

# LOCAL TALK 25¢

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## NEWARK'S WATER WOES CONTINUE



Photo By Newark Public Safety Office

By Walter Elliott

**NEWARK** - Newark's Department of Water and Sewer Utilities, as of press time, have had a busy Aug. 9-17 repairing its affected underground lines since the big Aug. 9 Branch Brook Park break.

The fourth and latest recorded break opened up around 17 Academy St. downtown between 1:35 and 1:53 a.m. Wednesday, closing that street for two blocks plus Halsey Street between Raymond Boulevard and Market Street for the day.

Mark Di Ionno, who handles public safety subjects in Mayor

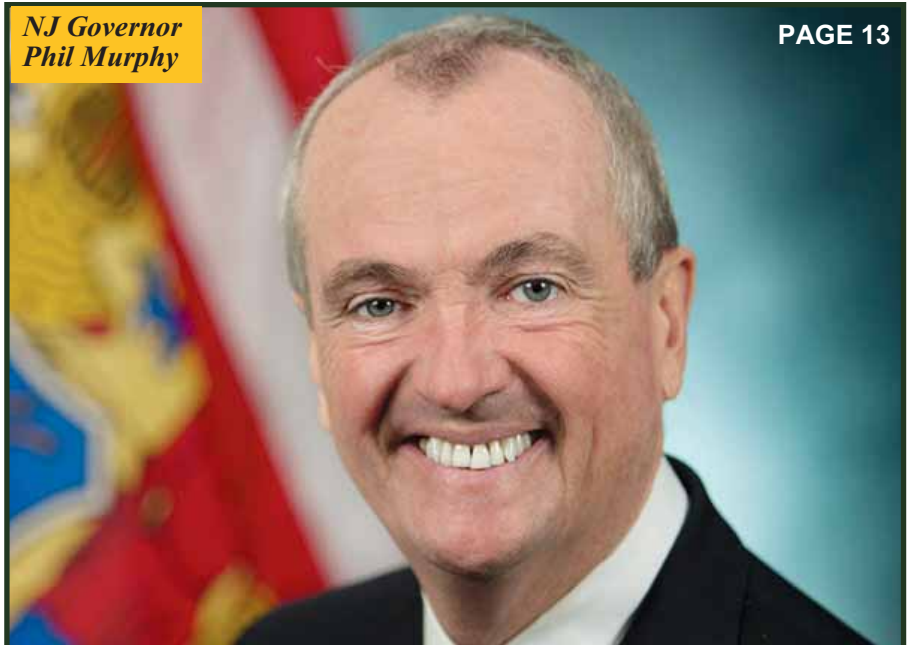
Ras Baraka's Office of Public Information, told "Local Talk" at that scene at 8:30 a.m. that an eight-inch-diameter fire lateral line had broken. Its breakage affects fire sprinkler service to nearby buildings - and is separate from potable, or drinking, water mains.

"Local Talk" meanwhile noticed progress at 7:45 a.m. Wednesday at the site of the 42-in. diameter main break at westbound Branch Brook Park Drive North on the Belleville border.

Newark WSU workers and contractor Montana Construction, of Lodi, had closed the bro-

(Continued on page 13)

## GOVERNOR SIGNS NEW ORDER ON COVID-19 TESTING REQUIREMENTS



NJ Governor Phil Murphy


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## CDC DIRECTOR BLASTS HER OWN AGENCY



CDC Director Dr. Rochelle Walensky

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### Primary Care Multi Specialty Group

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Turn To PAGE 16





**Dhiren Shah**  
Editor-in-Chief

**Hello Readers,**

are supporting PACs and other organizations which can donate, advertise to and for the candidates.

All our representatives support and pass the laws, so they can raise enough money for their campaigns. In 2016, Hillary Clinton raised about \$1.4 billion, and President Trump raised about \$957 million. The large companies and groups who make political contributions usually gets benefits by asking our representatives to pass resolutions in their favor. So, indirectly we all are paying for the contributions. Slowly and gradually, I lose faith in the system, and for that I blame the people who voted for them. I always try to vote for the best candidate in my opinion, but the majority of them vote for the party rather than the candidates. I am a democrat, and I give an additional few points to the Democratic candidate when I am comparing two candidates, as Democratic policies helps the community more than those from Republicans. However, the Republican-led governments have better managed municipalities or townships in my opinion.

Trump's Mar-a-Lago raid by the FBI became large and important news. According to The New York Times, the FBI interviewed two members of Trump administrations. The FBI took about 27 boxes from Mar-a-Lago, and out of that it is about 11 boxes were said to have sensitive classified and top-secret documents. If that is the case, Trump and whoever helped him should be punished to the fullest extent of law. But the news media should not act like it is a one-sided game. They should give Trump and his allies enough time to present their side of the story.

Per NPR: "Allen Weisselberg, the longtime chief financial officer of the Trump Organization, is in talks to plead guilty in a wide-ranging fraud case, two people familiar with the case tell NPR. The move comes just days after New York Supreme Court Judge Juan Merchan denied a motion to dismiss the case and set a trial date for late October. Court records show a hearing for Weisselberg was just added to the court calendar for Thursday."

Rudy Giuliani, a former successful mayor of New York City

at the time of 9/11 in 2001 and a Trump lawyer, was ordered to appear in an Atlanta court on Aug. 17. Fulton County Judge Robert McBurney ordered Giuliani to appear regardless of how he comes, by bus, by train or by Uber. He gave an example of a great football player and broadcaster John Madden. Rather than flying to cities around the country to cover football, he traveled in a custom bus known as the Madden Cruiser. Madden suffered three attacks of claustrophobia while flying, which caused him to change methods of travel, according to a 1990 report from Sports Illustrated. This is the right approach by the judge.

Several water main breaks in Newark affects the residents across nearly the entire city. The mayor must find out the cause of it and solve the water problem for good, or there may be even more breaks, causing greater damage.

*Have a wonderful week.*

*I'll talk to you next week.*

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**WEATHER FOR THE WEEK**

<u>THURSDAY</u>	<u>FRIDAY</u>	<u>SATURDAY</u>	<u>SUNDAY</u>	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>
Mostly Sunny	Mostly Sunny	Cloudy	Partly Cloudy	Rain / T'storm possible	Scattered T'storms	Partly Cloudy
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# The Doctor Is In



OP-ED BY DR. ADIL MANZOOR

## How Stress May Accelerate the Aging of the Immune System

Do you ever just get home after a long day at work and want to throw yourself on your bed and just “log off”? Or do you work too hard in the gym and feel your muscles burning afterward? Or maybe you lost a loved one to COVID and now can’t find any motivation or willpower

to go about your day? And, of course, the ever-too-common anxious state you experience when your favorite sports team is down with seconds to go on the clock?

