

Celebrating the Women of Newark Past and Present!



Blanche Harris (1878-1956) was active in the suffrage movement in Newark. She was president of the Lincoln Branch, Women's Political Union of Newark. She spoke around the state on suffrage...

NEWARKWOMAN.com  
Women Who Lead



Rev. Dr. Louise Scott Rountree  
Councilwoman-At-Large

### FREEDOM!

As our dear sisters began to plan The Greater Newark Women's Assembly 2023, to represent a bold determination, to be intentional to affirm, recognize and celebrate the past, present and future existence of women of Newark and beyond, our collaboration of what to call this baby started with agreeing that we would "journey together" to pursue to fulfil another dimension and expression of wholeness. This special issue of Local Talk is to share and promote the distinction of women of

Greater Newark. We have taken this nationally recognized platform of Women's History Month and applied it specifically to focus our attention to honor the great courageous spirit of the women who live, work and thrive in Newark and surrounding region. The Greater Newark Women's Assembly, held March 4<sup>th</sup> and 5<sup>th</sup> is a passion to realize a new unity among the sisterhood of Newark, to give voice, to support actions individually and collectively, to see each other more clearly, to value, appreciate, promote, hug and care, to create the opportunities that we know

are in our best interest. The collective DNA of the Women of Newark is powerful. The Greater Newark Women's Assembly's lofty goal is to create an environment where we experience the power of love and freedom to express our ability, our identity, ideals, experience, innovation and creativity, be reminded to embrace the legacies that we have inherited from women who paved the way for us, the knowledge that's available, to dream, to encourage, to be empowered for ourselves, our families, for our beloved city of Newark and beyond.

*Honoring The Women of Greater Newark*

*Pursuing & Fulfilling Wholeness*

**The Greater Newark Woman's Assembly 2023**

**A Woman's History Month Celebration**

**March 4th & 5th**

**The Greater Newark Women's Assembly**

**Our Mission:**

*To Love*  
*To Recognize*  
*To Serve*  
*To Save*  
*To Honor*  
*To Achieve*  
*To Excel!*

**THE NEWARK WOMEN'S ASSMBLY 2023**  
*Celebrating the Women of Newark*  
 Past and Present!

**NEWARK CITYWIDE WOMEN'S MEETING**

WOMEN MOVING FORWARD

FRIDAY  
**MARCH 3, 2023**  
 TIME: 6PM (EST)  
 PRIORY RESTAURANT  
 233 WEST MARKET NEWARK, NJ 07103  
 AGENDA: HOME OWNERSHIP

*"It has been written that women uphold half the world... If you educate a woman you educate and liberate a Nation."*



The Seal of the City of Newark, created 1836 proudly featuring two women, representing the values and principles that the City is committed to peace, prosperity, law, justice and liberty

**WOMEN POWER**

**NEWARK CITY OF DESTINY**  
*presents*  
**THE GREATER NEWARK WOMEN'S ASSEMBLY 2023**  
**A WOMEN'S HISTORY MONTH CELEBRATION**  
*"Pursuing & Fulfilling Wholeness"*

Partnering with Chosen Generation Ministries, Helping Hands Community Outreach, Women of Shachah, Inc., House of Provision, Purpose & Promise, Ray of Hope Ministries, Sheila Bruce Ministries, The Caring Network Volunteer Services, The Patterson Foundation & many others.

**MARCH 4**

**THE POWER OF KNOWLEDGE EDUCATIONAL SYMPOSIUM & HONORS LUNCHEON**

Presenters, panel discussions, workshops, with a marketplace of information, exhibits, crafts, merchandise, & an honors luncheon. Activities for children and teens available.

Newark Public Library (Main Branch)  
 5 Washington Street, Newark, NJ  
 9 AM - 3:30 PM  
 (Free parking @ Essex County Parking Garage on Bridge Street)

**MARCH 5**

**NEWARK CITYWIDE WOMEN'S FAITH ASSEMBLY'S**  
**"DECLARING OUR FREEDOM & DESTINY"**

The Assembly's closing ceremony will focus on decrees & declarations to affirm faith, prepare & propel women to pursue & fulfill their destiny. This will include dynamic worship, prayer, & ministry promoting & supporting healing & deliverance. A light brunch & gift bags will be distributed.

CityPlex 12 Newark  
 360 - 394 Springfield Avenue, Newark, NJ  
 9 AM - 11:30 AM

A MARKETPLACE OF VENDORS, RESOURCE INFORMATION, EXHIBITS, CRAFTS, MERCHANDISE & MORE!

CHILDREN & STUDENTS ATTEND FREE!  
 REGISTRATION SCHOLARSHIPS ARE ALSO AVAILABLE!  
 FOR MORE INFORMATION:  
 INFO@PATTERSON-FOUNDATION.ORG

**REGISTRATION - \$55**  
**REGISTER @ EVENTBRITE.COM**

**HONORS LUNCHEON - \$25**  
**\*NOT INCLUDED IN REGISTRATION FEE**

FOR MORE INFORMATION EMAIL:  
 INFO@PATTERSON-FOUNDATION.ORG OR CALL (973) 803-9390

YVONNE PATTERSON JOANNE TURNER REV. DR. BRENDA BYRD APOSTLE CYNTHIA ATKINS DONNA ALSTON APOSTLE DR. GENNIE HOLTE GLORIA GILLIARD EBONI WOOLRIDGE PASTOR LAWREN MONROE APOSTLE SHEILA BRUCE



**THE PATTERSON FOUNDATION**

**"Reach for a Better World" (973) 803-9390 \* www.patterson-foundation.org**

# LOCAL TALK

NEWARK • IRVINGTON • EAST ORANGE • ORANGE • WEST ORANGE • SOUTH ORANGE • MAPLEWOOD • BLOOMFIELD • MONTCLAIR & MORE

VOLUME 23 • ISSUE 17 \* MARCH 2 - MARCH 8, 2023

25¢

“LET’S TALK FOR THE BETTERMENT OF OUR COMMUNITIES”

### OFFICIAL NEWSPAPER

ESSEX COUNTY • EAST ORANGE • ORANGE BOARD OF EDUCATION

1576 Springfield Avenue • Maplewood, NJ 07040

Phone: 973-622-1111 • www.localtalkweekly.com

E-mail - Newspaper: localtalk@aol.com \* Printing: localtalkprinting@gmail.com

INDEX

Editorial & Weather: 02

Sports Wrap: 05

Pre-Spring Special: 08

From the Pastor’s Heart: 12

The Doctor Is In: 04

World News Flash: 06

Town Watch: 10

The Observation Booth: 14

## DARK TIMES PLAGUE GEORGIA KING VILLAGE

*Newark City Council rescinds tax abatement, puts complex into receivership.*

*By Lev D. Zilbermintz*

NEWARK - Georgia King Village residents are up in arms over the infestation of their apartments by rats and mice. They say that all was okay until construction began on a new

building on the site at the corner of Littleton Avenue and West Market Street. Previously a parking lot for residents, the site apparently was the home of numerous rats who lived underground in their dens.

“Local Talk” did diligent research. Information for this article came from nj.com, ROI-NJ, and other websites. Questions were sent to Dupre Kelly, West Ward’s representative of the Newark City Council; L + M Development Partners of Larchmont, N.Y. Neither had responded by press time.

For this reason, “Local Talk” goes with the information published by nj.com and other sources. All sources are given due credit.

### Construction of new building

According to ROI-NJ, located on a portion of the property at 250 Georgia King Village on West Market Street in the city’s Fairmount neighborhood, the \$42 million project is being financed through a combination of public and private capital, including \$18 million in tax credit equity from Wells Fargo, \$22

million in mortgage financing from NJHMFA, \$1.6 million from the NJHMFA Special needs Housing Fund, \$6 million from the Hospital Partnership Subsidy Program and \$3 million from the University Hospital, \$300,000 in HOME funds from the city of Newark and \$300,000 in HOME funds from Essex County.

According to ROI-NJ, the development, designed by Alex Merlucci at Inglese Architecture + Engineering, will provide 78 affordable rental apartments that will serve low- and moderate-income households. Sixteen units will be reserved for homeless individuals and families, and these will be supported by project-based rental vouchers provided through the Department of Community Affairs’ Housing Choice Voucher Program. The project will also be a recipient of 30 project based rental vouchers from the Newark Housing Authority.

In addition, the building will include a ground floor clinic and hospital office space operated by University Hospital. This wellness center will enhance social services throughout the neighborhood by providing much-needed outpatient medical care to an at-risk population. Construction began in 2022.

### Data about GKV

According to Apartments.com, a two-bedroom, one-bathroom Georgia King Village apartment, comprising 825



square feet, costs \$1,431 per month. Heat and hot water are included in the rent. Amenities include laundry facilities, maintenance on site, elevator, fenced lot, playground, basketball court, high-speed Internet access, air conditioning, smoke free environment, and a yard. Georgia King Village is located an 18-minute walk, or 2-minute drive away from New Jersey Institute of Technology (NJIT), Essex County College, and Rutgers-Newark.

According to an article by Melissa Rose Cooper, njspotlightnews.org/video/nj-spotlight-news-february-7-2023, residents complain of living in deplorable conditions for over seven years. In the video, paint is seen chipping from the walls, maggots infest a resident’s bathroom, rats chewing holes in the basement, and more.

Gee Cureton, an informal spokesperson for the Georgia King Village Tenants Association, told NJ Spotlight on February 7 that management does not

do much.

“Usually there is a band-aid put on instead of addressing the problem. They put a band-aid on the problem. The band-aid is to put plaster on it and paint over it and paint it and make it look nice. This has been going on for more than seven years. The most recent thing is rats getting into the bed of residents and some residents are afraid... full-fledged rats, they look like cats. They are biting animals, dogs, and other animals,” Ms. Cureton told NJ Spotlight on February 7.

Eli Kwawakume shares her home with two children. Kwawakume showed NJ Spotlight cell phone photographs of the awful conditions. According to Cooper, the photos on Kwawakume’s cell phone showed holes in walls created by rats chewing through; toilet water and damaged items.

Another resident, who did not want to show her face to NJ Spotlight, also showed holes in

*(Continued on page 11)*



Primary Care Multi Specialty Group

THE HEART CENTER OF THE ORANGES

60 Evergreen Place, Suite 400, East Orange, NJ

Offering Same Day  
Appointments for  
All Specialties and  
DOT Exams

Turn  
To  
PAGE  
16



*Editorial*  
**Dhiren Shah**  
 Editor-In-Chief

***Hello Readers,***

March is Women's History Month. Here's why we need a Women's History Month. For thousands of years, men have been controlling the lives of women (male chauvinist society). They think they are superhuman beings and they make women feel like second class human beings. Slowly and gradually, it started changing, but it's still not enough.

