



ICYMI: SPELLING BEE CROWNS FIRST EVER AFRICAN-AMERICAN CHAMPION

Louisiana native Zaila Avant-garde, 14, winner of the 2021 Scripps National Spelling Bee. Photo Credit: Scripps National Spelling Bee

NEWARK KIDS MEET NBA STAR



VOLUME 21 • ISSUE 37 • JULY 22, 2021 - JULY 28, 2021

"LET'S TALK FOR THE BETTERMENT OF OUR COMMUNITIES"

LOCAL TALK



Newark • Irvington • East Orange • Orange • West Orange • South Orange • Maplewood • Bloomfield • Montclair and more

OFFICIAL NEWSPAPER OF: ESSEX COUNTY • EAST ORANGE • ORANGE • ORANGE BOARD OF EDUCATION
1576 Springfield Ave., Maplewood, NJ 07040 • 973-622-1111 • localtalk@aol.com • www.localtalkweekly.com

INDEX

Editorial & Weather	02
The Doctor Is In	04
World News	06
Finance At Your Fingertips	07
Town Watch	10
Sports Wrap	11
From The Pastor's Heart	12

DID RUTGERS BOARD OF GOVERNORS VIOLATE OPEN PUBLIC MEETINGS ACT?



By Lev D. Zilbermintz

Part One of Two

A Rutgers alumnus and a faculty member are both alleging that the university's Board of Governors (BOG) violated the Open Public Meeting Act by removing them from online meetings held on February 26 and June 22.

Local Talk did a number of inter-

views and research to obtain the viewpoints of all sides to this story. Articles in the Daily Targum, the student newspaper of Rutgers-New Brunswick, two interviews with a Rutgers alumnus, checking old Rutgers Newark Observer archives, and research into New Jersey statutes provided the information found in this article.

(Continued on page 11)

TOWNS STRUGGLING TO VACCINATE RESIDENTS



By Walter Elliott

EAST ORANGE - Public health and civil officials here, in Irvington, Orange and Newark are seeking ways and means to rise from the "Local Talk" area and New Jersey's fully-vaccinated for COVID percentage basement.

Mayor Theodore "Ted" Green, July 20, said that he, his administration and the City Council are working with the city's religious and nonprofit leaders to get more "pop-up" vaccination sites up and running. One site, at Central and Sanford Street, was held 10 a.m.-2 p.m. July 21.

Newark had held walk-up vaccinations as part of its 5-7 p.m. "Educate the Block" events set for July 21 at Fairmount and 16th avenues and July 22 at the Oscar Miles Townhouses at Court and Howard streets.

(Continued on page 5)



Primary Care Multi Specialty Group THE HEART CENTER OF THE ORANGES

60 Evergreen Place, Suite 400, West Orange, NJ

Offering Same Day
Appointments for
All Specialties and
DOT Exams

Turn
To
PAGE
16



Editorial
 Dhiren Shah
 Editor-In-Chief

Hello Readers,

Zaila Avant-garde made history by becoming the first African American to win the Scripps Spelling Bee winner two weeks ago. The 14-year-old spelled and won the competition with the winning word "MURRAYA" a genus of tropical Asiatic and Australian trees, and celebrated with a twirl onstage under confetti. Jody Ann Maxwell from Kingston, Jamaica also won the Scripps National Spelling Bee competition in 1998. Jody made history as the first non-American to win the competition in 1998. Jody was selected after winning

the Jamaica National Spelling Bee Championship.

U.S. life expectancy plunged by 1.5 years in 2020. In 2019, it was 78.8 years. By the end of 2020, life expectancy was 77.3 years, which is 1.5 years reduced. The major reason is the coronavirus or COVID-19 pandemic. However, that was not the only reason in my opinion. Crime increased dramatically. In a pandemic, people should help each other, but due to Donald Trump and Democratic Party partisanship, there was no surety of a safe and peaceful life. Also, mental stress, people not trusting each other, political wrongdoing, too much power control and many other reasons added to a decline in our life expectancy. In 1970, life expectancy was 70.1 years. That means people are living longer than 50 years ago by an average of about 8 years.

The Delta Variant is spreading within the United States. California is leading in the third wave of virus. This time, it is more problematic and deadly. The U.S. had a little over 8000 daily cases a month ago, June 20th. Now as of July 20th, the U.S. has over 44,000 cases a day. Also, the deaths are increasing slowly. The U.S. was #18 a few weeks ago; now the U.S. is back to number #2 in the world.

Florida is leading the country in new daily cases in the U.S. and California is #2 for the most cases. The majority of the cases are the new Delta Variant, as stated by a pediatrician in California. She said that the hospitals are full of COVID cases. She warned everyone to wear masks to protect themselves and others as well. Even if you have been vaccinated, you still can spread the virus, so to protect others,

you must wear a mask. Also, wash your hands frequently.

The worst part yet to come. The government is giving money to cities and townships freely. So, right now the cities are in an okay but not good position. However, within a couple of years, the states and the cities will find ways to raise money. So, be prepared when cities make new rules to raise our taxes, or service charges, or parking charges. It's our money, but they will find new ways to get more of it. Taxes will increase, directly or indirectly, and the city will raise the budget. The government will always find out way to increase your taxes.

Congratulations to Local 108 and Essex County for their 4th successful vaccination event with 48 vaccinations.

*Have a wonderful week.
 I'll talk to you next week.*

STAFF AND VOLUNTEERS FOR LOCAL TALK WEEKLY NEWSPAPER

- Publisher & Editor-in-chief : Dhiren Shah
- Editors : Kristopher Seals / Anuj Shah
- Journalists / Writers : Kristopher Seals | Walter Elliott | Bro. Thomas Ellis | Dhiren Shah | William Hathaway Jr. | Dr. Daniel Louis | Ahmed Screven, Esq. | Anuj Shah | Lev Zilbermints | Kinjal Shah | Asha Shah | Akshat Shah, MD | Ivy Mahabir | Kalindi Bhatt | Dr. Robert Kennedy
- Photographers : Dhiren Shah | Kristopher Seals | Thomas Ellis II | D. Adams, Jr.
- Distributors : Larry Wright | Walter Elliott | Fred Simpson
- Newspaper Designer : New Image Art Studio
- Web : www.localtalkweekly.com

Ask for our advertising rates and increase your business and get exposure to tens of thousands of readers every week. email your request to localtalknews@gmail.com or call 973-622-1111.