One of these things has likely happened to you at one point or the other throughout life. Heck, you may have even experienced them all! Those are just instances of life’s stressors. Everyone experiences stress in some way or the other, and that’s by no means a bad thing. In fact, stress is good for motivating and allowing you to focus. It may even enhance your performance in certain cases. However, too much stress isn’t good or healthy, as you will find out soon.

When you are stressed acutely, also known as short-term stress, your body releases the hormone cortisol to help manage stress levels. Cortisol raises blood glucose levels as well as increases the brain’s ability to use glucose. The heart also starts to beat faster, preparing your body for fight and flight.

Naturally, the body would be



able to combat the stressor and return the system to a homeostatic state. However, if the stress persists and becomes chronic, the body’s cortisol levels stay high for long periods. This may cause several health conditions to arise, including hypertension, Type-2 diabetes, arthritis, psoriasis, sleep disorders, fibromyalgia, etc.

Aside from these conditions, stress can take a toll on the body’s immune system. One of the reasons for this is the effect of stress on inflammation. While in minimal amounts, cortisol can limit inflammation. If the cortisol levels remain elevated for long, it can lead to chronic inflammation in the body, which wreaks havoc on the immune system and body cells.

As we age, the body’s immune system starts to decline in a condition known as immunosenescence. The easiest way to explain this is the ratio of naïve T-cells and differentiated T-cells in the body.

The body must have adequate amounts of naïve T-cells to allow the immune system continuously respond to antigens. Simply put, naïve T-cells are T-cells (a type of lymphocyte) that have been released by the thymus but haven’t been activated. On the other hand, differentiated T-cells have matured and gotten activated by an antigen.

With age, the ratio of naïve to differentiated T-cells reduces, and immune function consequently decreases. Aside from being ineffective at combating new antigens, differentiated T-

cells can worsen chronic inflammation in the body.

As I mentioned, this happens naturally with age, but a study has revealed that stress can accelerate the aging of the immune system. Specifically, the stress implicated here is social stress, which is a type of stress that results from a person’s social interactions. Some of the sources of social stress are work problems, job loss, relationship problems, loss of a loved one, discrimination, poor grades, trauma, financial strain, etc.

The study then accounted for certain factors to observe the influence on immune aging. From the results, diet and exercise are crucial in offsetting the accelerated immune aging linked with stress.

There are many facets to maintaining a proper diet. Some pointers I will recommend are reducing added sugars and overly salty foods, staying away from highly refined or processed foods, and avoiding raw or undercooked foods. On the other hand, you should incorporate more fruits into your diet, as well as foods like garlic, ginger, turmeric, and poultry.

As is the trend today, many people just want to use supplements to correct their poor diet. That will not do you any significant good, as supplements are only meant to complement a proper diet.

Additionally, avoid a sedentary lifestyle. The CDC recommends 150 minutes of moderate

*(Continued on page 14)*

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# SPORTS WRAP



Photos Courtesy William Hathaway, Jr.



By William Hathaway, Jr.

The Elks North Central District in partnership with the City of Orange and the Orange Recreational Department hosted the 2022 Batters Up Event at Central Playground Baseball Field in Orange.

Among the Essex County area youth that came out as winners were Phoebe Bennett, age 7-8 girls softball bracket from West Orange; Lilian Gonzalez, age 11-12 in the girls softball event from the Kearny/Belleville area; Taylar Gray, who participated in the baseball event and resides in Orange; Roman Laurore, age 5-6 T-Ball Division, Rohan Aviles in the age 7-8 baseball bracket and is from West Orange; and Eli Chavis, age 7-8 boys baseball from Orange.

The last two participants were Lucas Laurore, age 9-10

division from Orange, and Tyler Gray, age 11-12 boys baseball bracket. The age groups for this event ranged from ages 5-15.

Also, on hand were members of the Orange Minors baseball team that took part in this event, which was coordinated by David Armstrong

Armstrong, who is the youth activity committee chairperson, said "The winners of this event will be heading to Deerwood Park in the Batters Up State finals this Saturday in Howell Township New Jersey.

Finally, in the NBA, the league announced that Bill Russell's #6 jersey will be retired from the game. Players already wearing the number, such as LeBron James - who recently signed a 2-yr., \$97.1 million extension with the Lakers - and Kristaps Porzingis, will be allowed to keep the number until the end of their careers.



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## CDC DIRECTOR BLASTS HER OWN AGENCY

### UNITED STATES

We were going to give insight into the legislation that President Biden signed, but since the claims of it reducing inflation are highly suspect, we'll delve instead into the shocking announcement from the woman in charge of the Centers for Disease Control and Prevention.

Citing the agency's \$12 billion budget and 11,000-plus employees, CDC Director Dr. Rochelle Walensky announced that her sector needed some serious reorganizing. Walensky came to this action after concluding that the CDC failed in its COVID-19 response, and that the agency needs to regain the public trust. Additionally, the CDC will put less emphasis on peer reviews and publications and more on actionable to commit to strategy faster.

All changes must be approved by the Health and Human Services Director, but there is nothing to indicate any roadblocks to that regard.

### COVID-19 GUIDANCE STREAMLINED

Speaking of the Centers for Disease Control and Prevention, the CDC is streamlining its COVID-19 guidance to help people better understand their risk, how to protect themselves and others, what actions to take if exposed to COVID-19, and what actions to take if they are sick or test positive for the virus. COVID-19 continues to circulate globally, however, with so many tools available to us for reducing COVID-19 severity, there is significantly less risk of severe illness, hospitalization and death compared to earlier in the pandemic.

"We're in a stronger place

today as a nation, with more tools - like vaccination, boosters, and treatments - to protect ourselves, and our communities, from severe illness from COVID-19," said Greta Massetti, PhD, MPH, MMWR author. "We also have a better understanding of how to protect people from being exposed to the virus, like wearing high-quality masks, testing, and improved ventilation. This guidance acknowledges that the pandemic is not over, but also helps us move to a point where COVID-19 no longer severely disrupts our daily lives."

In support of this update CDC is:

- Continuing to promote the importance of being up to date with vaccination to protect people against serious illness, hospitalization, and death. Protection provided by the current vaccine against symptomatic infection and transmission is less than that against severe disease and diminishes over time, especially against the currently circulating variants. For this reason, it is important to stay up to date, especially as new vaccines become available.
- Updating its guidance for people who are not up to date on COVID-19 vaccines on what to do if exposed to someone with COVID-19. This is consistent with the existing guidance for people who are up to date on COVID-19 vaccines.
- Recommending that instead of quarantining if you were exposed to COVID-19, you wear a high-quality mask for 10 days and get tested on day 5.
- Reiterating that regardless of vaccination status, you should isolate from others when you have COVID-19.
- You should also isolate if you are sick and suspect that you have COVID-19 but do not yet have test results.
  - ◆ If your results are positive, follow CDC's full isolation recommendations.
  - ◆ If your results are negative, you can end your

isolation.