If you see, they are not getting paid equal to men with the same ability. Some women shine and reach the top of the ladder in the corporate world. However, it is harder for them to climb the ladder. They are working harder and can become an asset for any company. However, they do need some support. While a few ladies do take advantage of their

beauty and use some smooth talking, that is a small percentile of women. The most support needed is for the middle class women, who work hard, but do not get appreciated. Also, some of the working environments need to be improved in some companies. Finally, some bosses are being very disrespectful to women, and that must be stopped.

Mayor Lori Lightfoot is the first Chicago mayor in nearly four decades to lose a reelection bid. Under her mayorship, crime went through the roof. That is the main reason she got only about 17% of the vote. Like in Newark, one must get 50% plus one vote to get elected in Chicago. This time, there were about nine candidates running in the non-partition election. Paul Vallas, a former schools CEO, was backed by the police union, while Brandon Johnson, a Cook County commissioner, was endorsed by the Chicago Teachers Union. Both of them advanced to the April 4 runoff. Each claim that they will handle the crime situation. Let's see what happens.

Another train crash. This time in Greece, where 36 people were killed and 85 were injured. This draws all of our eyes due to the derailment and chemical spillage in Ohio.

According to CNN: "After federal officials released an initial report concluding that this month's toxic train wreck in Ohio was completely preventable, investigators will begin examining procedures, practices and design prior to the derailment that has sparked long-term concerns among hundreds of frustrated residents. The National Transportation Safety Board on Thursday released its preliminary report on the investigation into the February 3 train crash in East Palestine, Ohio, where residents have been complaining about feeling sick after hazardous chemicals seeped into the air, water and soil."

Since former President Trump visited the East Palestine, Ohio site, there has been more attention on it. Transportation Secretary Pete Buttigieg visited East Palestine, Ohio, for the first time on February 23, 2023. Federal officials worked quickly and

released an initial report. However, the main topic should be the concerns of the residents of East Palestine. They are feeling sick and must be taken care of. Water testing is not the only solution. The air within the area might be affecting them.

President Biden's \$400 billion student loan forgiveness plan is in the Supreme Court. The judges were leaning towards rejecting Biden's student loan forgiveness plan. However, they still might be persuaded. A judgement might come around June-July of 2023. Biden already declared that no matter what, he will distribute the money. About 26 million applications came in for forgiveness and out of that, about 16 million applications have been approved. I hope the students who are American citizens get the loan forgiveness first.

***Have a wonderful week.***

***I'll talk to you next week.***

**STAFF AND VOLUNTEERS FOR LOCAL TALK WEEKLY NEWSPAPER**

- Publisher & Editor-in-chief : Dhiren Shah
- Editors : Kristopher Seals / Anuj Shah
- Journalists / Writers : Kristopher Seals | Walter Elliott | Bro. Thomas Ellis | Dhiren Shah | William Hathaway Jr. | Dr. Daniel Louis | Ahmed Screven, Esq. | Anuj Shah | Lev Zilbermintz | Kinjal Shah | Asha Shah | Akshat Shah, MD | Ivy Mahabir | Kalindi Bhatt | Dr. Robert Kennedy
- Photographers : Dhiren Shah | Kristopher Seals | Thomas Ellis II | D. Adams, Jr.
- Distributors : Larry Wright | Walter Elliott | Fred Simpson
- Newspaper Designer : New Image Art Studio
- Web : [www.localtalkweekly.com](http://www.localtalkweekly.com)

Ask for our advertising rates and increase your business and get exposure to tens of thousands of readers every week. email your request to [localtalknews@gmail.com](mailto:localtalknews@gmail.com) or call 973-622-1111.

Subscribe to **LOCAL TALK** weekly newspaper  
**\$60 for one (1) year**

Send your name, address and check or money order to:  
**Local Talk Weekly Newspaper • 1576 Springfield Avenue  
 Maplewood, NJ 07040 • Tel: 973-622-1111**

To serve you in the best manner, we request that you send your comments, community calendar events, news and other information and queries related to advertisements to the editor on e-mail : [localtalknews@gmail.com](mailto:localtalknews@gmail.com)

**LOCAL TALK POLICIES**

• We reserve the right to accept or reject any news item, article or advertising, which is not in accordance with Local Talk's Statement of Purpose. We further reserve the right to edit, correct and modify all copy submitted. Letters, articles, and news events are welcomed; but Local Talk will not assume any responsibility for them. • We regret that the volume of mail and pressure of deadlines precludes sending acknowledgements of receipt; nor can advance notice be given if articles are accepted or rejected for publication. • Unused materials may be used at a later date (if not date sensitive) and therefore, they cannot be returned. • The printing of articles or advertising in Local Talk does not necessarily imply either endorsement or agreement by the editorial staff of Local Talk. • This publication will not be responsible for errors in advertising beyond the cost of the space occupied by the error. • We will not be responsible for errors within material disseminated by offices that release matter for public record.

**WEATHER FOR THE WEEK**

<u>THURSDAY</u>	<u>FRIDAY</u>	<u>SATURDAY</u>	<u>SUNDAY</u>	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>
AM Rain	Wintry Mix	AM Rain	Partly Cloudy	Partly Cloudy	AM Rain	Partly Cloudy
HI 60 LO 32	HI 44 LO 40	HI 48 LO 35	HI 52 LO 34	HI 52 LO 37	HI 51 LO 32	HI 46 LO 31

# TRANSFER YOUR PRESCRIPTION HERE!



358 Main Street  
East Orange, NJ 07018  
**973-266-9900**  
mikespharmacyllc@gmail.com



353 Main Street  
Orange, NJ 07050  
**973-266-1002**  
orangerxpharmacy@gmail.com



13 William Street  
Newark, NJ 07102  
**973-500-3660**  
newarkrxpharmacy@gmail.com



F/DESIGN SOLUTIONS · 862-448-9307

**24H Covid-19 Testing**  
**OTC Cards accepted**  
**Blister Pack available**

**Free Delivery**

**NJ Lottery**

**Money Transfer**

Western Union & RIA Money Transfer

**Bill Payments**

**UPS Access Point**

**Fax, Print & Copy**

SCAN & SAVE OUR  
**INFORMATION**



WE ACCEPT WALK-INS! APPOINTMENT NOT REQUIRED!

WE ACCEPT ALL MAJOR HEALTH INSURANCE.



# The Doctor Is In



OP-ED BY DR. ADIL MANZOOR

## Building Muscles Is Key To Staying Healthy in Old Age

Beyond the age of 65, the risk of many health conditions developing that will make normal living even more difficult arises. Seriously, have you ever lived with an 80-year-old? They require help with a lot of everyday life activities. And that's just on biology. As we age, the body's

cells, tissues, and organs start to deteriorate, impacting overall health.

There have been several insights into how humans can stay healthy as they age, and one thing that keeps popping up is building muscles and exercise. Yes, you heard me right, despite how counterintuitive or ridiculous it may sound. Consider it, many older adults can barely get a shower unassisted, so how would muscle-building activities be possible or even helpful? Well, in several ways, which I will briefly consider.

Living a normal life and being able to perform everyday activities hinges on certain physical attributes, namely cardiorespiratory fitness, flexibility, dynamic balance, and of course, how strong the muscles are.

Let's start with flexibility, dynamic balance, and muscle strength. They, as you may already imagine, help with maintaining balance and maneuvering complicated movements. Unfortunately, as we age, there is an involuntary loss of the strength,



mass, and effective, function of the muscles. This is known as sarcopenia.

After your 30th birthday, your muscle mass will reduce by 3 to 8% every ten years. What's more, this decline gets faster the older we get, especially beyond 60 years. The decline also accelerates with a sedentary or physically inactive lifestyle.

Another important physical attribute that determines health as we age is cardiovascular fitness (CRF). This is simply a measure of how effectively the body takes in oxygen and distributes it to muscles and organs during lengthened physical exertion. However, as we age, the heart and its vessels are less effective at circulating blood effectively around the body. As with sarcopenia, while CRF decreases as we age, it gets even worse beyond the age of 70.

When you consider the weakened muscle and the fact that there is less oxygen and nutrients available to this muscle during physical exercise, it makes sense why older adults absolutely detest exercise. Nonetheless, building muscle mass has been found to improve health.

There is a saying popular in the medical world - use it or lose it. This is true with muscle mass, as well. The thing is, you are always going to lose muscle mass as you age, but the rate and extent of muscle loss will be even higher if you don't actively build muscle mass as you age.

Fortunately, many adults know this and make an attempt to be physically active by doing routine activities like walking. Unfortunately, though, walking alone will not significantly build muscle. The CDC recommends a minimum of "150 minutes a week of moderate-intensity aerobic activity or 75 minutes a week of vigorous-intensity activity or an equivalent combination for more health benefits." So walking here and there is not sufficient.

Then, aside from walking, it is essential to partake in activities that make the muscles stronger, and this includes weightlifting or the use of resistance bands. This should be done multiple times, at least twice a week. It is advisable to start with small weights before progressing to heavier weights. The transition from the smaller to the larger weights should be gentle and smooth to not increase the risk of injury.

To gain even more from these physical activities, practices that improve flexibility and dynamic balance should be encouraged among older adults. Popular examples of such balance activities include yoga and tai chi.

If there are other conditions, like diabetes and hypertension, the decline in muscle mass may be much faster. Also, this may make it more difficult to exercise and lift weights. As such, these pre-existing conditions

(Continued on page 15)

## Non-healing Foot Wounds? Diabetic Foot Ulcers?



BEFORE



12 WEEKS LATER

## We Save the Limbs that Others Can't.

**DON'T WAIT.**

These symptoms may mean serious problems:

Leg or Foot Pain • Gangrene • Non-Healing Wounds  
Leg Cramping • Skin Discoloration

Prompt treatment is essential to preserving your long-term health and quality of life.

**CALL TODAY: 833.PAD.EXPERT (723.3973)**



John Rundback, MD



**Endovascular & Amputation Prevention**  
Affiliated with American Endovascular

[americanendovascular.com](http://americanendovascular.com)



Kevin Herman, MD

Now practicing at our newly located outpatient center:  
347 Mount Pleasant Avenue, Suite 100, West Orange, NJ 07052

# SPORTS WRAP



Photo By Felicia Laguerre Owens

By William Hathaway, Jr.

The New Jersey high school basketball season is near its end. In the Section 2 Group 1 final, top seeded Newark Tech boys' squad came back after being down by 19 points in front of a packed crowd at home, with the help of Tyshawn Boyd who led his team with 14 points and 10 rebounds. The 21-6 Tech was also led by Marcus Bragg's 12 points and Kyrie Fisher's 11 points and 6 rebounds to beat Hoboken 56-50. During their playoff run, Newark Tech beat University High 52-50, Ridgefield Park 70-56, and American History 56-50 on their way to the title.