Subscribe to **LOCAL TALK** weekly newspaper
 \$50 for one (1) year

Send your name, address and check or money order to:
 Local Talk Weekly Newspaper • 1576 Springfield Avenue
 Maplewood, NJ 07040 • Tel: 973-622-1111

To serve you in the best manner, we request that you send your comments, community calendar events, news and other information and queries related to advertisements to the editor on e-mail : localtalknews@gmail.com

LOCAL TALK POLICIES

• We reserve the right to accept or reject any news item, article or advertising, which is not in accordance with Local Talk's Statement of Purpose. We further reserve the right to edit, correct and modify all copy submitted. Letters, articles, and news events are welcomed; but Local Talk will not assume any responsibility for them. • We regret that the volume of mail and pressure of deadlines precludes sending acknowledgements of receipt; nor can advance notice be given if articles are accepted or rejected for publication. • Unused materials may be used at a later date (if not date sensitive) and therefore, they cannot be returned. • The printing of articles or advertising in Local Talk does not necessarily imply either endorsement or agreement by the editorial staff of Local Talk. • This publication will not be responsible for errors in advertising beyond the cost of the space occupied by the error. • We will not be responsible for errors within material disseminated by offices that release matter for public record.

WEATHER FOR THE WEEK

<u>THURSDAY</u>	<u>FRIDAY</u>	<u>SATURDAY</u>	<u>SUNDAY</u>	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>
Partly Cloudy	Mostly Sunny	PM T-Storms	Scattered T-Storms	Mostly Cloudy	Partly Cloudy	Partly Cloudy
HI 84	HI 87	HI 86	HI 87	HI 91	HI 90	HI 87
LO 66	LO 67	LO 72	LO 72	LO 73	LO 71	LO 68



NEWARK Rx Pharmacy

Your health is our priority!




Available  COVID-19 TESTING  UNIT DOSE PACK



F DESIGN SOLUTIONS - 862-448-9307

GRAND OPENING

FREE! DELIVERY

-  13 William St. Newark, NJ 07102
-  newarkrxpharmacy@gmail.com
-  Mon-Fri: 9am - 5pm / Sat: 9am - 3pm

973-500-3660 

973-500-3666 



We accept most major health insurance.

The Doctor Is In



Dr. Adil Manzoor OP/ED

Booster Shots Against The COVID-19 Virus

Yeah, yeah, we've discussed this before. But we're going to be discussing it again in light of some new and, apparently, super important evidence.

To start with, booster doses are basically doses that maintain vaccine-induced protection against disease. This usually hap-

pens after the immunity provided by the vaccine wanes.

Now, scientists have anticipated the need for booster doses for the coronavirus vaccine later in the future. But data released by Israel have suggested we may need to move that timeline far sooner than anyone expected. So the days of "vax and relax" for this virus may be gone sooner than we think.

A lot of people ask, "Do we really need it?" It's hard to say, as it's too early but we may need them sooner than anticipated if this virus keeps mutating. Now more than ever. Now when we can still, to a very reasonable level, control the spread of the dreaded Delta strain of the coronavirus.

The World Health Organization (WHO) has predicted that the Delta variant of the virus will soon become the most dominant strain globally. Its effects are definitely already shaking the world. Take, for instance, the Tokyo Olympics, which has seen several rule changes and regulations in a bid to combat this virus.

The reason the Delta strain is

feared so much is that it's more transmissible than the normal coronavirus, which is just the technical way of saying it can spread and infect far more people than the original. It's like when Apple drops a software upgrade, only this time, it can cost lives.

An ICMR study has shown that 86% of vaccinated Indians who got the virus were infected by the Delta variant. I just answered the question you were about to ask, didn't I? Yes, even vaccinated people aren't fully safe.

The last time I wrote about booster doses, I made it perfectly clear that scientists don't know exactly when we would need the booster doses. They predicted we would need it, but when was the issue. Finally, it seems we have an answer.

Many have even discredited the idea as just big Pharma trying to squeeze even more money from the government. I beg to differ. After all the coronavirus did in 2020, we cannot afford to risk another huge spike, especially of a more transmissible strain. It's just too much of a risk.



The reason behind this debate in the first place is that immunity wanes with time. When we get vaccinated or immunized against a particular infection, the immune system, utilizing B and T cells, ensures the body knows how to respond to this virus if it enters the body again.

One of the standard ways of detecting the effectiveness of a vaccine is testing for these memory cells after using the vaccine. This test is usually done

(Continued on page 14)

Non-healing Foot Wounds? Diabetic Foot Ulcers?



We Save the Limbs that Others Can't.

DON'T WAIT.

These symptoms may mean serious problems:

Leg or Foot Pain • Gangrene • Non-Healing Wounds
Leg Cramping • Skin Discoloration

Prompt treatment is essential to preserving your long-term health and quality of life.

CALL TODAY: 833.PAD.EXPERT (723.3973)



John Rundback, MD



Endovascular & Amputation Prevention
Affiliated with American Endovascular

americanendovascular.com



Kevin Herman, MD

Now practicing at our newly located outpatient center:
347 Mount Pleasant Avenue, Suite 100, West Orange, NJ 07052

Urgent Care Walk-In Medical Suite

Adults & Children Urgent and Primary Care



Board Certified Providers

- All insurance accepted
- Uninsured Low Fees
- DOT Physicals
- COVID Testing

We're Open!!!

200 Freeway Drive East, Suite 305
East Orange, New Jersey 07018

www.UrgentCareSuite.com

Call us today or Just Walk-In!!

(973)310-2000

TOWNS STRUGGLING

(Continued from page 1)

Essex County, doing its part to bring all 22 municipalities up to an at least 50-percent average, announced July 20 that it will have walk-up COVID testing along with its pop-up vaccination stations and remaining open regional centers in Newark and West Orange.

The county had a pop-up location July 11 at Afro Kuts barbershop, 232 Lincoln Ave., Orange. A range of drug stores - from Orange Rx Pharmacy, 353 Main St., and chains like Walgreens - have been hosting walk-in vaccinations here and throughout the area.

East Orange, by either covid19.nj.gov or "Local Talk" area July 20 statistics, is tied with Irvington as having 34 percent of its population getting its single Johnson & Johnson inoculation or both Pfizer or Moderna shots.

Orange has 40 percent of its residents so vaccinated. Newark - New Jersey's largest city - is next best at 42 percent.