- Recommending that if you test positive for COVID-19, you stay home for at least 5 days and isolate from others in your home. You are likely most infectious during these first 5 days. Wear a high-quality mask when you must be around others at home and in public.
- If after 5 days you are fever-free for 24 hours without the use of medication, and your symptoms are improving, or you never had symptoms, you may end isolation after day 5.
- Regardless of when you end isolation, avoid being around people who are more likely to get very sick from COVID-19 until at least day 11.
- You should wear a high-quality mask through day 10.
- Recommending that if you had moderate illness (if you experienced shortness of breath or had difficulty breathing) or severe illness (you were hospitalized) due to COVID-19 or you have a weakened immune system, you need to isolate through day 10.
- Recommending that if you had severe illness or have a weakened immune system, consult your doctor before ending isolation. Ending isolation without a viral test may not be an option for you. If you are unsure if your symptoms are moderate or severe or if you have a weakened immune system, talk to a healthcare provider for further guidance.
- Clarifying that after you have ended isolation, if your COVID-19 symptoms worsen, restart your isolation at day 0. Talk to a healthcare provider if you have questions about your symptoms or when to end isolation.
- Recommending screening testing of asymptomatic people without known exposures will no longer be recommended in most community settings.
- Emphasizing that physical distance is just one component of how to protect yourself and others. It is im-

portant to consider the risk in a particular setting, including local COVID-19 Community Levels and the important role of ventilation, when assessing the need to maintain physical distance.

Actions to take will continue to be informed by the COVID-19 Community Levels, launched in February. CDC will continue to focus efforts on preventing severe illness and post-COVID conditions, while ensuring everyone have the information and tools, they need to lower their risk.

This updated guidance is intended to apply to community settings. In the coming weeks CDC will work to align stand-alone guidance documents, such as those for healthcare settings, congregate settings at higher risk of transmission, and travel, with the update.

## PAYOUTS COMING IN BLOOD SCANDAL

### EUROPE

Thousands of victims of the infected blood scandal will each receive an interim compensation payment of £100,000, the UK Government announced Aug. 17.

The Government intends to make payments to those who have been infected and bereaved partners in England by the end of October. The same payments will be made in Scotland, Wales and Northern Ireland.

The commitment to pay interim compensation meets, in full, the recommendations set out by inquiry chairman Sir Brian Langstaff in his interim report last month. That report built on the study by Sir Robert Francis QC in his detailed consideration of the issues. Details were announced by Chancellor of the Duchy of Lancaster Kit Malthouse.

It is intended for the payments to be tax-free and not affect any financial benefits support an individual is receiving. Infected individuals and bereaved partners who are registered with any of the four UK infected blood support schemes

(Continued on page 11)



# BLACK LIVES, ANIMAL LIVES, ALL LIVES MATTER



By Michelle Lowe  
EST...1996  
Message For You

sure to keep an eye out for your pet. Supervise them the same as you would with a child. These animals are family too. They are only loyal to us, so be nice everyone.



The same goes for cats. More and more are ending up in the streets. Keep those pets inside please. Don't throw your cat/kittens out nor put them in boxes on the street or corner. What is wrong with you folks today? smdh.

Landlords, do better as well. It's not that hard to make things adjustable for those good tenants who have pets and are taking good care of home. Let them keep their pets.

Before I close out, please people remember to always have hope for one another. We still have people out here missing, so I ask for everyone to keep that in mind and pray.

Hello, Hello everyone, hope all has been well. I have still been taking my situation and time day by day. I can't say when I will feel better, but all I can do is live day by day. Life has to go on, because it will never stop regardless of what anyone is going through.

I have to face the fact that I just won't see cherish ones ever again, and knowing that is what kills me the most. I truly miss them all. The day will come where hopefully I will see everyone again. Life is not the same without mine I trust in for sure. Losing people can be one of the most effective ways that will change everything from up to down. We can't control that.

I will only say and tell you from experience, honestly only you will know. I don't know when I'll get better, but I will live as long as I'm giving for now. Everything still must go on. Remember and keep that in mind.



People with dogs/puppies, there have been numerous stories on people's dogs being taken, right off their own property. Poor animals, we will never know where they end up or even if they're sold off. If you have your dogs outside, please make



P.S. Until next time everyone, remember, life comes and goes, so be kind to another. Be careful and stay safe. ADVERTORIAL

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Bloomfield	13,751	162	13,839	163
Caldwell	1,895	17	1,908	17
Cedar Grove	4,418	136	4,444	136
City of Orange	9,085	172	9,147	172
East Orange	18,918	383	19,025	383
Essex Fells	574	2	577	2
Fairfield	2,283	38	2,297	38
Glen Ridge	1,467	18	1,476	18
Irvington	12,973	281	13,067	281
Livingston	7,565	107	7,614	107
Maplewood	6,070	48	6,109	48
Millburn	4,306	18	4,330	18
Montclair	8,073	88	8,111	89
Newark	87,208	1,259	87,854	1,259
North Caldwell	1,662	10	1,670	10
Nutley	7,448	85	7,494	85
Roseland	1,606	24	1,620	24
South Orange	4,042	22	4,071	22
Verona	3,806	23	3,827	23
West Caldwell	3,149	63	3,170	64
West Orange	15,077	267	15,172	268
<b>Total</b>	<b>227,760</b>	<b>3,373</b>	<b>229,276</b>	<b>3,377</b>

**OTHER COVID-19 TALLIES (As of August 17, 2022)**  
**NJ: 2,252,846 cases / 31,326 deaths (Plus 3,099 probable)**  
**United States (approx.): 93.21 Million / 1.038 Million deaths**  
**Worldwide (approx.): 592.878 Million / 6.444 Million deaths**

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## Newark Beth Israel Medical Center

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# TOWN WATCH

**DISCLAIMER:** The following items are primarily drawn from first responders. Responders' accounts may not be their full activity range. Grand juries hand down indictments when evidence presented them warrant a trial. Named suspects/defendants are innocent until proven guilty beyond a reasonable doubt in a court of law.

**NEWARK** - The firefighter who suffered "severe" burns while at Aug. 13's fire at 782-786 Clinton Ave. remains in RWJBarnabas Health Cooperman-Barnabas Burn unit in Livingston as of press time. The four-story multiple unit apartment building, including its residents and storefront tenants, remains off-limits for structural reasons found by a Newark Code Enforcement inspector.

Both on-scene Fire Chief Rufus Jackson and Newark Public Safety Director Fritz Frage said that the fireman incurred burns to his hands, arms, neck and head when the building's roof partially collapsed in its southeastern corner. He was promptly removed and admitted in stable condition.