Staying with Newark, West Side fell short in its ride to a Section 2 Group 2 state title, losing 66-38 to Caldwell. East Side suffered a heartbreaking loss to Linden 63-62 in their journey for the Section 2 Group 4 crown.

Also in the state tournament, Montclair Immaculate defeated Gill St. Bernard 80-57. Montclair Immaculate, who at this time is 20-10 on the season, got 28 points from TJ Robison. We'll know in the next edition if they win a state title in Nonpublic Group B against Roselle Catholic. This also holds true for the girls' team, as they will take on Morris Catholic in the title game.

In the girls' basketball tournament, University High is once

again North Section 2 Group 1 champions. The 24-6 Lady Phoenix blazed through Bard, Belvidere, North Arlington, and Glen Ridge, the latter 78-35, to take the crown.

In college basketball, the Seton Hall men took it on the chin in an 82-60 loss to Xavier at the Prudential Center in Newark. SHU was plagued by turnovers and point guard Kadary Richmond having to miss the game after getting hurt against UConn. The Davis brothers Dre and Tae tried their best, giving the Pirates 13 points and 11 points respectively. Overall, Seton Hall record is 16-13 and 9-9 - in the Big East Conference. They'll have to do some damage in the conference tourney in order to reach the Big Dance in a few weeks.

Meanwhile, the Seton Hall women fared no better, taking a hard loss at Walsh Gym to high ranked Villanova 83-58. SHU only shot 40 percent while Villanova hit on 50 percent. Leading the Pirates was Azana Baines with 22 points and 5 rebounds, with the Wildcats getting 32 points and 6 boards from Maddy Siegrist. The Lady Pirates are 17-13 on the season and 10-10 in the Big East Conference.

Finally, in some big hockey news, the New York Rangers have acquired star player Patrick Kane from the Chicago Blackhawks.



**STOP SUFFERING**  
from debilitating fibroid symptoms

**WE CAN HELP!**

There is a medically safe non-surgical alternative to hysterectomy:

**UTERINE FIBROID EMBOLIZATION (UFE)**

Reduces the Size and Symptoms of Fibroids  
Minimally Invasive Procedure  
Fully Equipped Outpatient Center—NO Hospital Stay  
Fewer Complications and Quicker Recovery

**CALL OUR EXPERTS TODAY!**

**833.UFE.EXPERT (833.833.3973)**

John Rundback, MD  American Fibroid Centers Kevin Herman, MD  
Affiliated with American Endovascular

fibroidexpert.com

Now practicing at our newly located outpatient center:  
347 Mount Pleasant Avenue, Suite 100, West Orange, NJ 07052

## Accepting Rental Applications

**Mount Carmel Towers** located at 268 Oakwood Ave. Orange, NJ 07050 is accepting applications for occupancy Wednesday, March 15<sup>th</sup> through Friday, March 31<sup>st</sup> 2023. The last day to drop off applications will be March 31<sup>st</sup> 2023 by 4:00pm.

Applicants must be prepared to provide personal information, including but not limited to income and asset information, when filling out the application. Applicants will be required to declare U.S. Citizenship or submit evidence of eligible immigration status with their application. You must provide a copy of a valid photo ID.

Applicants passing our preliminary eligibility determination process will be placed on our waiting list in the order (date & time) in which the completed application is received at Mount Carmel Towers. Applications will not be accepted after 4:00 pm on March 31<sup>st</sup>, 2023. Applications can also be emailed to [mct@hillcrestmanagement.com](mailto:mct@hillcrestmanagement.com).

**Qualified applicant households must be:**

- 62 years of age and over or disabled or handicapped of legal age **and**
- Annual household income must not exceed:
  - 1 Person Household \$40,250
  - 2 Person Household \$46,000

Persons who as a result of their disability need assistance with the application process, may contact Diana Crespo, Tenant Liaison at 973-678-6662 or email [mct@hillcrestmanagement.com](mailto:mct@hillcrestmanagement.com)





**UNITED STATES**

**BIG UPDATE ON INSULIN PRICES**

**INDIANAPOLIS, March 1, 2023 /PRNewswire** - Eli Lilly and Company (NYSE: LLY) has announced price reductions of 70% for its most commonly prescribed insulins and an expansion of its Insulin Value Program that caps patient out-of-pocket costs at \$35 or less per month. Lilly is taking these actions to make it easier to access Lilly insulin and help Americans who may have difficulty navigating a complex healthcare system that may keep them from getting affordable insulin.

As of March 1, Lilly is reducing the list price of insulins by:

- Cutting the list price of its non-branded insulin, Insulin Lispro Injection 100 units/mL, to \$25 a vial. Effective May 1, 2023, it will be the lowest list-priced mealtime insulin available, and less than the price of a Humalog® vial in 1999.
- Cutting the list price of Humalog® (insulin lispro injection) 100 units/mL1, Lilly's most commonly prescribed insulin, and Humulin® (insulin human) injection 100 units/mL2 by 70%, effective in Q4 2023.
- Launching Rezvoglar™ (insulin glargine-aglr) injection, a basal insulin that is biosimilar to, and interchangeable with, Lantus® (insulin glargine) injection, for \$92 per five pack of KwikPens®, a 78% discount to Lantus, effective April 1, 2023.

"While the current healthcare system provides access to insulin for most people with diabetes, it still does not provide affordable insulin for everyone and that needs to change," said David A.

Ricks, Lilly's Chair and CEO. "The aggressive price cuts we're announcing today should make a real difference for Americans with diabetes. Because these price cuts will take time for the insurance and pharmacy system to implement, we are taking the additional step to immediately cap out-of-pocket costs for patients who use Lilly insulin and are not covered by the recent Medicare Part D cap."

In addition to reducing the list price of its insulins, Lilly is making it easier for more people with diabetes to get Lilly insulins:

- Effective immediately, Lilly will automatically cap out-of-pocket costs at \$35 at participating retail pharmacies for people with commercial insurance using Lilly insulin.3
- People who don't have insurance can continue to go to InsulinAffordability.com and immediately download the Lilly Insulin Value Program savings card to receive Lilly insulins for \$35 per month.

"We are driving for change in repricing older insulins, but we know that 7 out of 10 Americans don't use Lilly insulin. We are calling on policymakers, employers and others to join us in making insulin more affordable," continued Ricks. "For the past century, Lilly has focused on inventing new and improved insulins and other medicines that address the impact of diabetes and improve patient outcomes. Our work to discover new and better treatments is far from over. We won't stop until all people with diabetes are in control of their disease and can get the insulin they need."

This announcement builds on years of efforts by Lilly to close the gaps in the U.S. healthcare system that keep some people with diabetes from accessing affordable insulin. In recent years, Lilly has introduced multiple insulin affordability solutions that have made a real impact, including launching low-list-price, non-branded insulins in 2019, implementing the Lilly Insulin Value Program in 2020 and committing all of our insulins to the Medicare Part D Sen-

ior Savings Model in 2021. Because of these efforts, the average out-of-pocket cost for Lilly insulins has dropped to \$21.80 over the last five years.

In the coming weeks, Lilly will launch a nationwide public awareness campaign to help ensure all Lilly insulin users understand how to access the company's industry-leading affordability solutions. For more information, go to Lilly.com/insulin.

Among those praising the news is President Biden, who released this statement: "Today (March 1), Eli Lilly, the largest manufacturer of insulin in the United States, announced that they are lowering their prices, capping what patients pay out of pocket for the drug maker's insulin products at \$35.

"For far too long, American families have been crushed by drug costs many times higher than what people in other countries are charged for the same prescriptions. Insulin costs less than \$10 to make, but Americans are sometimes forced to pay over \$300 for it. It's flat wrong.

"Last year, I signed a law to cap insulin at \$35 for seniors and I called on pharma companies to bring prices down for everyone on their own. Today, Eli Lilly did that.

"It's a big deal, and it's time for other manufacturers to follow."

There is no word as to what other drugmakers will do concerning the price of their insulin.

**WORLD**

**SUPPORT REQUESTED FOR SYRIA**

Top UN officials on Feb. 28 called on the Security Council's strong support for Syria following a series of earthquakes, which worsened an already dire situation in the wake of 12 years of brutal civil war.

The UN Emergency Coordinator and the Secretary-General's Special Envoy for Syria called for robust support for ongoing emergency efforts and a "bold" plan for paving a political path towards lasting recovery and reconciliation.

Briefing the 15-member body on the severity of humani-

tarian needs, Rasha Muhrez, Response Director at the international non-governmental organization Save the Children, said new, creative approaches are needed to meet the scale of current challenges.

"We are now in a race against time," she warned. "Families are forced to make impossible choices and may even take a perilous journey across the Mediterranean."

"Without a change in approach, just to rebuild what was lost, Syrians would need to wait another lifetime," she said.

"Children need safe homes to live in, not tents; their parents need jobs that pay a decent wage and allow them to provide for their families."

The earthquake response should be a moment to come together and put politics aside, she said, emphasizing that "the children of Syria are counting on us all."

Briefing on the current situation, UN relief chief Martin Griffiths described the earthquakes' aftermath in Syria and Türkiye, which killed at least 50,000 and left many more injured, tens of thousands of people missing, and hundreds of thousands homeless.

Reflecting on the scale and gravity of needs across Syria, he said the 2023 response plan will require \$4.8 billion, the largest humanitarian appeal currently active.

The worst-affected area was hit again by strong aftershocks just on Feb. 27, he added. Even before this latest tragedy, some 15.3 million people, or 70 percent of the country's population, needed humanitarian assistance stemming from the ongoing conflict.

"Many people are afraid to return to their homes," he said, recalling a visit to quake-affected areas, where hundreds of buildings are still at high risk of collapsing, with thousands more that may need to be demolished.

Four to five families were packed into tents, and the risk of disease is growing, amid pre-existing cholera outbreaks, he said. At the same time, food prices are skyrocketing, and

*(Continued on page 9)*



# WINTER STORM PIPER: "NOT MUCH" BUT "ENOUGH"

By Walter Elliott

**NEWARK** - Winter Storm Piper, which brought around two inches of snow overnight on the "Local Talk" area Feb. 27-28, may have not been much - but was enough.

By "not much," the three waves of snow falling through the "Local Talk" area between 9 p.m. Monday and 7 a.m. Tuesday amounted to around 1.4 inches as measured by the National Weather Service in New York City's Central Park.

Piper's addition boosted the winter 2022-23 snow total in Central Park to 1.8 inches, far exceeding the .4 in. that had accumulated up to then. This winter was on track to become the least snowy season since 1972-73 until that trace fell in early February.

The immediate Metropolitan New York City area, including "Local Talk Land," is way behind the 24.1-inch average for winter here as of Noon Tuesday.

The accumulation was small compared to what Piper left to the Local Talk area's west, north and east. Some places in Bergen, Passaic, Morris and Sussex counties received four to eight inches overnight. Those counties were placed under an NWS storm warning instead of the advisory "Local Talk" got.