The other towns that "Local Talk" regularly covers are in the 53-to-70-percent range They are

more towards the 74 percent level desired by Gov. Phil Murphy's administration and the national 67 percent rate President Joseph Biden's administration reached on July 4.

Biden (D-Del.) had hoped to reach 70 percent of the U.S.' 330 million population fully vaccinated. That level where health officials said the country would reach "herd immunity" in subduing the COVID-19 pandemic.

Biden's hopes fell between 13 and 21 percent short, according to the CDC's July 9 statistics, in part because of varying vaccination rates among the 50 states and Washington, D.C. of the Southeast's states - Alabama and Mississippi, Arkansas, Louisiana, Georgia, Tennessee and South Carolina - range from 33 to 39 percent.

The national and "Local Talk" wide spread of vaccination rates are being observed from New Jersey whose 57 percent rate places it among the country's 10 most vaccinated states.

Murphy (D-Rumson) and Health Commissioner Dr. Judith Persichilli have noted as far back as May the 20 state municipalities (among 565) with the lowest vaccination rates. They include

East Orange, Irvington, Newark and Orange, who were grouped among mostly western and southern New Jersey towns.

Examining Local Talk's 11 or 12 towns and comparing their current rates against four weeks ago - June 20 - found all municipalities having made inoculation progress.

East Orange, whose 2018-20 population of 64,585 is the second largest in Essex County, climbed from 29 percent June 20 to 34.

Irvington (third in pop at 54,237) went from 27 to 34 percent.

Orange (ninth at 30,551) went from 33 to 40 percent. Newark (first at 282,529) rose from 36 to 42 percent.

The other Eastern Essex County/"Local Talk" towns, in ascending progression, are: Belleville, (36,427) from 46 to 53 percent; Bloomfield (49,573) from 51 to 56; Nutley (28,370) 54 to 60; West Orange (47,563) 57 to 64; Maplewood (25,380) 60 to 66; South Orange (16,591) 62 to 68 and Montclair (37,629) 63 to 70.

Murphy, in his two top 20 towns with the least vaccinated residents rankings, used municipi-

palities with 10,000-plus populations That ruled out Glen Ridge (7,548) among others.

Glen Ridge, if added, would bump Montclair as the most vaccinated "Local Talk" town. Its 30 -day progression had gone from 62 percent to 74.

While Orange, Newark, Irvington and East Orange all made progress in two age categories, the statistics apparently show better gains among their senior citizens.

In East Orange, the percentage of those 65 years old and older the last 30 days went from 58 to 63. Those 18-64 went from 37 to 44 that same time period. (The covid19.nj.gov stats do not cover 12-17-year-olds who were vaccinated although they have qualified the last six weeks. Pharmaceutical companies are developing doses suitable for those 11 and younger, pending CDC emergency order approval.)

Irvington's 65-plus rate went fractionally down the last 30 days, from 61 percent to 60. Those 18-64 vaccinated went from 35 to 43.

Newark gained in both age categories. The 65+ set went from 66 to 71. The 18-64 group

(Continued on page 14)



New Grace Academy

CALL US NOW!
862-520-3990
973-280-2005

Transforming
COMPASSION into
Excellence

ALL PROGRAMS ARE APPROVED BY:
NJ BOARD OF NURSING,
DEPARTMENT OF LABOR
EDUCATION
AND
DEPARTMENT OF HEALTH

- Homemaker / Home Health Aide (HHA)
- Electrocardiograph Technician (EKG)
- Phlebotomy Technician (CPT)
- Patient Care Technician (PCT)
- Cardiopulmonary Resuscitation (CPR)
- Clinical Medical Assistance & more...

FREE If Qualified

ONLINE CLASSES AVAILABLE

Classes: DAYS, EVENINGS & SATURDAYS

60 Evergreen Pl., Suite 307
East Orange, NJ 07018

862-520-3990 / 862-820-3577 / Cell: 973-280-2005
www.newgracenj.com / newgracenj@gmail.com



STOP SUFFERING
from debilitating fibroid symptoms

WE CAN HELP!
There is a medically safe non-surgical alternative to hysterectomy:

UTERINE FIBROID EMBOLIZATION (UFE)
Reduces the Size and Symptoms of Fibroids
Minimally Invasive Procedure
Fully Equipped Outpatient Center—NO Hospital Stay
Fewer Complications and Quicker Recovery

CALL OUR EXPERTS TODAY!
833.UFE.EXPERT (833.833.3973)

John Rundback, MD  Kevin Herman, MD
Affiliated with American Endovascular

fibroidexpert.com

Now practicing at our newly located outpatient center:
347 Mount Pleasant Avenue, Suite 100, West Orange, NJ 07052



COUNTRIES RAVAGED BY FLOODS

Europe

Heavy rainfall that has triggered deadly and catastrophic flooding in several western European countries, is just the latest indicator that all nations need to do more to hold back climate change-induced disasters, the World Meteorological Organization (WMO) said on July 16.

The agency said that countries including Belgium, Germany, Luxembourg and the Netherlands had received up to two months' rain in two days from July 14 to 15, on ground that was "already near saturation."

Photos taken at the scene of some of the worst water surges and landslides show huge, gaping holes where earth and buildings had stood until mid-week, after media reports pointed to well over 100 confirmed fatalities in Germany and Belgium on Friday morning, with an unknown number still missing across vast areas.

"We've seen images of houses being...swept away, it's really, really devastating," said WMO spokesperson Clare Nullis adding that that the disaster had overwhelmed some of the prevention measures put in place by the affected developed countries.

In a statement issued by his Spokesperson, UN Secretary-General António Guterres said he was saddened by the loss of life and destruction of property. "He extends his condolences and solidarity to the families of the victims and to the Governments and people of the affected countries."

The UN chief said the UN stood ready to contribute to ongoing rescue and assistance efforts, if necessary.

"Europe on the whole is prepared, but you know, when you get extreme events, such as what we've seen - two months' worth of rainfall in two days - it's very, very difficult to cope," added

Ms. Nullis, before describing scenes of "utter devastation" in Germany's southwestern Rhineland-Palatinate state, which is bordered by France, Belgium and Luxembourg.

Highlighting typical preparedness measures, the WMO official noted In Switzerland's national meteorological service, MeteoSwiss, had a smartphone application which regularly issued alerts about critical high-water levels.

The highest flood warning is in place at popular tourist and camping locations including lakes Biel, Thun and the Vierwaldstättersee, with alerts also in place for Lake Brienz, the Rhine near Basel, and Lake Zurich.