The fire, which was first called at 2 p.m. Saturday, grew to three alarms by 2:33 p.m. NFD firefighters managed to limit fire damage to the fourth floor's southeastern corner. Mutual aid from neighboring towns' fire departments covered several of Newark's fire stations.

Traffic, including buses on NJTransit's No. 13 T and N routes, were detoured via Clifton Place, Hawthorne Avenue and Irvington's So. 20th Street before rejoining Clifton Avenue that afternoon.

782-786 Clinton includes Clinton Pharmacy, Ahmad & Brothers Barber Shop and Liberty Tax Service. All three were closed as of 9:20 a.m. Aug. 17. Only two workers for a New York City boarding up contractor were present then.

Both 782-786 and the identical 790 Clinton are owned by a Brooklyn real estate company. 790 - including Platinum Sound Recording Studio and four other

storefronts - were unaffected outside of a precautionary Saturday evacuation. The Newark Public Library's Madison Branch was a 790 tenant until its Aug. 27, 2010 closing.

**IRVINGTON** - Neither Acting Essex County Prosecutor Theodore "Ted" Stephens II nor his spokes persons, as of press time, have publicly identified the man who was found dead here in Irvington Park Aug. 12.

Both Stephens and Irvington Public Safety Director Tracy Bowers said, on Aug. 13, that Essex County Sheriff's Officers and Irvington Police had responded to the report "of an injured person" within the county park early that Friday morning.

Officers had found a male body just within the Lyons Avenue side of the park - and immediately called for the ECPO Homicide and Major Crimes Task Force. The Lyons Avenue entrance was taped off during the field investigation.

Stephens and Bowers would only add that "foul play is suspected."

County and township investigators were last called to the nearby 1100 block of May Street, about a block south of the park, where a 19-year-old woman was found inside with a fatal gunshot wound 3 p.m. July 17.

The man and woman's homicides are considered separate. Both investigations continue.

**EAST ORANGE** - The owners of Manufacturers Village here in the Franklin section have asked its tenants - artists and small business owners - to propose until October on how to save the 19th Century building.

The descendants of building founder George Seabury have asked its occupants for the existential request for proposals Aug. 9. Seabury and Robert Wood Johnson had the factory built here at 356 Glenwood Ave. in 1880 to make medical supplies. Johnson & Johnson also had its corporate headquarters here before moving in the early 1900s to New Brunswick.

The Seaburys, on one hand, have repurposed the 4.5-acre Manufacturers Village for fine artists and entrepreneurs in the 2000s. There are 60 artistic and business incubators nearly filling the building's capacity.

Its tenants had created the 9,000-square foot "Black Lives Matter" mural, the largest in New Jersey, on its parking lot in 2020. They run Liquidtex Artist Residencies and hold an annual October Open Studios festival.

The owners, on the other hand, had signed on Sheldon Gross Realty in 2021 for daily management. That, and the fact that the village building is not on a state or national historical site registry, have left the possibility that Manufacturers Village can be demolished.

The tenants are welcoming the Arts Council of East Orange's pending move into the village. ACEO has started a GoFundMe.com page to save the village and its arts community. Details are found at [www.manufacturersvillageartists.com](http://www.manufacturersvillageartists.com).

**ORANGE** - There is a new OPA - as in the Orange Parking Authority - in town as of Aug. 3.

Mayor Dwayne D. Warren promptly signed Ordinance 42-2022, establishing the authority, just after City Council Members present that Wednesday night unanimously approved the measure.

This OPA, not to be confused with the Orange Preparatory Academy, will construct, provide and operate municipal off-street parking. Its functions include managing "off-street and other parking meters" through at least one of its own parking enforcement officers.

OPA, to be overseen by seven expenses-only commissioners, will have the power to borrow funds and/or mortgage its properties for new parking projects.

All but the absent South Ward Councilwoman Jamie Summers-Johnson approved OPA's establishment after holding a public hearing Aug. 3. Councilman Weldon M. "Monty" Montague III was absent and East Ward Councilman Kerry Coley had dissented on the bill's July 6 introduction.

Orange now joins Newark, East Orange, South Orange and Bloomfield in having a parking authority. It is not known whether 42-2022 sponsor Summers-Johnson nor anyone in Warren's administration had considered the self-liquidating utility model like what Montclair has.

**WEST ORANGE** - The Township Council, just to be clear, has not and will not be pausing its processing of Cannabis-Based Business applications.

West Orange's elders voted down a resolution here July 27 that would have temporarily suspended the administration's processing of 14 CBB applications. Only Councilwoman Michelle Casalino voted for suspension.

Township Administrator John Gross said he had placed the resolution on that night's agenda "from a workflow point of view."

"The intention was to never stop the process," said Gross. "It was to take a pause to deal with the applications we've had in hand before stacking up additional applications."

Gross added that "five or six of those applications have been acted on," as of July 25. The township is coordinating the process with the state Cannabis Regulatory Commission.

Two applicants, both West Orange residents, urged for the resolution's denial. Spencer Randolph said that his application had passed the CRC's first approval round and was awaiting township judgement on opening either at 428 Valley Red. or 11 Central Ave.

James Jackson, who said he had been in CBB for eight years, had been waiting to hear from the township on his application since June.

**SOUTH ORANGE** - Those who want to thank and/or wish Village Trustee Robert Zuckerman well before he leaves for Red Bank and Asbury Park have the trustees' Aug. 22 and Sept. 12 meetings to do so.

Zuckerberg, on Aug. 15, said that he had been hired as Red Bank RiverCenter's Special Improvement District Executive Director earlier this year. He and husband Grant Neumann have decided to move to Asbury Park by Sept. 1, however, for it is closer to Red Bank than South Orange.

"We're super excited about the possibilities this move creates for the two of us but we're also very sad to leave South Orange," said Zuckerberg. "We LOVE South Orange and the entire SOMA community - and the Village will ALWAYS be

(Continued on page 12)



**WORLD NEWS FLASH***(Continued from page 6)*

will receive payment. Advice to those people on how exactly the interim payment will be made will be outlined to them shortly.

Outgoing Prime Minister Boris Johnson said, "While nothing can make up for the pain and suffering endured by those affected by this tragic injustice, we are taking action to do right by victims and those who have tragically lost their partners by making sure they receive these interim payments as quickly as possible.

"We will continue to stand by all those impacted by this horrific tragedy, and I want to personally pay tribute to all those who have so determinedly fought for justice.

Chancellor of the Duchy of Lancaster Kit Malthouse said, "Those affected by the infected blood scandal have suffered terribly over many years and that heart-breaking and unimaginable pain has been compounded by the financial uncertainty many have faced.