Piper was first forecasted to be two to four inches here, based on the six-to-eight inches it had fallen on the Midwest. There were up to a million Ohio River Valley residents without power on Feb. 27. The system first reached California last weekend, prompting a blizzard warning for the Hollywood Hills.

Piper, however, was "enough" for scores of schools to delay their opening or to cancel classes and for commuters to have a more adventurous morning travel.

Most public, charter, religious and private secondary schools, between 7 p.m. and 5 a.m. posted up to two hours' delay in ringing their admission bells.

Orange Public Schools, for example, began announcing their two-hour delay on social media

at 7 p.m. Wednesday. OPS, which serves students in its 2.2 square miles, has been traditionally known as one of the last districts to use a snow day.

West Orange Public Schools Superintendent Dr. Lauren Schoen had also announced a two-hour delay at 7 p.m. - but, citing "dangerous road conditions," shifted to completely closing at 5 a.m.

West Orange has two hills running north-south through its 12.1 square miles. The Orange Mountains, as the first European settlers called them, can catch out an unwary driver or rider on a perfectly good day.

School administrators who call for a shortened day, a go-remote learning day or a canceled class day have to consider the safety of their staff almost as much as the safety of their students and school bus drivers. Some teachers, aides and staff tend to commute from farther distances.

The superintendents also make their call based on weather forecasting trends and input from the local police and public works departments.

West Orange's 12 public schools joined 27 other schools or districts in calling a complete day off. WOPS also postponed its Feb. 27 Board of Education meeting to March 6 and its Feb. 28 district-wide Jazz Festival at the high school to March 7.

There may have been a rare school or district that switched to remote learning.

Unionized Rutgers University professors and instructors who were going to vote on permitting a strike here at the Robeson Campus Center Feb. 28 were directed to vote online through March 10. The Rutgers Board of Governors' meeting here was canceled by the weather.

Orange's decision and West Orange's first call came while the sky was clouding up and up to 12 mph wind gusts from the northeast by sunset. The eastbound winter storm would meet a northwesterly warm front from off the Atlantic Ocean, causing a northward drifting snow-rain division along Interstate 78.

(Continued on page 11)

# BANKRUPTCY

CHAPTER 7 BANKRUPTCY  
CHAPTER 13 BANKRUPTCY

- ▶ Stop Bank Levies!
- ▶ Stop Wage Garnishments!
- ▶ Stop Creditor Harassment
- ▶ Stop Foreclosure!!
- ▶ Stop Eviction! Protect Cosigners
- ▶ Restore Driving Privileges
- ▶ Prevent Auto Repossessions
- ▶ ELIMINATE Credit Card & Medical Debt.



FOR FREE CONSULTATION:

Call

**DAVID WITHERSPOON**

Attorney-at-Law

10 Hill St. (Suite 20Y) • Newark, NJ 07102

**973-342-6653**

**973-489-9005**

LOW RATES: ONE PHONE CALL MAY REDUCE YOUR STRESS!

David Witherspoon, Attorney-at-Law, is a Debt Relief Agency. A firm dedicated to helping individuals find relief under the Bankruptcy Code.

## ESSEX COUNTY WEEKLY COVID-19 CASE TALLY

Municipality	2-21-2023	Deaths	3-1-2023	Deaths
Belleville	14,093	164	14,115	164
Bloomfield	15,836	176	15,868	176
Caldwell	2,132	20	2,135	20
Cedar Grove	5,040	145	5,044	145
City of Orange	9,947	178	9,947	178
East Orange	21,628	408	21,676	408
Essex Fells	629	2	632	2
Fairfield	2,541	43	2,566	44
Glen Ridge	1,671	20	1,673	20
Irvington	14,696	288	14,738	288
Livingston	8,727	114	8,741	115
Maplewood	6,792	53	6,808	53
Millburn	4,761	18	4,770	18
Montclair	9,271	92	9,282	93
Newark	98,091	1,299	98,255	1,300
North Caldwell	1,869	10	1,873	10
Nutley	8,485	90	8,500	91
Roseland	1,816	27	1,817	27
South Orange	4,543	25	4,551	25
Verona	4,321	26	4,329	26
West Caldwell	3,339	68	3,339	68
West Orange	17,121	282	17,154	282
<b>Total</b>	<b>258,017</b>	<b>3,548</b>	<b>258,512</b>	<b>3,553</b>

OTHER COVID-19 TALLIES (As of March 1, 2023)

NJ: 2,545,458 cases / 32,866 deaths (Plus 3,116 probable)

United States (approx.): 103.390 Million / 1.119 Million deaths

Worldwide (approx.): 675.194 Million / 6.871 Million deaths

# LOCAL TALK

## PRE-SPRING SPECIAL

A Perfect, Promotional Signage Solution

**\$159** Regular \$279

Boost Your Sales Now

Both Sides....Full Color  
Basic Artwork Included  
18"x24"



Expires 04-05-23

# FREE 1000 BUSINESS CARDS

With  
Another Order of  
1000 Business Cards ... for you  
or your friend or your colleagues

Must mention at time of ordering

Expires 04-05-23

Must present at the time of ordering \* Cannot Combine with other discounts

# \$89

Regular \$129

## VINYL BANNER

### 6'x3' or 5'x4'

Includes BASIC SETUP  
FULL COLOR \* ONE SIDED  
3-5 Bus. Days Delivery

\$89 plus applicable Sales tax

Expires 04-05-23

Must present at the time of ordering \* Cannot Combine with other discounts

### PRINTING

- Business Cards
- Letterheads
- Envelopes
- Brochures
- Calendars
- Bookmarks
- Flyers
- Door Hangers
- Greeting Cards
- Labels
- Postcards
- Posters
- Table Tents
- Complete Printing

### PRINTING

- NCR forms  
(2 parts / 3 parts)
- 2/3 Part Booklets
- TICKETS  
(with stub)  
(Numbered)
- LARGE FORMAT**
- Acrylic Signs
- Vinyl Banners
- Display with Banner
- X-Frame + Banner
- Aluminum Boards
- Dye Sublimation
- YARD SIGN
- Window Cling

FREE PARKING ♦ HUGE SAVINGS ♦ BETTER SERVICE ♦ Printing SINCE 1985 ♦ Newspaper SINCE 2000  
1576 SPRINGFIELD AVENUE, MAPLEWOOD, NJ ♦ [localtalk@aol.com](mailto:localtalk@aol.com) ♦ [localtalkweekly.com](http://localtalkweekly.com)  
Tels. (973) 622-1111 ♦ (973) 280-7547 ♦ E-mail: [localtalkprinting@gmail.com](mailto:localtalkprinting@gmail.com)

**WORLD NEWS**

(Continued from page 6)

women and children face increased harassment, violence, and risk of exploitation.

Welcoming the Syrian Government's role in opening borders for aid deliveries to the northwest region, he said that since Feb. 9, the UN has sent more than 423 trucks carrying critical supplies for more than one million women, men, and children. Many more deliveries are planned in the weeks ahead, he added.

Meanwhile, he said his Office released \$40 million from the UN Central Emergency Response Fund (CERF), and the UN humanitarian affairs office (OCHA) is mobilizing to help partners to expand operations.

A flash appeal calls for \$397.6 million to meet the most critical needs over the next three months, he said, adding that the forthcoming donor conference in Brussels will be a "pivotal moment for our response" in both Syria and Türkiye.

"We know what needs to be done to provide affected people with dignified living conditions and stave off a worsening crisis," he said. "Those in this room can help make this a reality, but we must rise to the occasion. The people of Syria need us more than ever."

**ASIA**

**FEARS OF BIRD FLU IN CAMBODIA**

Cambodian authorities reported two cases of avian flu, including an 11-year-old girl who died of the virus, the UN health agency said on Feb. 26.

These are the first cases of avian influenza, known as H5N1, reported in Cambodia since a widespread outbreak in 2014, the World Health Organization (WHO) said. The infection, which largely affects animals, has a 50 percent mortality rate in humans.

"The global H5N1 situation is worrying given the wide spread of the virus in birds around the world," said Sylvie Briand, Director for Epidemic and Pandemic Preparedness and Prevention at the UN health agency. "We are in close communication with the Cambodian authorities to understand more about the outbreak."

Since the virus continues to be detected in poultry populations, further human cases can be expected, WHO said. Almost all H5N1 infection cases in people have been associated with close contact with infected live or dead

**ESSEX COUNTY COLLEGE**  
**HAS ALL YOU NEED TO SUCCEED!**

**ESSEX COUNTY COLLEGE**  
STUDENTS FIRST

**Essex County College offers Outstanding Academic Programs and Workforce Development Training.**

**We provide a wide range of student support services.**

- Free tuition opportunities
- Student Food Pantry
- Laptop loaner program
- Counseling
- Internet access
- Tutoring
- ...And Even More!

**1** Essex County College is Ranked Number 1 Among the Top 10 Schools Offering Associates Degrees in Health Sciences. **”**

- College Factual

**See if YOU qualify for additional tuition support through the Community College Opportunity Grant (CCOG).**

**Register Today!**

For more information call us at **(973) 877-4477** or visit us online **www.essex.edu**  
303 University Avenue Newark, NJ 07102

birds or contaminated environments.

"WHO takes the risk from this virus seriously and urged heightened vigilance in all countries," she said.

From 2003 to Feb. 25, 2023, a total of 873 human cases of H5N1 and 458 deaths have been reported globally in 21 countries.

However, based on the current information, WHO advises against applying any travel or trade restrictions. To date, evidence shows that the virus does not infect humans easily and person-to-person transmission appears to be unusual.

In Cambodia, a joint animal-human health investigation is already underway in Prey Veng province, where the case was reported. It aims at identifying the source and mode of transmission.

Meanwhile, a high-level government re-

sponse is working to contain any further spread of the virus, and an outbreak investigation is aimed at determining the exposure of the two reported cases to the virus, WHO said.

Cambodian health authorities had notified WHO on Feb. 23 of the first case and death. A young girl had contracted the avian flu and had died on Feb. 22. By Friday, they had reported the second case, noting that one of the girl's family members had tested positive with the virus but was asymptomatic.

**EUROPE**

**WATER COMPANY FORCED TO PAY**

Thames Water has been fined £2 million after raw sewage polluted two Oxfordshire

(Continued on page 14)

# TOWN WATCH

**DISCLAIMER:** The following items are primarily drawn from first responders. Responders' accounts may not be their full activity range. Grand juries hand down indictments when evidence presented them warrant a trial. Named suspects/defendants are innocent until proven guilty beyond a reasonable doubt in a court of law.

**NEWARK** - Those who drive or ride New Jersey Transit buses in the area of Bethany Baptist Church, 275 W. Market St., may want to anticipate delays and detours there 8:30-11 a.m. March 4.

