Arts College graduate. She took several jobs before landing at NJDOL, including Chock-Full-of-Nuts

and Bell Telephone's Western Electric. It was at Western Electric where she met coworker Joshua Lee Davis, Jr.

Reid and Davis married in 1951. They stayed in West Orange to raise the future Deborah Davis Ford, Valerie J. Brown, Joshua Davis III and Shannon Davis Pickens. Hester Davis, who participated in the 1963 March on Washington and other Civil Rights Movement activities. joined the Department of Labor in 1978. Later on, she taught art and crochet at the East Orange Civic Center.

A deacon at East Orange's Park Avenue Christian Church Disciples of Christ Church, Hester nursed her beloved James, Jr. until his 2021 death. Seven grandchildren, two greatgrandchildren and sister Ruth Veney, along with her three daughters and a son, are among her survivors.

Martin's Home for Services, Montclair, posted Davis' obituary Oct. 7 and made her funeral arrangements.

# **SOUTH ORANGE / MAPLEWOOD**

It appears that another person who was involved in the two recent mishandled student incidents in five months at the South Orange-Maplewood School District's Montrose Early Child Development Center, as of Oct. 26, has taken a penalty.

The SOMSD administration had posted a "Help Wanted" advertisement for Montrose Principal. The posting for the 12-month position will be up "until filled."

SOMSD posts an "immediate job opening" for Montrose Early Childhood Center Principal. The position includes a state principal's certificate, experience as a building principal and passing a U.S. citizenship and criminal background check. The successful candidate will answer to the schools superintendent - who is currently interim super Dr.

(Continued on page 15)

#### **TOWN WATCH** (Continued from page 14)

Kenneth Gilbert.

Whoever gets the job to build a team and lead the Pre-Kindergarten student body, teachers and staff will be succeeding Interim Principal Maureen Davenport, who was appointed June 1 in the wake of then-Principal Bonita Samuels' taking a leave of absence.

Samuels took the leave and a teacher's aide eventually resigned after the latter was accused of shaking an autistic boy by his legs for 15 seconds March 27.

Then-schools super Dr. Ronald Taylor, on July 20, said that a Montrose paraprofessional had allegedly mishandled a student July 18 - which happened on Davenport's watch. There was a joint SOMSD. South Orange Police Department and New Jersey Division of Child Protection and Permanency investigation, like on March 27, but its findings have not been publicized.

## **BLOOMFIELD / GLEN RIDGE**

Neighbors on both the township and borough sides of Bloomfield Avenue are wondering whether construction activities at 667 and 669 Bloomfield Ave. will extend to 675-99 Bloomfield Ave.

Work on converting the former bank at 667 Bloomfield Ave into a walk-in emergency care center, for example, appears nearing completion. Although CityMD Urgent Care has missed its "Summer 2023" grand opening, parking lot and other exterior work on the former DeWitt/Sovereign/ Santander Bank may give it an opening during the Year End Holidays season.

Next door at 669 Bloomfield, the former house that is now space for Aroma Spa and three other tenants, as of press time, has had a utility pipe replaced and its parking lot repaved.

Action, outside O'Boyle Landscaping vehicles leaving or re-entering the former Sacred Heart School parking lot, remains almost glacial at 689 Bloomfield at best.

First Class Learning Center, on Sept. 1, had left the century old, three story building for a floor of another parochial school at St. Francis Xavier Church in Newark. Sacred Heart and St. Francis Xavier are Archdiocese of Newark parishes - the latter turning over the deeds of SHA and Nardiello Hall at 14 State St to Sacred Heart Par-

Mayor Michael Venezia and the Township Council, on Nov. 8, 2022, passed an ordinance making SHS, Nardiello Hall (aka the original Sacred Heart Church) and their parking lots rezoned as "noncondemnable areas in need of redevelopment." The new designation may allow a 2021 "conceptual" plan for a five-story apartment building there to be reconsid-

Whatever is proposed for 675-99 Bloomfield Ave. will require notification of residents and/or property owners within 200 feet of the property - which will include those in Glen Ridge.

#### **MONTCLAIR**

Last rites for James Eason, 80, were held here at St Paul Baptist Church Nov. 14. Eason, also known as "Jim," or "Jimmy" and as a Montclair African-American Heritage Foundation founder, died here Oct. 29.

Eason was born here on Nov. 15, 1943. The Fourth Ward native - except to play Sunday touch football on Staten Island and for his Vietnam War experience as a helicopter pilot - was a lifelong Montclarion.