"These interim payments will start the process of securing that certainty. My priority is to get the money to those people as quickly as possible.

"I am grateful to Sir Brian Langstaff for the work he has done to date on the inquiry, and Sir Robert Francis, for his work on compensation. Of course, no amount of money will compensate for the turmoil victims and their loved ones have faced, but I hope these payments help to show that we are on their side and will do everything in our power to support them."

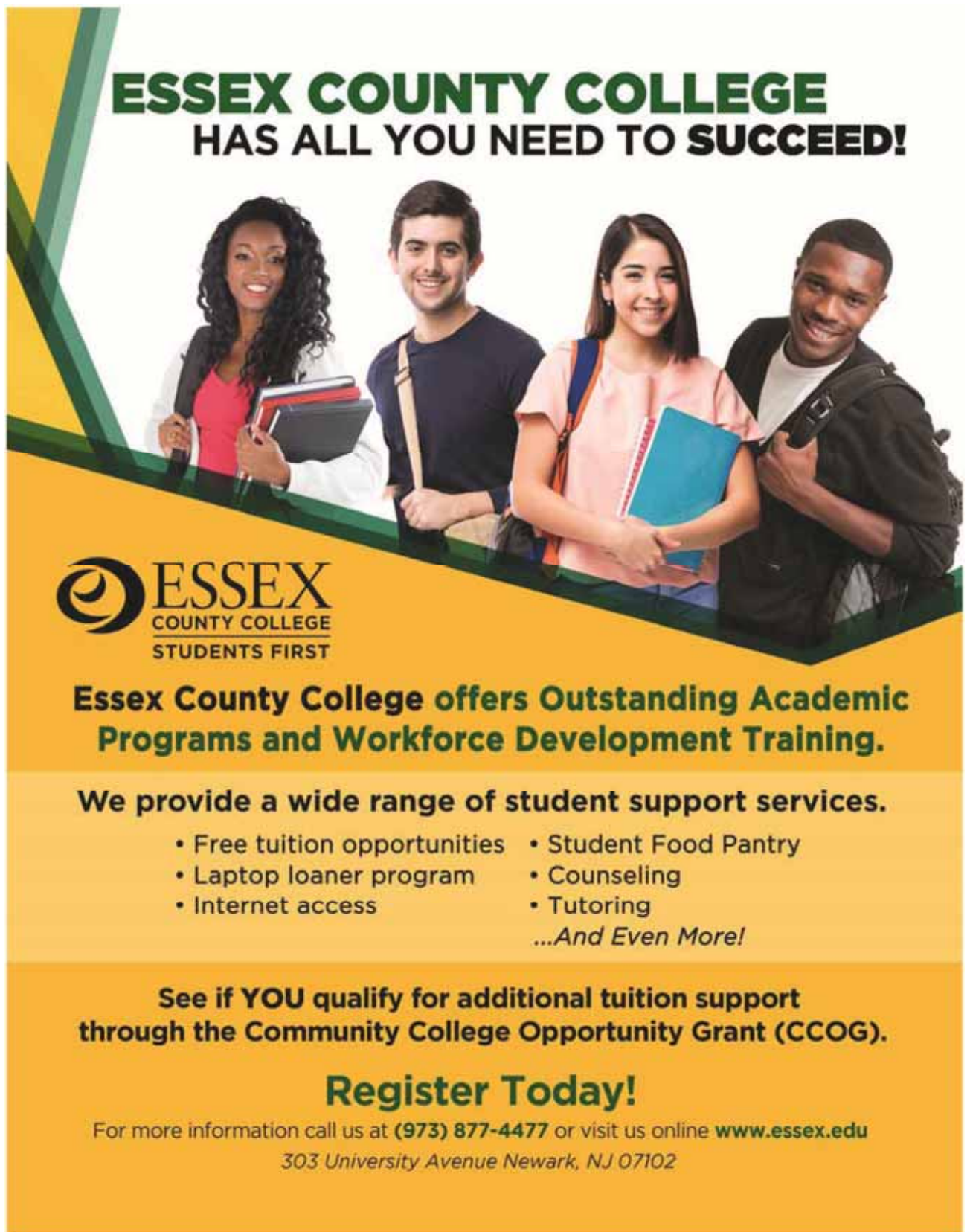
In England, the intention is to make payments by the end of October.

## FLOOD RAVAGED YEMEN GETTING HELP

### WORLD

In urgent response to the needs of the communities affected by floods in Yemen, the World Health Organization (WHO) has provided emergency health and laboratory supplies, supported specialized trauma teams and joined field missions with national health authorities and other humanitarian partners.

Triggered by the heavy seasonal rains, extensive floodings have ravaged several governorates in Yemen since mid-July 2022. Tens of thousands of people have been affected so far, with more than 35,000 households impacted across 85 districts in 16 governorates, according to local authorities.



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At least 77 people, including children, were killed in Al Bayda, Amran, Dhamar, Hajja, Ma'rib, and Sana'a governorates. In addition, displacement sites and infrastructure - including water supply, public services, and private properties - were severely damaged.

WHO supported four specialized trauma teams and 6 on-duty ambulances on the ground, as well as set up 34 epidemiological early warning detection points in Ma'rib - one of the most affected governorates - where thousands of shelters for displaced families were destroyed. Additional essential emergency health supplies were also released to the rapid response and emergency medical teams in Hajjah, Al Mahawet, and Raymah governorates.

Along with its constant monthly supply of 144,600 liters of fuel to 11 hospitals, WHO, jointly with the sub-national health cluster, had

also prepared a comprehensive heavy rainfall and floods preparedness and response plan in Al Hodeidah governorate, provided the Central Public Health Laboratory with equipment, and trained 25 laboratory technicians on the microscopic diagnosis of malaria.

"The risk of water- and vector-borne diseases, including malaria, cholera and other communicable diseases is unfolding," said Dr Adham Rashad, WHO Representative to Yemen. "With heavy rains expected to continue until the end of August 2022, we have scaled up our response to reach affected people and prevent any potential outbreak of these diseases."

Additional cholera kits, IV fluids, rapid diagnostic tests for cholera, and supplementary modules of the interagency emergency health kit are under way. WHO continues to provide aid as the situation evolves.





*From  
The  
Pastor's  
Heart*

OP-ED BY DR. ROBERT KENNEDY

**Removing The Curses By Restoring The Covenant**

I have heard enough of the criticism being directed at Beyonce for her latest release, "Church Girl." So while I am not a Beyonce fan and know very little about her, I was tempted to read the song's lyrics for myself. And I need to confess that before I could finish, I had to stop because most of the language is against my understanding of faith, values, and cultural upbringing.

I did not mean to tell you that "I am old school" and that the words "respect," "decency," and "uprightness" are of exceptionally high value to me. But I am not able to appreciate anything that seems sacrilegious.