CHINA BLAMED FOR CYBERHACKS

Asia

The United States has long been concerned about the People's Republic of China's (PRC) irresponsible and destabilizing behavior in cyberspace. Today (July 19), the United States and our allies and partners are exposing further details of the PRC's pattern of malicious cyber activity and taking further action to counter it, as it poses a major threat to U.S. and allies' economic and national security.

An unprecedented group of allies and partners - including the European Union, the United Kingdom, and NATO - are joining the United States in exposing and criticizing the PRC's malicious cyber activities.

The PRC's pattern of irresponsible behavior in cyberspace is inconsistent with its stated objective of being seen as a responsible leader in the world. Today, countries around the world are making it clear that concerns regarding the PRC's malicious cyber activities is bringing them together to call out those activities, promote network defense and cybersecurity, and act to disrupt threats to our economies and national security.

Our allies and partners are a tremendous source of strength and a unique American advantage, and our collective approach to cyber threat information sharing, defense, and

mitigation helps hold countries like China to account. Working collectively enhances and increases information sharing, including cyber threat intelligence and network defense information, with public and private stakeholders and expand diplomatic engagement to strengthen our collective cyber resilience and security cooperation.

Today's announcement builds on the progress made from the President's first foreign trip. From the G7 and EU commitments around ransomware to NATO adopting a new cyber defense policy for the first time in seven years, the President is putting forward a common cyber approach with our allies and laying down clear expectations and markers on how responsible nations behave in cyberspace.

Today, in coordination with our allies, the Biden administration is:

Exposing the PRC's use of criminal contract hackers to conduct unsanctioned cyber operations globally, including for their own personal profit.

The United States is deeply concerned that the PRC has fostered an intelligence enterprise that includes contract hackers who also conduct unsanctioned cyber operations worldwide, including for their own personal profit. As detailed in public charging documents unsealed in October 2018 and July and September 2020, hackers with a history of working for the PRC Ministry of State Security (MSS) have engaged in ransomware attacks, cyber enabled extortion, crypto-jacking, and rank theft from victims around the world, all for financial gain.

In some cases, we are aware that PRC government-affiliated cyber operators have conducted ransomware operations against private companies that have included ransom demands of millions of dollars. The PRC's unwillingness to address criminal activity by contract hackers harms governments, businesses, and critical infrastructure operators through billions of dollars in lost intellectual property, proprietary information, ransom payments, and mitigation efforts.

[United States Department of Justice] imposing costs and announcing criminal charges against four MSS hackers.

The US Department of Justice is announcing criminal charges against four MSS hackers addressing activities concerning a multiyear campaign targeting foreign governments and entities in key sectors, including maritime, aviation, defense, education, and healthcare in a least a dozen countries. DOJ documents outline how MSS hackers pursued the theft of Ebola virus vaccine research and demonstrate that the PRC's theft of intellectual property, trade secrets, and confidential business information extends to critical public health information. Much of the MSS activity alleged in the Department of Justice's charges stands in stark contrast to the PRC's bilateral and multilateral commitments to refrain from engaging in cyber-enabled theft of intellectual property for commercial advantage.

Before Microsoft released its security updates, MSS-affiliated cyber operators exploited these vulnerabilities to compromise tens of thousands of computers and networks worldwide in a massive operation that resulted in significant remediation costs for its mostly private sector victims.

CAPITOL RIOTER SENTENCED

United States

A Florida man was sentenced July 19 to eight months in prison, to be followed by 24 months of supervised release, and a special assessment of \$100, for his role in the breach of the U.S. Capitol on Jan. 6, which disrupted a joint session of the U.S. Congress that was in the process of ascertaining and counting the electoral votes related to the presidential election.

Paul Hodgkins, 38, of Tampa, pleaded guilty on June 2 to one felony count of obstructing an official proceeding. He was sentenced by the Honorable Randolph D. Moss in the U.S.

(Continued on page 15)

Finance At Your Fingertips



Moses Ayiku, Jr. MBA OP/ED

Starting A Business: Part 2

When we talk of starting a new business, we all have different visions of how the process should look like. There is not one path to starting a successful business. Different approaches can all lead to success. The key ingredient is to have something that people are prepared to pay for. An excellent place to start when one is looking at business ideas is your skill set.

Do you possess certain skills that can be sold for money? Are you an artist or a musician? Do you have strong writing skills? Are you a yoga enthusiast? It would be ideal to take a pen and a piece of paper to write down all your skills. This could give you a vision of the types of businesses that you can pursue.

After you have finished preparing your list, go ahead and google each of them to find out how and if people are selling those skills. If someone has found a way to make money from their skill, this means you could also do the same! It would be extremely helpful if you conducted good research to find out how that skill is being sold, at what price, the typical customers paying for the service and the frequency of purchases amongst others. The more you learn about the market the better for you.

In terms of looking for skills that you possess that could be commercialized, please do not underestimate yourself! Do the research and explore how your skills could be converted into money. This could be the begin-

ning of a liberating experience. Today, we have a unique situation being referred to as the Great Resignation. Many people are using the pandemic as a time of reset.

A number of folks were interviewed recently as to why they quit their jobs. There were many interviewed who noted that their jobs had too much stress and they wanted a change. Others indicated that they resigned their jobs because the work environment was toxic. Yet another group interviewed also stated that they wanted to work in entities that had a more positive impact on society. The key for many of those who resigned their jobs is the fact that they were able to save money during the pandemic that now acts as a buffer. They now have the financial freedom to resign and look for better options.

When I was about to enter college, a friend of mine decided that they would forgo going to university to study art and rather start out as a professional artist. By undertaking careful research, he was able to identify that he would be better off in the long run starting out as soon as possible as an artist. He had several painting styles that he was experimenting with that were quite unique.

In high school this friend made a name for himself by being able to draw. He could draw people and the likeness of the images to their subjects was uncanny. At the time he decided not to continue his education, we his friends were scared for him. It turns out the unique confidence this friend had was not misplaced.