BBC will be where former resident and Sayreville Councilwoman Eunice K. Dwumfour's funeral will be held. The church was chosen given that hundreds attended her Feb. 8 memorial service in Sayreville's Epic Church.

Her home congregation, Champions Royal Assembly, at 986 Broad St., does not have the capacity to receive mourners. The church, Newark Emergency Services for Families and Quality Health Care have long subdivided the former 420-seat Carlton Theater / Mindlin Playhouse building.

Dwumfour, 30, was a CRA church director and a part-time EMS technician who commuted between here and her apartment in Sayreville's Parlin section. The Weequahic High School Class of 2010 graduate was shot at close range in her SUV yards away from her home at 7:17 p.m. Feb. 1.

Dwumfour's killer is still being sought by the Middlesex County Prosecutor's Office with assistance from the FBI, the State and Sayreville Police.

March 4 would have been the first-term Sayreville councilwoman's 31st birthday. Husband Ezechukwu Peter Akwue, daughter Nicole, parents Prince and Mary Dwumfour and four siblings are among her survivors.

**IRVINGTON / EAST ORANGE** - City officers are back looking for a long sought missing woman that they had apprehended here Feb. 22 - but had escaped while receiving a medical examination in a Newark

hospital later that day.

East Orange Police officers found a woman matching the description of city native Destiny Owens, 29, while along South Maple Avenue at 1:10 p.m. that Wednesday. An on-site interview confirmed Owens' identity plus a records check of outstanding arrest warrants from other New Jersey and Pennsylvania jurisdictions.

Owens and Imani Glover had been reported as missing since Dec. 24. They were last seen together at a Harlem shoe store in Jan. 4.

EOPD, while holding Owens on the said warrants, took her to RWJBarnabas Health Newark Beth Israel Medical Center for an examination. It was there where she "had somehow managed to escape."

It is not known whether Glover, of Morristown, is cooperating with police. Glover according to an East Orange source, was found in The Bronx, N.Y. Feb. 8. Both Glover and Owens' mothers and community advocates had posted handbills of their daughters in the Newark Penn Station area where they were last spotted Jan. 15.

Owens is described as standing 5-ft., 6-in. and weighing 160 lbs. She has ties to Irvington, East Orange, Newark, Morristown and Harlem. Owens' mother Tamika said that "it's not like her to let a day or two go by without texting or calling me."

**ORANGE** - When Robert Butts had his Johnson C. Smith University basketball jersey No. 23 retired in a Feb. 18 ceremony in Charlotte, what Orange High School graduates present could have told the Brayboy Arena audience that he was already star material.

Butts, JCSU Class of 1972, was honored that Saturday night for being the Golden Bulls men's basketball team's top rebounder at 1,369. He joins the late Frederick "Curly" Neal and three other JCSU top scorers in having his number retired.

Butts, OHS Class of 1968, contributed to the Orange Tornadoes' 1967-68 undefeated boys basketball championship season. The Tornadoes, under head coach Horace J. Mahon's guidance, went 27-0 while capturing the 1968 Essex County Tournament and the NJSIAA Group 3 State Championship.

Butts, that same season, became the first Tornado to score 1,000 varsity career points.

"Bob" or "Bobby," when he reached that milestone, was congratulated in the OHS gym by Mahon and Board of Education Frank Smith.

Having moved to Orange in his childhood, Butts started off in the OHS freshman team in 1965-66. After "The Little Tornadoes" attained a 14-3 1964-65 season, Butts was promptly promoted to the varsity team, skipping the JV squad.

Butts, No. 23, helped the varsity Tornadoes to a 13-5 65-66 record and a 16-4 66-67 record, including ECT and state postseason play.

**WEST ORANGE** - The West Orange Public Library joined the West Orange Public Schools, Seton Hall Prep and the Golda Ochs Academy in closing for the weather Feb. 28 - the day it had opened its temporary quarters at 80 Main St.

WOPL reopened its temporary office at 80 Main St.'s Suite 230 10 a.m. Feb. 27. It will remain open 10 a.m.-5:30 p.m. non-holiday weekdays until renovations at its new headquarters at 10 Rooney Circle are completed.

80 Main St, almost directly across the now-closed WOPL at 46 Mt. Pleasant Ave., features ample parking and library material drop boxes. The five-story office building, owned by Sheldon Gross Realty, replaced the C.B. Rutan hat factory and the corner Llewellyn Garage and Amoco station.

Replacing the factory and garage, as well as replacing the Erie Orange Branch yards with the Habermann office building across Main Street, was part of a 1966 Urban Renewal plan.

WOPL staff members remind borrowers that its lent materials are to be deposited in any BCCLS interlibrary system drop box from Feb. 27.

Use (862) 658-3224 and/or [circ@westorangelibrary.org](mailto:circ@westorangelibrary.org) to inquire.

**SOUTH ORANGE / MAPLEWOOD** - Two separate incidents within and outside of Maplewood Feb. 24 made travel rough for Morris & Essex riders east of Summit and for Springfield Avenue motorists.

NJTransit riders at Maplewood station who were planning to take Train No. 6644 here at 1:47 p.m. Friday heard on the PA system that the eastbound train to New York Penn Station was delayed by nine, then 12, minutes.

The NJT announcements first said that the delay was due to "a power supply problem by Short Hills" and then "an overhead wire problem."

What was learned later on was that a tree in the backyard of 84 Great Oaks Dr. in Millburn's Short Hills section was blown down by an 18 mph wind gust at around 1:30 p.m. The tree fell onto the M&E's overhead catenary power wires east of Short Hills station.

NJT deactivated power between Maplewood and Summit and sent out replacement buses. Transit and JCP&L utility crews took three hours to remove the tree and restringing the wires.

Those who chose to walk south from Maplewood Station on College Hill to pick up an NJT No. 25 or 70 bus along Springfield Avenue were further delayed.

A Maplewood Police blotter report noted that officers and a South Essex Fire Department crew closed the Springfield and Oberlin Street intersection 2-4 p.m. The intersection was closed from when a traffic light fell down until a PSE&G crew replaced the pole. Buses on the Nos. 25 and 70 routes were detoured via Hilton Avenue and Tuscan Road.

**BLOOMFIELD** - The Nevada Diner, here at 293 Broad St., remains closed while the Nissirios family assesses the extent of the property damaged by an early Feb. 27 fire.

Bloomfield Fire Chief Louis Venezia said that the first call, regarding a kitchen fire, first came to Station No. 3, at 124 E. Passaic Ave. just past Midnight Monday. The first responding crews, at 12:08 a.m., found heavy smoke coming from the kitchen area and out the diner's roof.

The incident commander promptly pulled two more alarms and closed Broad Street between Belleville Avenue and James/Pitt streets. Firefighting was focused on the kitchen while trying to keep smoke and flames from spreading beyond the inner walls and roof loft.

Belleville and Nutley fire units arrived to have the fire brought under control within 30 minutes. Bloomfield police detoured traffic, including the last northbound NJTransit 72 bus, onto the JFK Parkway between Belleville Avenue and Pitt

(Continued on page 15)

**GEORGIA KING** (Continued from page 1)

walls made by rats. There were holes in walls with sheet metal over them. The anonymous resident also had an infestation of maggots in her bathroom.

According to Cooper, the majority of residents living in Georgia King Village are black and brown and low-income housing.

"I want to come home and have a cup of tea and this be my safe haven. I don't want this to be looked at whether my race, color, where I live, no matter. It should not be like that," the anonymous resident told NJ Spotlight.

Previous experiences in January 2023. Residents have no clothes to wear because of rats and mice.

According to an article written by Steve Strunsky of NJ Advance Media on January 18, 2023, residents complained about the gross sight of rats and mice being stuck to gooey traps, with no one throwing them out. According to Strunsky, Lolitha Brannon, 60, had pulled her stove away from the kitchen wall, revealing a sticky trap on the floor where two furry mice lay dead, their skinny limbs splayed grotesquely on the gooey paper mat. Brannon could not reach the trap

and was waiting for someone from the complex's owner, L+M Development Partners of Larchmont, N.Y. to pull the stove out and get rid of them.

According to Strunsky, Brannon said, "We pay enough rent in here for a maintenance guy to come, pull that stove out and get them d-mn mice from under the stove! They (management) talk about 'Oh, no, ain't no one here for that.' I said, 'Well, you're here. You on the clock (expletive). Come get these (expletive). What are you doing, waiting for Grub Hub to come?'"

According to a January 27 report by NJ12 staff, some residents told News 12 that they don't even have clothes to wear because the rodents have destroyed them. Per News 12, residents say that they are afraid that they will get sick.

Residents told News 12 in January 2023 that they saw some exterminators come over the last few days, but they say that the infestation is uncontrollable.

According to Strunsky's January 27 article, L+M says it is taking several steps, including hiring a new exterminator, adding outdoor baiting and indoor traps, sealing holes and pipes, and cleaning the property's garbage chutes, which have previously been

treated with enzymes to prevent infestation.

Residents say they will only believe it is happening when they actually see results. They say L+M made too many promises that have been kept for a time. According to Strunsky, residents say things backslide in a soul-crushing cycle of neglect, followed by renewal and renewed neglect, with little real change in the end.

According to Strunsky, what the 47-year-old complex needs, residents say, is an infrastructure overhaul with new roofs, boilers, water pipes, trash chutes and other facilities beyond paint and plaster.

News 12 reported that the Newark Housing Authority does not oversee the Georgia King complex.

**History of Georgia King Village**

Strunsky reported that Georgia King Village was built in 1976. Per Strunsky, a recent summary of the site's history by city economic development officials said it gradually fell into disrepair, with about a fifth of the units uninhabitable at one point, and became a center of violence and drug activity in the Fairmount neighborhood.

(Continued on page 13)

**WINTER STORM**

(Continued from page 7)

The New Jersey Turnpike Authority placed a 45 mph speed limit on its namesake road between Exit 6 in Mansfield Township and the George Washington Bridge that night. It also placed a 45 mph limit on the Garden State Parkway from Exit 98 in Wall Township up to Irvington's Exit 143 - and down to 35 mph up to the New York State line.

Heavy-duty dump trucks with affixed plows were seen patrolling Newark's streets and Essex County roads after sundown. Some of the agency or contracted trucks would soon lay down road salt or brine.

What fell here was not light snow but moisture-laden heavy snow. Those shoveling and plowing would be feeling its weight.

Those waking up in North Newark at 6 a.m. found their streets blacktopped but most all else - cars, sidewalks, roofs, power lines and tree branches - coated in snow.

Some may have checked for traffic conditions. A one-car crash on the southbound GSP two right lanes by Irvington's Exit 143C and another single car crash on westbound 280's

right lane by Exit 7 were among the accidents reported to the State Police that morning.