The future "Mr. Montclair" was a Montclair High School scholar-athlete, making the football and track teams. He co-founded MHS' "Rites of Passage" program and was a Montclair Cobras coach.

He, his plumber father, housekeeping mother and two siblings lived on Maple Avenue and were promoted from Glenfield Middle School. Eason himself was a school teacher the first two years back from Vietnam before working for IBM.

Eason participated in Montclair Gateway to Aging in Place, the Senior Citizens Advisory Committee and the July Fourth Committee. He was a frequent presence on Montclair sporting event sidelines and a regular of the Glenfield Parkhouse-Wally Choice Community Center's Do Drop Inn.

Former Mayor Robert Jackson, Police Chief Todd Conforti and several past and present Township Council Members came to the St. Paul's service to speak and pay tribute. Mayor Sean Spiller and the Council approved a proclamation celebrating Eason's life and contributions.

# **BELLEVILLE**

There will be a residential building to go with the gas-and-go Quick Chek on the School 1 site block and Premier Developments, as of Nov. 16, has had its site plan application approved.

A majority of the Belleville Planning Board approved Premier's plans for a four -story building housing 40 dwelling units. Eight units will be two-bedroom apartments and the rest 32 single-bedroom apartments.

The apartment building would be similar to the nearly-completed Essex apartments on 102 Washington Ave. Premier, of Englewood Cliffs, was that project's primary contractor.

**NOVEMBER 23, 2023 - NOVEMBER 29, 2023** 

Those voting to approve the development included Mayor Michael Melham. Councilman Thomas Graziano did not attend the planning board session and therefore did not vote.

Premier had hosted "A Better Belleville 2022" cocktail party as a fundraiser for that spring's candidates Melham, Graziano and Naomy DePena. A majority of participating Belleville voters reelected them to their respective mayor and at-large council offices that May.

While Graziano either abstained or were absent from Premier's related votes, Melham and DePena - while on the Township Council -had approved Premier's designation as developer for 272 -76 Washington Ave., better known as the Irvine-Cozzarelli or "Sopranos" Funeral Home and here.

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# Heart Center of the Oranges

Welcome to Our New Center for Diabetes and Metabolic Diseases

# **OUR PROVIDERS**

# **CARDIOLOGY**

Gitendra Rajiyah, MD Catalino DelaCruz, MD Bhavna Mohandas, MD Abbas Shehadeh, MD Isaac Tawfik, MD Marlyn Escalona, APN Lou Alexandre, PA

# PULMONARY/SLEEP DISORDERS

Jeffrey Miller, DO

# **PODIATRY**

Jodene Shwer, DPM Amro El-Nakib, DPM

# **NEUROLOGY**

Ruth Clark-Brown, MD Burget Cort, APN

# **GYNECOLOGY**

Clifford Toliver, MD

# PEDIATRIC & ADULT ENDOCRINOLOGY

Tara Rajiyah, MD

# NUTRITION

David Sonenberg, MS, RD, CDE

# PRIMARY CARE/ INTERNAL MEDICINE

Eddy Simon, MD
Nancy Cahiwat, MD
Mamatha Mohan, MD
Myriam Sterlin, MD
Aleksander Lekan, MD
Hemlata Bhatia, MD
Narinda Kaur, MD
Normita Narvaez, MD
Ramesh Kania, MD
Nivia Rowe, APN
Roody Dalberis, APN
Sanjaykumar Shah, APN
Mary Elias, APN
Janiece Howell, APN
Jamila Jones, DNP



# Treating Both Adults and Children of All Ages





We now treat a variety of endocrine disorders Including

Type 1 and Type 2 Diabetes, Thyroid Diseases, Osteoporosis And Metabolic Bone Disorders

**Dr. Tara Rajiyah** treats both adults and children Call 973-395-1550 for an appointment \* 77 Main Street, West Orange

Contact us: 973-395-1550 ● Orangeheartcenter.net

# **VISIT ONE OF OUR OTHER CONVENIENT LOCATIONS:**

South Orange: 60 Vose Avenue Tel. 973-763-5200 Maplewood: 2091 Millburn Avenue Tel. 973-378-2266 Bloomfield: 135 Bloomfield Avenue, Suite B Tel. 973-743-2248 Tel. 973-374-8807 **Newark:** 202 Stuyvesant Avenue 77 Main Street **West Orange:** Tel. 973-324-2090 95 Main Street West Orange: Tel. 973-672-3829 **West Orange:** 92 Old Northfield Avenue Tel. 973-736-5552