Let me offer a minor criticism, like some that I have read. I argue that the song reflects the cry of the heart of someone living on a "precarious edge." Yes, when I started to read the first lines of the lyrics, I felt that there is a place in Beyonce's heart where she is aware that she is living amid the curse of a covenant that needs to be renewed. I

quote just the first lines that brought me to my conclusion:

*Ooh, ooh (I wanna be centered)  
Ooh, ooh (I wanna be centered, I wanna be centered in thy will)  
I've been up, I been down  
Feel like I move mountains  
Got friends that cried fountains, oh  
I'm warning everybody, soon as I get in this party  
I'm gon' let go of this body,  
I'm gonna love on me  
Nobody can judge me but me, I was born free*

I do not know whether Beyonce's phrase "I'm gon' let go of this body" is a contemplation of her temporality; I am assuming it is. Thus, I wish that instead of turning to the self, she would have turned the focus on God and also understood that her judgment is in the hand of God and not in herself. I also wish that she would realize that while there is a judgment at the end, there is also the daily judgment on whether the covenant of God is broken individually, communally, or nationally.

Let me turn aside from the talk about Beyonce and wish that, as a reader, you might agree with me that all of America (and the world) is under a present judgment of God for the covenant that is being broken. The Covid pandemic, the Moneypox,

and all of the climate, economic and political tragedies that we are facing might be telling us a story about our breaking of the divine covenant. I hear more and more comments that "America has broken its covenant."

And without going into what is meant by "covenant," let us agree that those speaking thus are seeing the curses coming on the land. It is biblical that when humanity breaks its covenant with God, it faces curses written even in the Covenant as stated to Israel. I have looked at the curses in the Covenant as listed in the first five books of the Bible, and I am profoundly struck by how much they resemble much of what we are facing today. Just look at the following list and see how much it fits with what you see about yourself.

I credit Dr. Joseph R. Nally, Jr., D.D., M.Div. the Theological Editor at Third Millennium Ministries, for his extensive biblical research in the following list that comes with breaking the Covenant.

1. Anger/rejection from Yahweh
2. Rejection/destruction of the cultus - that worship experiences
3. War and its ravages
4. Fear / terror / horror
5. Occupation and oppression by enemies/aliens
6. Agricultural disaster/unproductivity

7. Starvation/famine
8. Illness / pestilence / contamination
9. Desolation
10. Destruction by fire
11. Harm from wild animals
12. Decimation/infertility
13. Exile/captivity
14. Forced idolatry in exile
15. Futility
16. Dishonor/degradation
17. Loss of possessions/improvement
18. Loss of family
19. Helplessness/stumbling
20. Psychological afflictions
21. Lack of peace/rest
22. Denial of burial
23. Becoming like the cities of the plain
24. Death/destruction
25. General / unspecified
26. General punishment / curse / vengeance
27. Multiple punishments

Have you seen any of the above in the present conditions? Have you experienced any? If you have, it means we are dealing with the curses of the Covenant and other covenants as well. So, my great reminder to you is what the writer of Proverbs states, "As the bird by wandering, as the swallow by flying, so the curse causeless shall not come." (Proverbs 26:2 KJV)

As I noted with Beyonce, my point is that we need to be on a path of covenant renewal rather than living as if we do not care about our covenant curses.

**TOWN WATCH** (Cont. from pg 10)

our home away from home!"

Zuckerberg is stepping down after 3.5 years on the Board of Trustees. He ends his official duties on Sept. 1 but will attend the Sept. 12 meeting "to finalize my transition."

Village President Sheena Collum and the other trustees are to decide on whether to name an interim successor to Zuckerberg or to leave his seat vacant and let village voters make the call.

South Orange's next nonpartisan trustees election is set for May 9, 2023.

**MAPLEWOOD** - Township detectives are still looking for the youth who stole a car from the Wawa parking lot Aug. 11

and had abandoned it on Newark street.

Maplewood Police Chief Jimmy DuVal said that two of his officers had met a 72-year-old man at 1515 Springfield Ave. who just called 911 after 4:30 a.m. that Thursday.

The man said that he had just left the store and was approaching his car when he was accosted by a teenage male at 4:30 a.m. and demanded his keys. The suspect shoved the victim and demanded the keys again before taking them from the driver's pocket.

The suspect fled with the car east on Springfield Avenue into Irvington. MPD detectives used the victim's cell phone to track the car, which is how they found it by Newark's 138 Hunterdon

St. The uninjured victim said that no weapons were shown.

Wanted is "a black male 16-19-years-old, shirtless and no facial hair (but) wearing blue jeans."

**BLOOMFIELD** - Temple Ner Tamid held a funeral for Stanley Skolnik, who had been the congregation's Rabbi Emeritus since 2010, here on Aug. 7.

Skolnik, 79, who received the title since first walking into TNT, died Aug. 5 at Mountain-side Hospital after a 14-day bout against COVID. The New York Hebrew Union College-ordained rabbi first came to the area as spiritual leader of Passaic's Temple Beth Sholom in 1975.

Temple Beth Sholom, which served reform movement Jews in

Clifton and Passaic since 1959, began losing members to more conservative and orthodox congregations nearby. TNT, a conservative-reform congregation, agreed to welcome and absorb TBS in 2009-10.

Skolnik, however, had moved himself, wife Norma, son Jonathan and daughter Julie from Passaic to Upper Montclair earlier. Julie Skolnik-Miri said his father had wanted to live in a "progressive political and racially integrated town."

Skolnik, as TNT Rabbi Emeritus, continued his work as a social activist and as a leader who would help a congregant in an instant.

Sister Eva and grandchildren Robbie, Tosha, Sonia and Jake  
(Continued on page 15)



# GOVERNOR SIGNS ORDER LIFTING CERTAIN COVID-19 TESTING REQUIREMENTS

## *Order Concerns School Districts, Child Care Settings, and State Contractors*

**TRENTON** - Following recent updates to COVID-19 guidelines from the Centers for Disease Control (CDC) in advance of the upcoming school year, Governor Phil Murphy signed an executive order on Aug. 12 lifting the requirement that school districts, child care settings, and state contractors maintain a policy requiring their unvaccinated workers undergo routine testing. The change will apply to school districts and child care settings immediately, and to state contractors as of September 1, 2022.

As of June 17, 2022, anyone aged 6 months or older is eligible for the COVID-19 vaccine. At this time, more than 18.4 million doses of the COVID-19 vaccine have been administered in New Jersey, with more than 1.9 million doses having been administered to children under the age of 18.