Fast forward to today, he is an internationally recognized artist. His pieces sell for prices that the average person cannot afford. I share this story to highlight how important it is to start by looking at your unique skill-set in terms of money-making opportunities. This friend is doing his dream job. He is earning ample money and in addition is able to channel his perception of society in the images that he draws. His confidence in his

(Continued on page 12)

BANKRUPTCY

CHAPTER 7 BANKRUPTCY
CHAPTER 13 BANKRUPTCY

- ▶ Stop Bank Levies!
- ▶ Stop Wage Garnishments!
- ▶ Stop Creditor Harassment
- ▶ Stop Foreclosure!!
- ▶ Stop Eviction! Protect Cosigners
- ▶ Restore Driving Privileges
- ▶ Prevent Auto Repossessions
- ▶ ELIMINATE Credit Card & Medical Debt.



FOR FREE CONSULTATION:

Call

DAVID WITHERSPOON

Attorney-at-Law

10 Hill St. (Suite 20Y) • Newark, NJ 07102

973-342-6653

973-489-9005

LOW RATES: ONE PHONE CALL MAY REDUCE YOUR STRESS!

David Witherspoon, Attorney-at-Law, is a Debt Relief Agency. A firm dedicated to helping individuals find relief under the Bankruptcy Code.

ESSEX COUNTY WEEKLY COVID-19 CASE TALLY

Municipality	7-14-2021	Deaths	7-21-2021	Deaths
Belleville	5684	116	5692	116
Bloomfield	5365	123	5383	124
Caldwell	626	16	627	16
Cedar Grove	1553	121	1561	121
East Orange	7201	313	7232	314
Essex Fells	192	2	193	2
Fairfield	888	31	890	31
Glen Ridge	397	13	402	13
Irvington	4762	233	4791	234
Livingston	1843	88	1857	88
Maplewood	1326	36	1337	36
Millburn	829	10	831	10
Montclair	2288	72	2313	72
Newark	37074	1010	37211	1011
North Caldwell	496	6	499	6
Nutley	3048	66	3055	66
Orange	3566	136	3579	136
Roseland	478	16	479	16
South Orange	876	16	884	16
Verona	995	18	997	18
West Caldwell	1062	53	1064	53
West Orange	4593	232	4607	232
Total	85142	2727	85484	2731

OTHER COVID-19 TALLIES (As of July 21, 2021)
NJ: 899,464 cases / 23,844 deaths (Plus 2,718 probable)
United States (approx.): 34.188 Million / 609,600 deaths
Worldwide (approx.): 191.724 Million / 4.122 Million deaths

NOTICE OF INTENTION TO TAKE POSSESSION OF AN ABANDONED BUILDING

This IS A NOTICE OF INTENTION TO TAKE POSSESSION OF THE FOLLOWING ABANDONED BUILDINGS LISTED IMMEDIATELY AFTER THIS NOTICE pursuant to N.J.S.A. 55:19-86(b) and it shall serve to inform You, the Owner and/or Interested Party, that the CITY OF ORANGE TOWNSHIP AND/OR ITS MUNICIPALLY DESIGNATED QUALIFIED REHABILITATION ENTITY intends to take possession of the abandoned buildings listed immediately after this notice. This notice shall also inform **YOU** as the Owner and/or Interested Party that the abandoned buildings listed immediately after this notice have not been legally occupied for six months and have been deemed to be abandoned property by the public officer based on any one or all of the following conditions:

- a. The property is in need of rehabilitation in the reasonable judgment of the public officer, and no rehabilitation has taken place during that six-month period;
- b. Construction was initiated on the property and was discontinued prior to completion, leaving the building unsuitable for occupancy, and no construction has taken place for at least six months as of the date of a determination by the public officer pursuant to this section;
- c. At least one installment of property tax remains unpaid and delinquent on that property in accordance with Chapter 4 of Title 54 of the Revised Statutes as of the date of a determination by the public officer pursuant to this section; or
- d. The property has been determined to be a nuisance by the public officer in accordance with section 5 of P.L.2003, c.210 (C.55:19-82).

This shall further notify **YOU**, the Owner and/or Interested Party, that unless **YOU** prepare and submit a rehabilitation plan to the appropriate municipal officials, the municipality or its designee will seek to gain possession of the building to rehabilitate the property and the associated cost shall be a lien against the property, which may be satisfied by the sale of the property, unless the Owner applies to the court for reinstatement of control of the property as provided in section 15 of P.L.2003, c.210 (C.55:19-92).

Finally, this Notice shall inform **YOU**, the Owner and/or Interested Party, after serving this Notice upon **YOU**, the municipality or its designee may enter upon the properties listed immediately after this notice after providing written notice to the owners by certified mail, return receipt requested, in order to secure, stabilize or repair the property, or in order to inspect the property for purposes of preparing the plan to be submitted to the court pursuant to section 12 of P.L.2003, c.210 (C.55:19-89).

DEFINITIONS:

The term "**YOU**" as used in this Notice shall refer to the "Owner" or any "Interested Party" of any of the properties listed immediately after this notice.

The term "Owner" means the holder or holders of title to an abandoned property.

The term "Municipality" means any city, borough, town, township or village situated within the boundaries of this State and shall include a qualified rehabilitation entity that may be designated by the municipality pursuant to section 13 of P.L.2003, c.210 (C.55:19-90) to act as its agent to exercise any of the municipality's rights pursuant thereto.

List of Properties

<u>Address</u>	<u>Block/Lot</u>
200 Lafayette St, Orange, New Jersey 07050	3903/6
70 Hillyer St, Orange, New Jersey 07050	1702/12
310 Central Avenue, Orange, New Jersey 07050	4201/3
433 Central Avenue, Orange, New Jersey 07050	3801/22