Access to Route 21/McCarter Highway and connecting roads between Market and Lafayette streets were restricted during the morning rush hours while PSE&G crews traced and extinguished an underground cable fire.

The Newark Police Division received reports, starting at 5:50 a.m., that there was fire coming up from a manhole cover at McCarter and Edison Place. There were 11 more flaming service covers fires along the highway's southbound side.

It is not known whether any melting rock salt seeped through the covers and onto the cables was the cause. No nearby Public Service customers reported any power loss.

Some commuters may have found delays on three of NJTransit's commuter rail lines.

Equipment problems on the Morris & Essex Line's Gladstone Branch prompted substitute bus service between Gladstone and Far Hills through 6:30 p.m. The M&E, Montclair-Boonton, Northeast Corridor, North Jersey Coast and Raritan Valley lines were up to 20 minutes late due to a switch problem approaching New York Penn station for nearly 24 hours.

Some motorists may have also found parking tickets on their windshields. Essex County and some of the municipalities may have called a snow emergency overnight. Such an emergency means that all curbside vehicles be removed in advance of curb-to-curb salting or plowing.

Some parents may have checked their electronic devices for school delays or closings. Some school districts have turned to post their decisions on their websites, on social media or through a "parent portal" link.

Such notification puts the "School Snow Day Announcements" era that some local radio stations used to have" in the rearview mirror. The new mediums may also keep smart-alecks from calling in bogus cancellations.

The downside to the diffuse media is that there is no single authoritative source for school delays or cancellations.

Herewith is a roster of "Local Talk" schools and/or districts that canceled their Feb. 28 classes:

- NEWARK: All Northstar charter school campuses, Gray Academy charter school, St. Vincent Academy
- IRVINGTON: Burch Char-

- ter Academy of Excellence
- EAST ORANGE: Pride Academy charter school, St. Joseph's School;
- WEST ORANGE: West Orange Public Schools, Seton Hall Prep, Golda Ochs Academy.
- SOUTH ORANGE: St. Joseph's School
- BLOOMFIELD: St. Thomas the Apostle School
- MONTCLAIR: Lacordiere Academy, Montclair Cooperative School

All who ventured out overnight Feb. 28-March 1 walked like penguins for a reason. The melting snow had refrozen, creating patches of invisible or black ice.

Those who have gone from "What Winter?" to, "OH, Winter" Feb. 27-28 may be going to "UGH -Winter!" by the March 3-5 weekend.

Winter Storm Quest, as named by The Weather Channel, is to bring a wintery mix of snow, sleet and/or rain to New Jersey as early as 7 a.m. Friday. Northern New Jersey, including the "Local Talk" area, may be getting snow; how much and for how long depends on where Quest's rain/snow line falls on its way to New England.



## From The Pastor's Heart

OP-ED BY DR. ROBERT KENNEDY

### The Curse Of An Inheritance

After phrasing my title "The curse of an inheritance," I was fascinated when I found the book, *Curse of Inheritance: How to Protect Your Family from Being Broke, Bitter and Blaming You* by Cindy Arledge.

As it reads in the Amazon advertising, her cover states, "Many American families are unprepared for the greatest threat they have ever faced: the Curse of Inheritance. The Curse of Inheritance is an ugly monster of jealousy, fear, and selfishness that crushes families, eats money, and destroys lives. The Curse of Inheritance is born in an environment of loss and grief by unprepared heirs who feel entitled to unearned wealth and tragically forget to see each other as human beings. When Cindy Arledge's mom and dad passed away within eight months of each other, she was helpless to save the broken relationships between siblings and their families created by her parents' estate plan. Years later, after becoming a grandmother affectionately known as 'Elmo,' Cindy realized it was time to transform her tragedy into a solution to protect her growing family's future and help other families do the same. In this book, you will discover the real problem behind wealth transfers and the most important change you can make to protect your family. Cindy shares the secret planning tool used by ultra-high-net families to protect their families and provides the Legacy Family Planning basics you can immediately implement for your family's benefit."

I trust that I am not harming Cindy by promoting her book. But I think it is essential to pick

up on one of the greatest tragedies that bring a curse on many families today. Many children are handed an inheritance, and because of selfishness, mismanagement, and sibling rivalry, the blessings that might be obtained from the inheritance have become curses. I speak not just of the rich here but of many in lesser classes.

The above comment brings me to the story that Jesus told in Luke 15:11-32 concerning the young man who went to his father and asked for his portion of his inheritance before the time. As most commentators have said, what he did was so egregious that it is as if he wanted to have his father dead to get it. Once his father acceded to his request and gave it to him, the young man went out and prodigalized it. The Biblical comment is, "And not many days after, the younger son gathered all together, journeyed to a far country, and there wasted his possessions with prodigal living."

The point is that the young man did like another Biblical character, Esau, the brother of Jacob, who did not appreciate his birthright blessing (inheritance) and sold it for a bowl of lentil soup - as the KJV translates it, "a mess of pottage" (Genesis 25:29-32). After selling the birthright, he regretted it. And rightly, he should because, being the firstborn, he should have appreciated the tradition of the birthright inheritance. But with his false sense of values and reckless attitude, the inheritance at that moment meant little to him. His hunger and thirst became the priority. He allowed his emotion to override his thinking and gave away what was of the highest value for the future of his life.

The stories above reflect so many people who do not know how to put their priorities right and manage their inheritance. Yes, they get the inheritance that should bring them blessings, but they waste it away. They turn their inheritance into a curse. That offered to bring them joy

brings strife and brokenness to their personal lives and families.

And please, do not think we are only to blame the ones who receive the inheritance because many parents in passing on inheritance have yet to do what is necessary to make the inheritance effective. The Biblical rules are clear.

1. Leave an inheritance for your children. "A good man leaves an inheritance to his grandchildren." (Proverbs 13:22)
2. There is no exact formula for what that inheritance should be or how much the inheritance should be. But it states that an inheritance should be left.
3. One should not be forced to give the inheritance by birth order. It is to be given according to the ability to administer it. The Bible notes throughout that the oldest does not always get the inheritance. We see biblical inheritance played out when Israel blessed his 12 sons in Genesis 49. The oldest son, Reuben, should have received a double inheritance, but he was unfaithful and didn't get the share. Sons 2 & 3, Simeon and Levi, had fierce anger, so they were disqualified. It was the fourth son, Judah, who got the double portion. As a practical matter, the larger the estate and the larger the responsibility, the more likely there may be a need for unequal inheritance.
4. Another principle is that a clear plan should be left for how the inheritance will be distributed and used. One might not give details, but offering the principles of use are important.
5. It's a parent's responsibility to provide orders. Some parents are tempted to say, "Well, what do I care? I'll be gone. My kids can figure it out." But, notice that when

King David was nearing his last days, his kingdom was not in order. His successor to the throne was not clearly in place, and without that clarity, his son Adonijah seized the throne. His wife Bathsheba was forced to go to King David and make clear that he had promised Solomon to be king. She stated boldly, "And now, my lord the king, the eyes of all Israel are on you, to tell them who shall sit on the throne of my lord the king after him" (1 Kings 1:20). As a parent, it was David's role to designate who would come after him. Similarly, it's our responsibility to provide a clear plan for our children's inheritance based on these biblical principles.

6. Make sure your children know what your values are. As is said, one of the most potent forms of biblical inheritance is the family story. Can your children and grandchildren tell how you met, your struggles, your growth - the stories that make your family unique? In the First Testament of the Bible, as part of the annual Passover celebration, God prescribed that the celebration should always start with the youngest child asking: "What do you mean by this service?" (Exodus 12:25-27) This question was the impetus to start the storytelling, the remembrance of what God had done for them.
7. Emphasize that that which is received as an inheritance should become a blessing and not a curse. The point is that God will hold everyone accountable for how what is received is used.

A question that everyone needs to ask is whether we are making our inheritance a blessing or a curse.

**GEORGIA KING** (Cont.. from page 11)

Research shows that L+M acquired Georgia the King Village complex in 2016. At the time there were high expectations that the new owner would fix the complex, eliminate decades-old problems, and make living conditions better. According to Strunsky, the new owner got off to a fast start with fresh paint, new appliances and other improvements, plus amenities that included the creation of an on-site children's library.

If residents had high hopes, these were soon dashed. According to Strunsky, residents say attention to the complex has ebbed, with leaky roofs and rusted pipes causing flooding, water damage and mold. Crumbling plaster and peeling paint plague apartments and common areas. According to Strunsky, residents say dust enters their apartments from vents linked to garbage chutes, and elevators break down, stranding elderly and disabled tenants on upper floors.

According to Jennifer Demoura's online posted review of Georgia King Village complex from 2019, there is a simple reason why elevators break down. "Elevators in the building are sometimes off because of the people who keep holding the elevators in each floor or when it's about to close, they force the doors to open. So how don't you expect it to mess up?" Demoura wrote.

According to Strunsky, tenants say the rat infestation has aggravated problems.

Steve Strunsky, of NJ Advance Media, gave a vivid description of how four residents, including Lolitha Brannon and Darcelle Harris gave him a tour of Harris's ninth floor apartment of the complex's southern high rise.

According to Strunsky, there was mold on the ceiling and paint separating from the bathroom wall. As in other apartments, insulating spray foam plugged openings around pipes and in corners, where Harris said mice and rats entered the apartments.

According to Strunsky, residents said the rodents use the space between the walls to move from floor to floor, apartment to apartment, and that they're especially audible at night, scratching and scurrying behind the plaster-

board. Per Strunsky, when the residents aren't home, and sometimes when they are, they said the rats and mice would forage for food, tearing through plastic bags to nibble on bread left on kitchen counters or chewing through cereal boxes. Mice droppings dotted storage spaces for pots and pans, Strunsky wrote.

According to Strunsky, Brannon duct-taped phone and computer cords to the walls so they wouldn't hang down to the floor from the power outlets so rats wouldn't chew them. Brannon showed Strunsky an electrical cord rodents had chewed down to the wire.

Even though, per Strunsky, Cureton, the tenants association spokesperson, said L+M had left a letter of apology on residents' doors, informing them that a new exterminator and five additional maintenance workers had been hired, residents were not impressed. According to Strunsky, they were also skeptical even when told an online portal would be created to take complaints.

Per Strunsky, Harris said that a city inspector came to see her the week of January 20.

The old adage, "we will believe it when we see it" seems pretty apt here.

According to Strunsky, Harris said, "They [inspectors and exterminators] have been out there. But are they going to follow up?"

**Jan. - Feb. 2023. Fed Up With Delay, City Council Acts.**

On January 18, 2023, residents of Georgia King Village attended the Newark City Council meeting. They begged the council to help them.

According to Strunsky, Darcelle Harris, a resident of Georgia King Village, made an emotional appeal to the Newark Municipal Council.