"Today's executive order follows guidance from public health officials at the CDC regarding responsible steps states can take as we continue to adjust to the endemic reality of COVID-19," said Governor Murphy. "With children as young as 6 months old now eligible for vaccines and millions of New Jerseyans vaccinated and boosted, more of our residents are safe from severe illness due to COVID-19. As always, I encourage everyone to stay up-to-date on their vaccination and take other precautions as necessary to protect themselves and their loved ones from this virus."

This executive order lifts the testing requirements put into place for school districts, child care settings, and state contractors via previous executive order numbers 253, 264, and 271, respectively. Nothing in the order

prevents these settings from maintaining a vaccination or testing policy as they see fit going forward.

Schools and child care facilities will still be required to report vaccination and testing data to the Department of Health, as per Executive Directive No. 21-011, to allow the State to continue to monitor COVID-19 and make data-driven decisions to keep residents safe.

Covered workers in congregate care, health care, and correctional facility settings will still be required to be up-to-date on their COVID-19 vaccinations, including the first booster dose, as per prior executive orders.

Separate of the executive order, the New Jersey state employee testing program will also come to an end on September 1, 2022.

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### **WATER WOES** (Continued from page 1)

ken main, extricated the car that had fallen in the resulting sinkhole and shored up the 15-by-13-foot opening with plywood. A Montana generator continues to empty the pit's remaining water.

A DeFalco's Towing crane truck from Chatham had pulled the late model four-door Toyota from the pit late Aug. 10. Lizette Pagan, of Jersey City, said she was driving west and was following three cars ahead of her when the pavement gave way. She escaped with several bruises on her arms.

Pagan told reporters that she is commuting by Uber for the time being. She said her liability insurance policy will not cover her car's loss or damage.

NWSU, the Belleville Water Department and related agencies and contractors, however, have Essex County Sheriff's Officers keep closed the drive between its Branch Brook Park Drive West merge and the drive's intersection with Mt. Prospect and Union avenues and Mill Street. When the repair is made and the drive reopened remain as open questions.

In between were two Aug. 11 water main breaks in Newark's West Ward. One was by 15th Avenue and South 15th Street; the other at 19th Avenue and South 19th Street. According to social media posts, there was said to be another break on Norwood Place at Telford Street, but that was not confirmed by city officials as of press time.

The four officially recognized breaks kept Newark Water and Sewer and its colleagues busy and up to 100,000 affected homes searching for water elsewhere. The affected homes include those in Belleville and in Newark's North, West, Central and South wards who are fed by Newark's Pequannock Water System.

At least the Academy Street break did not add to the water consumption woes.

Both Belleville, since Aug. 13, and Newark, as of 7 p.m. that Saturday, have lifted their boil water advisories.

Customers who use Newark's Pequannock Water System are still asked to run their faucets for three- to five-minutes before use. NWSU further advises said customers to flush water out of their water heaters, water chillers and automatic ice dispensers.

Water reservoirs in tall buildings should be drained and refilled. Service connections with attached water softeners or cartridge filters "should be run through a refrigeration cycle or other procedures recommended by the manufacturer."

The above advisories were posted, however, before Newark Water and its contractors were fixing two Aug. 11-14 water main breaks in the West Ward. Those breaks led to West Side and Vailsburg section customers experiencing little or no water pressure.

One of the operators of the Melo Mini Market at 568 15th Ave., told "Local Talk" 9 a.m. Aug. 16 that their water was not restored from the practically next-door South 15th Street water main break until 11 p.m. Aug. 14.

The break, across from 570 15th Avenue in its eastbound lanes, was patched by asphalt the size of two cars parked side-by-side. A Montana backhoe and a pair of Newark Police Division sawhorses were parked nearby.

A 2 a.m. video recording has a six-foot-tall geyser coming from the broken 30-in. main. Officials have said that "a pressure surge" had led to that break.

A concurrent break had occurred at 19th Avenue and South 19th Street. "Local Talk," at 8:45 a.m. Aug. 16, found a patch on 19th Avenue's westbound lanes.

Back at Academy and Halsey streets, the Newark Police Division had promptly closed Halsey between Raymond Boulevard and Market streets plus Academy between Broad and Washington. Bank Street, which runs past the Newark Public Schools administration offices, was also closed between Broad and Washington.

Southbound Broad Street traffic, including NJTransit and Coach USA buses, would lose the left lane so that NWSU and Montana workers could access the fire line's closing valves.

The affected area includes the 13-story Academy Building at 17 Academy St. and the 60-story Prudential Plaza Building. 17 Academy, built in 1930, held "Local Talk" editorial office 2015-20. The landmark Prudential Plaza, 745-755 Broad, was built in 1960.

None of the residents or business owners in that four block area, when surveyed 8:30-9 a.m., had reported any loss of drinking water or related damage.

"I don't know of any basements that were flooded," said Newark Public Works Director Kareem Adeem at Noon on site. "I mean, however; when an underground pipe breaks, a lot of the underground manholes and conduits tend to get water in them. That water could travel to a basement as far as a mile away."

Di Ionno said that the corrective work also includes opening a hole on Halsey Street just south of Raymond Boulevard to access the line itself. The break will be closed by snaking a smaller diameter line within the eight-inch line.

"I want to thank the Department of Water and Sewer Utilities and the Newark police and fire divisions," said Baraka, "for working collaboratively and efficiently to fix the situation and assisting on the scene."



The Observation Booth



OP-ED By Andrea Dialect

**TYRONE CHABLIS DOCUMENTED**

*I'd rather people to say do you know this designer? Do you know Tyrone Chablis? So I don't use people's names to say I made this outfit for such and such all the time. You know what I mean?*



Designer Tyrone Chablis  
"You Don't Drink It You Wear It"  
Photo Credit: Andrea Dialect

*"Fashion is about not being afraid; it is about being bold.*

*You make a statement when you have something to say with your wardrobe. When it comes to putting clothes on my clothes are not easy. When you put them on you have to have confidence. Its strong design and either the design is going to outweigh you or your going to outweigh it. Sometimes clothes can be so powerful that it intimidates people!"*

**YOU DON'T DRINK IT YOU WEAR IT... PUT ON, POUR IT ON!**

**SHADOWING TYRONE CHABLIS**

"Growing up my mom, my aunt, and everybody always wanted us to be ourselves. So I never had a problem with expressing myself creatively. I was always into the arts as far as art goes drawing, sketching, making things, creating things, tearing



The Intimate Knit Collection

things apart, and building things up. I have since I was a young boy. You have so much within you, and it takes other people to see that sometimes.

"Like your teachers in school, I had a lot of art and different teachers that recognized my gifts. I was the class clown too and I liked to cut up. I loved spontaneous bull crap. But it was a positive thing because I always wanted to learn something new every day. I still want to learn every day something new.