383 Cleveland Street, Orange New Jersey 07050	704/6
44 North Jefferson Street, Orange, New Jersey 07050	2301/9
477 White Street, Orange, New Jersey 07050	1403/23
247 Duane Street, Orange, New Jersey 07050	901/45
198 Parrow Street, Orange New Jersey 07050	3404/4
415 Highland Avenue, Orange, New Jersey 07050	4902/17
205 Reynolds Street, Orange, New Jersey 07050	4301/18
500 Burnside Street, Orange, New Jersey 07050	401/28
299 North Day Street, Orange, New Jersey 07050	1004/20
434 Parkinson Street, Orange, New Jersey 07050	1205/11
323 Central Avenue, Orange, New Jersey 07050	3601/38
190 Hickory Street, Orange, New Jersey 07050	3301/11
214 Oakwood Place, Orange, New Jersey 07050	3201/3
134 Park Place, Orange, New Jersey 07050	1804/6
198 Wallace Street, Orange, New Jersey 07050	1904/16
200 Wallace Street, Orange, New Jersey 07050	1905/28
203 Wallace Street, Orange, New Jersey 07050	1905/27
376 Columbia Street, Orange, New Jersey 07050	2701/8
380 Columbia Street, Orange, New Jersey 07050	2701/7
160 Taylor Street, Orange, New Jersey 07050	3402/33
173 Taylor Street, Orange, New Jersey 07050	3403/23
229 New Street, Orange, New Jersey 07050	1904/37
171 Oakwood Place, Orange, New Jersey 07050	3304/28
189 Oakwood Place, Orange, New Jersey 07050	3304/35
190 Oakwood Place, Orange, New Jersey 07050	3301/1
198 Central Place, Orange, New Jersey 07050	3304/7
160 Hickory Street, Orange, New Jersey 07050	3301/23
568 McChesney Street, Orange, New Jersey 07050	6006/1
423 Alden Street, Orange, New Jersey 07050	1203/23
469 Alden Street, Orange, New Jersey 07050	701/24
470 Alden Street, Orange, New Jersey 07050	1203/14
284 Cleveland Street, Orange, New Jersey 07050	1003/7
316 Elizabeth Street, Orange, New Jersey 07050	1002/12
399 Heywood Avenue, Orange, New Jersey 07050	6401/34
391 Heywood Avenue, Orange, New Jersey 07050	6401/33
482 Berkeley Avenue, Orange, New Jersey 07050	5301/60
427 New England Terrace, Orange, New Jersey 07050	410/11
198 South Center Street, Orange, New Jersey 07050	3402/1
19 Webster Place, Orange, New Jersey 07050	3102/1
358 Clarendon Place, Orange, New Jersey 07050	4902/6
177 Austin Road, Orange, New Jersey 07050	5301/46
285 Ogden Street, Orange, New Jersey 07050	4301/12
486 New England Terrace, Orange, New Jersey 07050	4103/1
550 Liberty Street, Orange, New Jersey 07050	6008/26
287-289 North Day Street, Orange, New Jersey 07050	1003/18
437 Lakeside Avenue, Orange, New Jersey 07050	1203/36
149-151 North Day Street, Orange, New Jersey 07050	1503/8

TOWN WATCH

DISCLAIMER: The following items are primarily drawn from first responders. Responders' accounts may not be their full activity range. Grand juries hand down indictments when evidence presented them warrant a trial. Named suspects/defendants are innocent until proven guilty beyond a reasonable doubt in a court of law.

NEWARK - The city's three public safety divisions had a busy July 17 in the wake of a severe thunderstorm front that had drenched the "Local Talk" area with almost six inches of rain in about two hours.

Newark Public Safety Director Brian O'Hara said that low-lying areas in the South and East wards promptly flooded, stranding motorists and bus riders in up to waist-high water, that late Saturday afternoon and night.

Members from Newark's police, fire and emergency management divisions had fielded 112 weather-related incidents and deployed its five Zodiac boats to rescue 73 people. The Passaic River was at high tide, giving the rainfall and storm water nowhere to go.

Five of the rescued were patients at the Fresenius kidney dialysis center at 248 South St. Four of the five were taken by police to another center; the fifth taken by an EMS ambulance to a local hospital.

Another 22 people were rescued from a New Jersey Transit bus that became stuck at waist-high water at Meeker Avenue and Empire Street. The 21 passengers and their driver got out through a roof hatch. It is not known as of press time whether the bus was on an eastbound 37, 59 or 107 route.

Detours were the order at places like Route 21 at Emmet Street, Jefferson and Chestnut streets, Van Buren and Clifford streets and McClelland Street under the Amtrak Northeast Corridor overpass. Some neighbors resorted to blocking streets with chairs and tires until authorities showed up with sawhorses.

Public Safety members also coped with eight power outages, 16 abandoned motor vehicles, a jet airliner fuel leak at Newark Liberty International Airport and several felled trees. Flooding also seeped into EWR's economy parking lots, delayed flights by 90 minutes and suspended its Skytrain monorail 9 p.m. July 17 -7 a.m. July 18.

IRVINGTON - Those who use the Irvington Public Library's physical services here at 1 D. Bilal Beasley Civic Sq. may want to look at the daily weather report and call in advance of visiting.

The library building had reopened to the public again July 19 but Library Director Jeanette Singleton may close it again should the indoor temperatures get too hot.

The 33,000-square-foot IPL building, completed in 1968, had been closed July 6-16, which was also when the New York City metropolitan area experience a pair of three-day heatwaves. A heatwave is defined as three or more consecutive days of at least 90-degree Fahrenheit weather.

Singleton explained to "Local Talk" that a major component in its air conditioning system had broken July 6, the first business day after the July 4 holiday weekend. That part is in transit as of July 20.

"We had to go across the country to find the part," said Singleton from her office. "It has a tracking number."

The A/C failure came after its July 1 expansion of previously COVID-curtailed in-person services. Tuesday and Thursday adult services, for example, were extended from 5 p.m. to 9 p.m.

"Most of our services are virtual," said Singleton. "We resumed or children's program here today (July 20)."

EAST ORANGE / MONTCLAIR - Members of the East Orange Fire Department draped mourning bunting on their firehouses and helped escort Capt. Vincent J. Intiso's remains to and from Montclair's Church of the Immaculate Conception July 14.

Capt. Intiso, 57, of Succasunna, died from COVID-19

July 8. The 34-year officer is considered to have died in the line of duty.

The route between Montclair's Caggiano Funeral Home and Immaculate Conception Church - including parts of Grove Street, North Fullerton Avenue, Clermont Avenue, Munn Street and all of Cottage Place - was closed for Intiso's procession 8 a.m. - 2 p.m. that Wednesday.

Relatives and colleagues called Vincent at the Funeral Mass and the July 13 visitation as "a true family man" and "the heart of the firehouse." Intiso, who was born April 4, 1964 in East Orange, was also a security guard for the Roxbury Public Schools.

Older brother Thomas (1955-2019), a former Clifford J. Scott and Cedar Grove high school pitcher, predeceased him.

Wife Elizabeth, son Vincent, Jr., daughter Haylee Rose Intiso and brother Charles P., Jr. are among his survivors.

Memorial donations may be made to stjude.org and/or adoptaboxerrescue.com.

ORANGE - Those who only go by the City Council agendas posted on their respective websites before and after July 1 may appear that Orange elders' leadership remains unchanged.