According to Strunsky, "We need help!" Darcelle Harris, 64, implored council members, her voice quivering and tears welling in her eyes. "Don't just sit there and stare at us like we're from another planet. Do something! Do something!"

At the meeting, West Ward Councilman Dupre Kelly told residents he had visited Georgia King Village and was appalled by what he saw.

According to Strunsky, Kelly said, "I would not want my

mother or my family living in these conditions. We have an elderly lady sleeping outside because she's afraid to sleep in her apartment because of the rodents."

According to Strunsky, Councilman Luis Quintana suggested immediately voting to rescind the tax abatement the council granted L+M after it acquired the property in 2016. But Councilman Lawrence Crump, an attorney, convinced colleagues to let the administration look into the legalities first.

According to Strunsky, on February 1, the Newark City Council voted unanimously to approve sending a default notice to the owner of the Georgia King Village apartment complex, informing the company that it had failed to comply with terms of the tax break, known as an abatement, which include maintaining livable conditions for tenants.

To show how serious they are about the issue, the Newark City Council also voted to put the complex into the hands of a receiver who would accept tenants' rent payments and use the money to make repairs, Strunsky wrote.

According to the February 2 article by Strunsky on nj.com, sending the notice does not rescind the 30-year abatement, which was granted to spare the owner, L+M Development Partners of Larchmont, N.Y., millions of dollars in property taxes to offset spending on improvements to the 47-year-old complex it acquired in 2016.

According to Strunsky, the notice gives L+M 60 days to rid the complex of the rodent population that surged after construction began on a new building on the site last year. According to Strunsky officials also want the company to remove mold, repair water damage from leaky pipes, and remediate other substandard conditions that predate the rat infestation. If those things are done, officials, per Strunsky, say that the city may not rescind the abatement.

According to Strunsky, the chairman of the council's abatement committee, Councilman Carlos Gonzalez, said at the meeting, "we are going to be monitoring their actions so that they comply with the promises that they made to us."

**L+M statements on the issue**

According to News12, on January 27, L+M issued a statement that read, "The conditions recently identified by our residents are simply unacceptable, and we are ramping up ongoing efforts to address them, including an aggressive rodent eradication strategy and additional onsite staff."

News12 also reported L+M as saying that they have met with Newark City leadership to discuss a general plan to address the issues onsite. L+M also said it hired a new superintendent to manage the property. There are 422 units in the Georgia King Village, News 12 reported.

According to Strunsky, on February 1, L+M have issued a statement that says, "Our on-site management team is working around the clock to address any issues on behalf of residents, including enacting an aggressive rodent – eradication strategy. We have also added staff at the complex to oversee any repairs and have assigned three new exterminators over the past week to the property to address issues."

According to Strunsky, the company also stated, "While we agree that the rodent conditions recently identified were unacceptable and not to our standards, we don't believe a receivership is the right course of action."

According to Strunsky, L+M said it had spent \$40 million on improvements to individual apartments, common areas, open space, building systems and security to Georgia King Village since acquiring it.

According to NJ Spotlight, some residents don't think 60 days is nearly enough time to fix every issue. According to NJ Spotlight's Melissa Rose Cooper, Darcelle Harris has been living in Georgia King Village for almost 23 years and often finds herself still warming water in the oven because there is no heat.

According to Strunsky, during the February 1 meeting residents broke into applause following the unanimous vote.

Strunsky reported, "This is what we've been waiting for years. The City of Newark is hearing our voice!" said Gee Cureton, a 30-year resident and spokesperson for the Georgia King Village Tenants Association. Not just hearing, but taking action."

# The Observation Booth



OP-ED By Andrea Dialect

## WHATCHA LOOKIN AT?



Photos By Andrea Dialect

PICTURE THIS, PICS SPEAK LOUDER... It is said that pictures aid memory recall and that we remember things 65% better when attached to pictures. Pictures then provide powerful visual tools that facilitate learning. We are visual learners, and photographs and images are

how we perceive information. That's how we did it in Egypt.

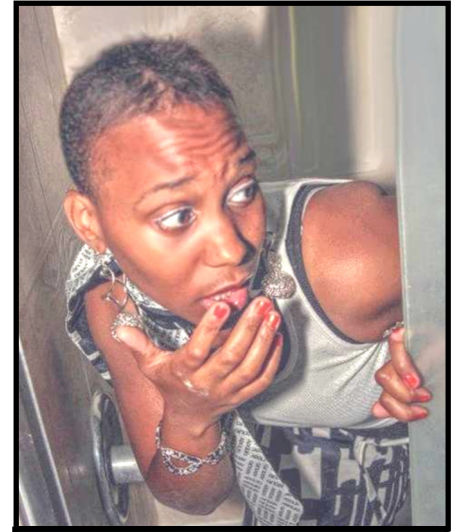
Thus, pics are the best way to communicate when talking to Mocha. Seemingly everybody knows that, but Mocha when considering what we do and/or what we choose to see or not. We must begin monopolizing off our own IMAGE by learning to utilize our image more efficiently so that we get the payoff. So let's start now... The Andrea Dialect's Fine Art Photography Archived Images found here will act as picture prompts to foster that initial growth.

Look at them, I mean really look at them, critique each image, and then I want you to go deeper. Be sure to be on the lookout for the unobvious as adhering to those mental promptings. Which concept or our Lend Your Image To Change professional or feature Muse do you resonate with the most? Now let me tell ya what I saw. Solve this Andrea Dialect Mind Puzzle if you dare. There are 8 images here, and these are the words that showed up. Can you match the pic with the script? Here we go. First, we have (1. Promise! 2. Grandma's Recipe 3. Outside Lookin In 4. Told Ya! 5. Self Portrait 6. Forever Focus 7. Fading Aroma 8. Hello Fear!)

IMAGINE THAT; you Get The Pic? Check out the lab for more exercises like this if you'd like @ mzdialect on Instagram or Andrea Dialect on my Facebook page. See ya on the flip side! .....



Read this article in its entirety at [www.localtalkweekly.com](http://www.localtalkweekly.com) and type The Observation Booth, Andrea Dialect and/or Entertainment Section in the search bar. If you are interested in participating in a challenge, project sharing a topic, news or if you have any questions, comments or concerns, send them to [localtalkandrea@gmail.com](mailto:localtalkandrea@gmail.com).



### WORLD NEWS FLASH

(Continued from page 9)

streams, killing almost 150 fish. The sewage also flooded a nearby garden.

Judge Peter Ross, at Oxford Crown Court on Dec. 21, ruled the incident in 2015 as a high-end, category three harm offense.

Numerous failures in the management of a sewage pumping station operated by the company led to sewage created by two villages emptying into two brooks leading to the River Evenlode, a tributary of the River Thames, for up to 24 hours.

Judge Ross found Thames Water were "reckless" in polluting Idbury and Littlestock

brooks at Milton-under-Wychwood, near Chipping Norton, on August 8 and 9 2015.

Environment Agency officers were quickly on site, discovering the entire local population of almost 150 bullhead fish had been killed by the toxic waste along a 50-metre stretch of water.

A member of the public reported dead fish in Idbury brook to the Environment Agency. A backlog of raw sewage was forced into the water from a sewer pipe that couldn't hold it. Sewage also escaped from a manhole and onto a residential front garden.

The court heard Thames Water disregarded more than 800 high-priority alarms needing at-

tention within four hours in the six weeks before the incident. Another 300 alarms were not properly investigated, all of which would have pointed out failures with the pumping station. One alarm was deliberately deactivated during a night shift.

Investigations by the Environment Agency revealed Thames Water was aware the pumping station failed several times in the 12 months up to and including the incident in August 2015.

Robert Davis, who led the investigation for the Environment Agency, said: "This incident was foreseeable and avoidable. Thames Water didn't recognize the increased risk to the environment, ignoring or failing to

respond adequately to more than 1,000 alarms.

"These streams are normally a haven for kingfishers, grey herons, brown trout and other fish and invertebrates. Sewage poured into the water for 24 hours, having a terrible impact, killing fish and other water life.

"We hope this prosecution sends a loud and clear message that the Environment Agency will not accept poor operation, management and maintenance of sewage pumping stations. Where we have evidence of offending and serious pollution incidents like here, we will take appropriate action to bring polluters to justice."



**TOWN WATCH** (Continued from page 10)

Street. (Neither the NJTransit No. 709 route nor DeCamp's 33 route was running at that time.)

All BFD hands plus Nutley and Belleville units stayed until the last hot spot was quenched by 2:17 a.m. Units from the East Orange, Montclair and Clifton departments had meanwhile covered Bloomfield's headquarters and its three stations.

Two firefighters reported minor injuries, which were treated at the scene. What Nevada customers and staff present were evacuated without injury. (The diner usually closes between 2 and 6 a.m. daily.)

The Nevada Diner first opened in 1981 and has since had two renovations. Nissirios Realty also owns five houses along adjacent Almira Street.

**MONTCLAIR** - The Township Council, by introducing the issuing \$700,000 worth of bonds here Feb. 21, intends to have all three municipal pools fixed and running this summer.

Some council members, after approving the bond issue's introduction, 6-0 that Tuesday night, reassured Council Chamber gallery audience that any work will be done prior or after the Essex, Nishuane and Mountainside pools' season. The work will not affect the pools' namesake parks' operation.

Councilman-at-Large Peter Yacobellis and Fourth Ward Councilman David Cummings called the remaining work at the Essex and Nishuane pools, "cosmetic work" and "tying up loose ends." Councilman Robert Russo was absent during the vote.)

The Nishuane and Essex pools, due to protracted supply chain delays, remained closed throughout last summer. The Mountainside Pool, which was open, had to take up customer demand.

About \$665,000 of the issue would be for the actual work; the remaining going to bankers and lawyers fees. A public hearing and final vote on the bond issue is set for March 16.

**GLEN RIDGE** - A Bloomfield man may well be visiting the Orange Municipal Court before answering to more than a Jan. 17 DWI charge here at Glen Ridge Municipal Court.

Patrolling police officers said that they first met Emoilio Sarmiento Zuinga, 35, while he was behind the wheel of a car they said was being "driven recklessly" along the 200 block of Ridgewood Avenue 7:30 p.m. that Tuesday. They had also stopped Zuinga's car because it had heavy front-end damage.

The GRPD officers, when approaching the car, then noticed "the back seat passenger bleeding from the head. They promptly called the Glen Ridge Ambulance Squad to treat the rider.

Their stop also determined that Zuinga was "intoxicated" and that the car had been involved in an accident in Or-

ange and had been fleeing from that scene.

Details on the accident in Orange were not readily available.

**BELLEVILLE** - Nurses here at RWJBarnabas Health Clara Maass Medical Center has asked its administrators to "Have a Heart" here Feb. 14.

The nurses, members of 1199 SEIU Health Care Workers East, wore "Have a Heart" stickers on their chests. They were not the only nurses to do so that Tuesday.