"In junior high school, I worked in a tailor shop when I was about twelve or thirteen years old. 'Neil McLucas' the guy who owned 'Mr. Mack Tailor Shop' knew that I was into sewing so he had me come work with him. He taught me some extra stuff. He'd always make a statement about the needle and thread. He'd say, 'this right here can take you anywhere in the world if you really want to do this,' and he was right..."

Read this article in its entirety at [www.localtalkweekly.com](http://www.localtalkweekly.com) and type The Observation Booth, Andrea Dialect and/or Entertainment Section. If you have any questions or comments, send them to [localtalkandrea@gmail.com](mailto:localtalkandrea@gmail.com).



**THE DOCTOR IS IN**

(Continued from page 4)

-intensity exercise or 75 minutes of high-intensity exercise. You don't necessarily have to go to a gym, as other activities like running, jogging, and swimming, will suffice if done regularly.

Also, you don't have to go all 150 minutes once. Instead, you could do five 30-minute sessions weekly or three one-hour sessions. Just find what works for you.

Finally, getting vaccinated against cytomegalovirus (CMV)

can reduce the stress-induced acceleration of immune aging. This is because the virus, although typically dormant in the body, can flare up in the presence of high stress.

*This article was written by Dr. Adil Manzoor DO, a Board Certified Internist & Board Eligible Pediatrician, who works as a Hospitalist, and Emergency Room Physician. He is also the current President of Garden State Street Medicine, a non-profit organization whose sole purpose is to provide free pre-*

*ventive and acute urgent care services for the homeless. He is also the co-founder of his own unique medical practice Mobile Medicine NJ.*

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**TOWN WATCH** (Continued from page 12)

are also among his survivors.

Skolink's burial was immediately held in Clifton's menorah Cemetery.

**GLEN RIDGE** - While borough officials weigh Montclair and Bloomfield's fire suppression contract proposals received on or before 4 p.m. Aug. 18, at least one Montclair resident has voiced her desire for one contract change.

Eileen Birmingham told the Montclair Township Council July 26 that Montclair flushes Glen Ridges fire hydrant system "for free" and that the borough have been "paying less and less" for the shared fire service over the decades.

Glen Ridge had asked Bloomfield and Montclair for proposed fire contracts since June 8. The borough is offering a 2023-32 contract with a further five-year extension. The current contract, with Montclair, is to expire in Dec. 31.

Glen Ridge has traditionally awarded the Montclair fire contracts since disbanding its own fire department in 1992.

Birmingham also asked that Glen Ridge separate its George Washington Field shared service RFP and contract from the fire service. She said that Glen Ridge players and teams are given priority on the field, forcing Montclair players and teams to reschedule to "other muddy (grass) fields."

Glen Ridge has asked Montclair and Bloomfield's recreation departments for a concurrent shared service contract for Washington Field. The 1995 turf field alongside Glenridge Avenue, while mostly within the township, is shared by both rec departments.

**MONTCLAIR** - Starbucks Coffee workers here at 40 South Church St., as of Aug. 10, are on their way to become unionized - making it the fourth of the chain's New Jersey stores to do so.

An AFL-CIO press release said that a majority of Church Street Starbucks employees who had turned in their ballots July 15-Aug. 5 voted to become Starbucks Workers United under AFL-CIO affiliation. Those who were store employees as of June 26 were eligible to mail in their ballots.

An AFL-CIO representative and an employee-selected SWU shop steward will be negotiating with store management for a collective bargaining agreement. SWU-Montclair have also been sharing notes with unionized employees in Summit, Hopewell and Hamilton.

Copies of the election results have been sent to the federal National Labor Relations Board and Starbucks CEO Howard Schultz. It is not known whether Schultz or his attorneys will add the South Park Street store to their list of shop elections where the company said that the

NLRB had an unfair influence.

Store employees said they had turned to the AFL-CIO after being unable to address complaints of understaffing, under-training and malfunctioning equipment for fear of job security. Church Street organizer and barista James Cruz said that worker scheduling became more difficult since July 15.

The NLRB has said it has received unionization process petitions from 314 Starbucks stores and 286 unfair labor practices complaints from across the country. Another 140 - including Montclair - have voted to unionize with 170 more elections pending.

The South Church Street Starbucks is part of The Ciena residential/retail complex. The Ciena replaces the long-standing Lord & Taylor clothing store.

**BELLEVILLE** - The votes are also in at RWJ Barnabas Health Clara Maass Medical Center and, as of Aug. 10, a predominance of registered nurses have voted to unionize with the SEIU.

A SEIU 1199 United Healthcare Workers East release said that "nearly 80 percent of the over 500 registered nurses" voted to join the union. Eight of every 10 Clara Maass nurses vote to unionize with SEIU Local 1199. The local had been previously representing long-term care nurses in New Jersey.

Organizing nurses said that they are seeking a better nurse-to-patient staffing ratio and improved working conditions. They were hoping during their last contract negotiations with hospital management that they would reach wage parity with other RWJBarnabas Health hospital workers.

The federal Occupational Safety and Health Administration had fined the hospital, among others across the country, for failing to provide enough Personal Protective Equipment and other protections to its health care workers during the COVID-19 pandemic. Three of Clara Maass' staff had died from the Coronavirus.

Clara Maass, on Aug. 15, had received a four star rating (out of five) by the federal Centers for Medicare and Medicaid Services. CMMS credited the hospital for timely and effective care, patient experience, readmission, safety of care and readmission.

"We acknowledge and respect the right of our nursing staff to decide on whether or not union representation is in their best long- and short-term interest," said Clara Maass President and CEO Dr. Mary Ellen Cline. "We'll do everything we can to make the hospital the best workplace it can be."

**NUTLEY** - Ownership of a 16-story ON3 campus office tower has recently changed hands here for a record price last month - although most may not see a difference.

Prism Capital Partners, who has owned the 116-acre ON3 campus here and in Clifton since 2016, has parted out 200 Metro Blvd. to Cantor Fitzgerald for \$131.7 million on July 17. The sale is the largest in the state so far this year.

Cantor Fitzgerald, whose staff was decimated in the Sept. 11, 2001 terrorist attack on the World Trade Center towers, financed the purchase through a \$66.7 million acquisition loan from JP Morgan Asset Management.

200 Metro was - and remains - Eisai's U.S. headquarters. The Japanese oncology and neurology pharmaceutical company had moved here from Woodcliff Lake (formerly West Paterson) by Feb. 28.

Cantor Fitzgerald is retaining Prism as 200 Metro's building manager. Prism, prior to being hired by Nutley and Clifton as ON3's redeveloper, had converted West Orange's Edison Battery Factory into Edison Lofts.

200 Metro was Hoffmann La Roche's longtime headquarters until the pharmaceutical giant left in 2013. ON3 remodeled it and other Roche buildings for office, commercial and scholastic uses.

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