A majority of council members at their July 1 reorganization meeting, indeed, have kept their leadership for 2021-22 mostly the same as they were for 2020-21.

East Ward Councilman Kerry J. Coley remains the council's president. North Ward Councilwoman Tency A. Eason remains their vice president.

The council's next scheduled conference and regular meetings are set to start 7 p.m., Wed. Aug. 4. They will be preceded by a 6 p.m. special meeting - for proposed amendments to the Calendar Year 2021 Municipal Budget - as posted online July 21. The meetings were pushed later from the usual first Tuesday of the month to accommodate Orange's participation in National Night Out celebrations.

WEST ORANGE - Some 25 people came to the corner of Valley Road and Hazel Avenue

here on a hot July 14 afternoon to remember some long-gone wintertime fun.

Township historian Joseph Fagan - wearing a wool hat, scarf and mittens and his back towards the Taco Loco diner - unveiled a downtown West Orange Alliance historic marker commemorating the Oranges' first toboggan slide.

The slide, which paralleled Hazel Avenue, was opened by the Essex County Toboggan Club Jan. 1, 1886. An enlarged "Harpers Weekly" front page depicted the wooden slide while stating that the attraction in the township's part of The Valley drew people from as far away as New York City.

The marker was placed at "565 Valley Rd," a parking lot where the slide had ended and the toboggan clubhouse once stood. The slide's novelty wore off and was dismantled in the early 20th Century.

SOUTH ORANGE - A former Seton Hall University Pirates basketball player has sued the school, asserting that his injury was misdiagnosed by the team's physician, leading to permanent damage and his denial by several NBA teams.

Attorneys Alan Milstein, of Montclair, and Jeffrey Resnick, of Moorestown, said, on July 15, that they have filed suit against SHU on behalf of client Myles Powell in State Superior Court-Chancery Division in Newark earlier that week.

The suit names head coach Kevin Willard and sports medicine director/team physician Tony Testa as among the respondents. They and the school are being charged with negligence, breach of contract and fiduciary duty causing severe and permanent injury, emotional distress and monetary damages.

Powell, in his senior year on the NCAA Division One Big East Conference team 2019-20, was the school's third all-time leading scorer when he was out two games for a concussion and a right knee injury on Nov. 2. Testa and Willard, said Powell in the suit, first diagnosed him as having a right ankle problem and that continued play would not aggravate the condition.

(Continued on page 15)

SPORTS WRAP



Photo By Nikki Graham



By William Hathaway, Jr.

This past weekend, the city of Newark hosted a youth basketball camp, in which over 100 youth attended. NBA star and former New York Knicks center Enes Kanter, who is a current member of the Portland Trailblazers, was on hand to share his knowledge of the game.

The event was open to youth from all over the city ages 7-14. In a statement, Councilwoman McIver said, "What a great way to engage and expose our youth of Newark to the game and to learn from an NBA Player."

In other basketball news, for the first time in 50 years, the Milwaukee Bucks are NBA Champions. The Deer finished off the Phoenix Suns in six games, thanks to a legendary performance from Finals MVP Giannis Antetokounmpo, who scored 50 points, grabbed 14 rebounds, and had 5 blocks in the finale.

In other sports news, President Biden invited the Super Bowl Champion Tampa Bay Buccaneers to the White House on July 20. At the Tokyo Olympics, U.S. tennis player Coco Gauff tested positive for Covid-19 and had to withdraw.

PUBLIC MEETING

(Continued from page 1)

At the June 22, 2021 online meeting of the Rutgers Board of Governors, Charlie Kratovil, editor of New Brunswick Today, and Troy Shinbrot, a Rutgers-Camden professor in the Department of Biomedical Engineering, were both declared "out of order" by Board chair Mark Angelson. The two had asked questions during the public comments part of the meeting.

In two telephone interviews with Local Talk held July 15 and 17, Kratovil explained what happened at the June 22 BOG meeting. Unlike the Essex County College Board of Trustees, the Rutgers Board of Governors does not have a public comments portion. The list of speakers is limited to twelve on a first-come,

first-serve basis. Sign-up is 24 hours before the meeting. Anyone wishing to speak gets only two minutes to address the board, and then only on agenda items. The agenda itself is released to the Governors at least five days before the meeting. However, the public gets the agenda released only 48 hours before the Board meeting.

According to Kratovil, he asked to be given the resolution that makes changes to the Board of Governors bylaws. At this point the Board chairman, Mark Angelson, declared Kratovil out of order. Former University Senate faculty representative Troy Shinbrot told the Daily Targum that Kratovil was declared out of order because he asked for a text of the motions to be voted on. These included changes to the bylaws of two Rutgers health

(Continued on page 13)

Heritage House Apartments
50 South Munn Ave., East Orange, NJ 07018
A PRESTIGIOUS SENIOR COMMUNITY

We are currently accepting applications for studios and one bed rooms in our 204 Unit Apartment Building! The property has undergone exterior and interior renovations including a completely new exterior, new elevator, newly installed hallway carpeting, and upgraded community room with computer lab and improvements to most apartment units. Heritage House is conveniently located near shopping, health care facilities, mass transportation and major thoroughfares.

Annual Income Qualifications:
**Maximum income
\$38,460.00 – 1 person
\$43,920.00 – 2 persons
** Subject to program guidelines

Open Monday - Friday
9:00 am to 5:00 pm
Call: 973-677-9111
TTY: 1-800-852-7899
or Stop by!

Apartment/Community Features:

- Newly renovated accessible and barrier-free units
- Fully Equipped Modern kitchens
- Plenty of closet space
- On site laundry facility
- Attended Lobby Entrance
- 24 HR Emergency call w/On Site Maintenance
- Recreational Community Room
- Lovely picturesque outdoor garden sitting area.
- Free on-site indoor garage parking
- Window Treatments

AN EQUAL HOUSING OPPORTUNITY

Heritage House does not discriminate on the basis of disability in the admission or access to, or treatment or employment in, its federally assisted programs and activities. A senior executive has been designated to coordinate compliance with the nondiscrimination requirements contained in the Department of Housing and Urban Development's regulations implementing Section 504 (24 CFR, part 8 dated June 2, 1988). You may address your request for review or reconsideration to: Senior Vice President, Related Management Company, LP, 423 W. 55th St, 9th Fl. NY, NY 10019, (212) 319-1200, NY TTY 1-800-662-1220



EQUAL HOUSING OPPORTUNITY



Unlocking the Door to Excellent Grades at the College and University level

This book is intended for:

- ▶ Final year High School Students
- ▶ College and University Students
- ▶ Academic institutions

"Good grades are achievable by every student!!"