Similar demonstrations were made that day at Edison's Embassy Manor, Perth Amboy's Spring Creek, Hackensack Meridian Health at Shrewsbury, Union City's Manhattanview, Wayne's Arbor Ridge and Westfield's Complete Care at Clark. All of the said medical care facilities' management is negotiating with 1199 SEIU.

More than 500 Clara Maass registered nurses voted to form a union with the SEIU on Aug. 11. They have been since negotiating with hospital management over wage and health insurance issues.

Union Executive Vice President-New Jersey Rhina Molina said, on Feb. 17, that "negotiations have slowed down."

"Clara Maass Medical Center," said a hospital statement that Friday, "is currently negotiating and continues to work with the union in good faith until a contract is reached.

**NUTLEY** - The Long Clock, a purportedly Colonial-era grandfather clock, is keeping time here at the Kingsland Manor - but not for long.

The Historic Restoration Trust of Nutley, which owns the Kingsland Manor, said they had reached an agreement Feb. 24 that will return The Long Clock to a family in Texas - and not to the man who "donated" it in June 2021.

Donald Palmer, the Florida "donor," said that he inherited the clock from his parents in 1984. It was made around 1730 by William Kipling in London and was shipped to George Washington's Mount Vernon before the Revolutionary War with Great Britain broke out in 1775.

Another relative, Allan Palmer, of Texas, in a civil suit filed in Newark in 2022, disputes all of the above. Alan says that he is the clock's sole owner and that Donald did not have the clock's title and gave it away without his permission.

Washington's ownership of The Long Clock, further asserts A. Palmer, is disputed by curators and historians at Mount Vernon and the National Archives. A. Palmer said he had only lent the clock to D. Palmer.

The Restoration Trust, in their Friday statement, said that Township Attorney and A. Palmer's lawyers have agreed that the family will be reimbursed for having the clock shipped from D. Palmer and Florida. The trust, once they receive that check, will return the clock to A. Palmer's family.

**THE DOCTOR IS IN** (Continued from page 4)

must be well-managed in addition to other muscle-building activities. Stay safe.

*This article was written by Dr. Adil Manzoor, DO, a Board-Certified Internist & Board Certified Pediatrician who works as a Hospitalist and Emergency Room Physician. He is also the current President of Garden State Street Medicine, a non-profit organization whose sole purpose is to provide free preventive and acute urgent care services for the homeless.*

*He is also the co-founder of his own unique medical practice, Mobile Medicine NJ & House call Doctors. He is also currently pursuing an Executive MBA and a Master's of Science in Healthcare Leadership at Samuel Curtis Johnson Graduate School of Management and the Weill Cornell Graduate School of Medical Sciences.*

**References**

- <https://www.washingtonpost.com/wellness/2023/02/20/aging-weight-training-health/>
- <https://www.cdc.gov/physicalactivity/basics/adults/index.htm>
- <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC2804956/>

www.bellaitaliarestaurantnj.com



*Bella Italia Ristorante*  
Banquet Facilities & Fine Dining

Phone: 973-676-4300 / 973-678-5538      535 Central Avenue  
Fax: 973-678-2673      Orange, NJ 07050  
Near Rte. 280 and The West Orange Line



**NATIONWIDE PEST MANAGEMENT LLC**

P.O. Box 4062  
East Orange, NJ 07019  
(973) 672-8358 • Fax: (973) 672-2560  
www.nationwidepestmanagement.com

TERENCE WILSON  
SERVICE CONSULTANT  
nationwidepest@aol.com

**LOCAL TALK PRINTING**

- Business Cards
- Color Copies
- Flyers
- T-Shirts
- Color Printing
- Posters
- Newspapers
- Letterheads
- AD Journals
- Envelopes
- Banners
- Tickets
- Signs
- Promotional

**DHIREN SHAH**  
Ambassador for Peace  
Publisher / Editor-in-Chief  
In Printing Business Since 1985  
[www.localtalkweekly.com](http://www.localtalkweekly.com)

1576 Springfield Ave.  
Maplewood, NJ 07040  
Email: localtalk@aol.com

Tel. (973) 622-1111  
Cell: (973) 280-7547  
Fax: (973) 622-1120



# Heart Center of the Oranges

Welcome to Our New Center for Diabetes and Metabolic Diseases

## OUR PROVIDERS

### CARDIOLOGY

Gitendra Rajiyah, MD  
Catalino Delacruz, MD  
Bhavna Mohandas, MD  
Abbas Shehadeh, MD  
Isaac Tawfik, MD  
Marlyn Escalona, APN  
Lou Alexandre, PA

### PULMONARY/SLEEP DISORDERS

Jeffrey Miller, DO

### PODIATRY

Jodene Shwer, DPM  
Amro El-Nakib, DPM

### NEUROLOGY

Ruth Clark-Brown, MD  
Burget Cort, APN

### GYNECOLOGY

Clifford Toliver, MD

### PEDIATRIC & ADULT ENDOCRINOLOGY

Tara Rajiyah, MD

### NUTRITION

David Sonenberg, MS, RD, CDE

### PRIMARY CARE/ INTERNAL MEDICINE

Eddy Simon, MD  
Nancy Cahiwat, MD  
Mamatha Mohan, MD  
Myriam Sterlin, MD  
Aleksander Lekan, MD  
Hemlata Bhatia, MD  
Narinda Kaur, MD  
Normita Narvaez, MD  
Ramesh Kania, MD  
Nivia Rowe, APN  
Roody Dalberis, APN  
Sanjaykumar Shah, APN  
Mary Elias, APN  
Janiece Howell, APN  
Jamila Jones, DNP



## Treating Both Adults and Children of All Ages



We now treat a variety of endocrine disorders  
Including  
Type 1 and Type 2 Diabetes, Thyroid Diseases, Osteoporosis  
And Metabolic Bone Disorders  
  
Dr. Tara Rajiyah treats both adults and children  
Call 973-395-1550 for an appointment \* 77 Main Street, West Orange

Contact us: **973-395-1550** • [Orangeheartcenter.net](http://Orangeheartcenter.net)

### VISIT ONE OF OUR OTHER CONVENIENT LOCATIONS:

- |                      |                                |                   |
|----------------------|--------------------------------|-------------------|
| <b>South Orange:</b> | 60 Vose Avenue                 | Tel. 973-763-5200 |
| <b>Maplewood:</b>    | 2091 Millburn Avenue           | Tel. 973-378-2266 |
| <b>Bloomfield:</b>   | 135 Bloomfield Avenue, Suite B | Tel. 973-743-2248 |
| <b>Newark:</b>       | 202 Stuyvesant Avenue          | Tel. 973-374-8807 |
| <b>West Orange:</b>  | 77 Main Street                 | Tel. 973-324-2090 |
| <b>West Orange:</b>  | 95 Main Street                 | Tel. 973-672-3829 |
| <b>West Orange:</b>  | 92 Old Northfield Avenue       | Tel. 973-736-5552 |

*The Greater Newark Women's Assembly Honor's Luncheon!*

The Greater Newark Women's Assembly Invites you to join to recognize and celebrate women who have served with distinction and have left a legacy for us to follow. Join us for the **Assembly's Honors Luncheon Banquet, March 4<sup>th</sup> at 12 noon, held at Newark Public Main Library, in the beautiful Centennial Hall.**

*During the Women's Assembly Visit our Marketplace, Investing in Each Other Supporting Local Women Owned Businesses*



Mallika Muhammad  
**Fashionable Fashions**  
Clinton Ave., Newark, NJ



*Special Thanks* to Rev. Herb Glenn

**THE NEWARK WOMEN'S ASSEMBLY**  
*Celebrating the Women of Newark Past and Present!*

*Honoring the Women Who Serve and Care!*



Officer Maria Melendez  
23 Years with Newark Police Dept.

**Here is what happens when we invest in women:**

**THERE'S MORE FOOD**

If women had the same access to agricultural resources as men farmers, we could feed 150 million more people.

**THERE'S MORE PEACE AND STABILITY**

When women play an active role in peace negotiations, agreements are more likely to last.

**FAMILIES ARE STRONGER**

Ninety percent of women's income gets reinvested in their families as opposed to only 40 percent of men's income.

**COUNTRIES ARE RICHER**

For every 10 percent more girls who go to school, a country's GDP can be expected to go up an average of 3 percent.



Leslie Ingram-Lewis  
**Spirit Soul and Body Nutrition and Fitness**  
Bloomfield, NJ

**Women Now,** What is empowerment and status of women? Women's empowerment has five components: women's sense of self-worth; their right to have and to determine choices; their right to have access to opportunities and resources; their right to have power to control their own lives, both within and outside the home; and their ability to influence the direction of social...

*National Organization for Women, "Statement of Purpose" (1966)*  
NOW is dedicated to the proposition that women, first and foremost, are human beings, who like all other people in our society, must have the chance to develop their fullest human potential. We believe that women can achieve such equality only by accepting to the full the challenges and responsibilities they share with all other people in our society, as part of the decision-making mainstream of American political, economic and social life.....

**Proverbs 30 - 31**

**.....but a woman who fears the Lord is to be praised. Honor her for all that her hands have done, and let her works bring her praise at the city gate.**

# The Greater Newark Women's Assembly 2023

March 4th - 9:00 a.m. - 3:30 p.m.

*"The Power of Knowledge"* Newark Public Main Library,

March 5th - 9:00 a.m. - 12:00 a.m.

*"Declaring Our Destiny"* Newark CityPlex Theater,

**Free Admission for Students and Single Mothers**



Donna Alton



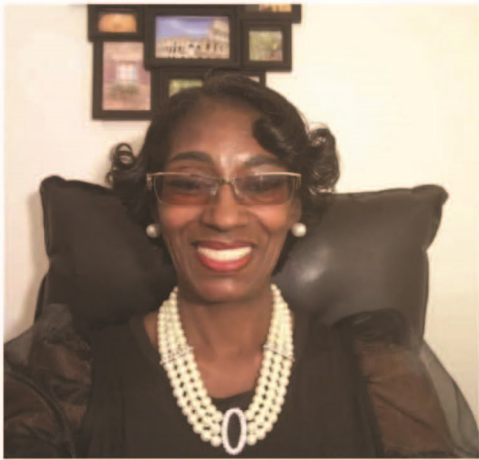
Apostle Shelia Bruce



Pastor Lawren Monroe



Apostle Cynthia Atkins



Rev. Dr. Brenda Bryd



Apostle Dr. Gennie Holte



Eboni Woolridge



Gloria Gilliard



Joanne Turner



Elder Lillian Evans



Evangelist Sheila Epps



Yvonne G. Patterson

The Greater Newark Women's Assembly Planning and Support Team

*"You Matter, We Matter, We are Showing up for each other"*

*"When women can use their power, they reinvest it in their families, their communities, and their countries to make the whole world better — for everyone."*