▶ M. Ayiku jr. MBA Finance M. Phil Economics
Author of the book

The book is available on Amazon and All major book channels

Parents should reach out for tutoring for their wards representative or Councilperson.

Call or email to arrange one on one quality tutoring!!
Mosesayiku@yahoo.com
Tel: 646-643-3400

Annual Hospital Public Meeting

Monday, August 23, 2021

4:00 p.m.

The public is invited to attend virtually or via phone

To register, please call Maria Barbosa at 973-877-5350 or visit smmcnj.com/annualmeeting

Saint Michael's Medical Center

Member of Prime Healthcare



From The Pastor's Heart

OP-ED BY DR. ROBERT KENNEDY

Knowing The Truth

This week when I heard that certain television personalities and political figures, who had been denying the glaring reality of the Covid-19, have now changed their proclamations, and now claiming its seriousness, and advising people that they need to believe what the serious scientists have been saying and that there is need to take the vaccine, I am gratified.

However, I hope that the reality was taken seriously, and that time and money had not been wasted in pushing the conspiracy that has gotten so many in the country so confused that they have joined what is being called "the antivaccine group." Thou-

sands of people in the United States of America and across the world would have been alive if they had been willing to hear the truth.

Yes, the word I said is "truth." And I mean it just as Jesus said it, "And you shall know the truth, and the truth shall make you free." (John 8:32 NKJV). You don't have to guess it. The audience to which Jesus was speaking had the skeptics who sought to deny the reality as to who Jesus was. He also had His disciples who were seeking to learn the truth. The profile of the audience is quite similar to what we have today in terms of coronavirus and climate change. There are the skeptics, and there are the believers. Regardless of the facts, there has ever been the historical reality of truth deniers and those who accept the truth.

And while I am saying that in the face of the fact that our world has so much "fake news" and "conspiracy theories," we all need to maintain a healthy skepticism. Yet, when truth steers us in the face, we become idiotic when we deny it. Yes, the default system of all of us human beings is to deny the truth. Our insecurities

drive us to self-deception. But the danger of such deception is profoundly costly.

Dr. Barbara Ford Shabazz correctly notes what Sigmund Freud postulated in the 19th Century when she states that denial is unconsciously choosing to push back on factual truths because admitting them would be too psychologically uncomfortable and require facing the unbearable. But she also states that when we allow our denial to exist long-term, choosing not to take action based on truth becomes a most unhealthy adaptive pattern. Dr. Shabazz shows us three ways in which we deny the truth. I have changed her phrasing to make sure it's a "we" instead of a "they."

1. Turn a blind eye:

We argue that "I'm in my bubble, and nothing like that happens here." This is the "out of sight, out of mind" response. It's unpleasant, so one compartmentalizes, shelves, and pushes to the side. It's simply not happening because we are not acknowledging it so, it will not happen.

2. Minimize:

"This is an isolated incident...not necessarily a huge deal...or prevalent enough to be concerned with." Minimization occurs when one is a bit more conscious but tends to downplay the impact. It is a problem, but we psychologically diminish its severity.

3. Shift responsibility:

"Yes, it's an issue, but I can't do anything about it...Things will work out." This type of denial finds us admitting something exists but refusing our role and accountability to resolve it. We acknowledge the seriousness and the reality but refuse to take responsibility.

Here Dr. Shabazz reminds us that "Denial is the cornerstone of an alternative reality and is reinforced by the building blocks of motivated reasoning, rationalization, cognitive dissonance, groupthink and confirmation bias. As the Chinese proverb says, 'Two-thirds of what we see is

(Continued on page 14)

FINANCE

(Continued from page 7)

abilities was unique and he did not wait for others to understand the vision he had. The young man simply put in the work and followed his destiny.

One key to note for those planning to sell their skills is that technology can play a big part in their success. Social media is a powerful tool for selling skills. There are websites where individuals can register and obtain small contracts for a fee. An example of such a site is Fiverr.com. This site allows people with skills in the areas of web design, art, and other areas to sell their services. Other websites that one can look at include Freelancer.com and Upworks.com. These sites provide an opportunity for individuals to register and sell their writing and other related skills.

A big challenge for many people with unique skills that they may want to sell is the fact that they have little understanding of

social media and technology. This is an obstacle that one can overcome. By researching YouTube and the internet generally, one will find abundant resources that can teach you how to use various social media such as Facebook and LinkedIn for business. To succeed in selling your skills, you may have to educate yourself on various social media. This is doable and can open the door to many unique opportunities.

Quite early in my career, I started getting a lot of requests to assist business owners to raise funds for various projects. Eventually, I ended up hiring research assistants and setting up an office to provide these services on a full-time basis. Once companies were prepared to pay for my services, I was more than happy to provide for them. My network brought me some of the clients. People I knew referred me to serious clients who appreciated my services. Those clients also informed others that I could be of great assistance, and this also

attracted more clients.

What I realized with time is that my company ended up doing business for years with some of the same clients. In other words, they kept coming back for additional services. Some wanted business plans, others needed assistance with restructuring plans or simply expansions. My firm successfully provided these and many other consulting services to our clients.

In conclusion, when looking to start a business, please start by assessing your skill set and determine which of your skills could be sold commercially. Not only would you earn money, but you would also be enhancing your skills. This would boost your confidence and open the door to other opportunities.

As I noted earlier, the key is not to underestimate yourself and your capabilities. You must be the driving force. Do not wait for someone to affirm what you already know about your skills. When I started consulting, I was surprised that my inner circle

had no confidence in me and my plans. However, I disregarded them and went on to build a quality management consulting business. At the peak of our activities, our clients would buy plane tickets, cover hotel and transport expenses for us to undertake various tasks for them. It was a rewarding and exciting time!

The joy and positive experience of successfully selling your skills cannot be underestimated. It can be life changing as well as financially rewarding. Do not sell yourself short. Explore, conduct thorough research, be creative and make the most out of what you have.

Please feel free to share with me your questions and experiences on stocks and investments. I will do my best to respond, and, in some cases, I will write on some of these questions.

Your questions and comments can be sent to localtalk-news@gmail.com.

ICYMI: SPELLING BEE CROWNS FIRST EVER AFRICAN-AMERICAN CHAMPION

One of the most prestigious competitions for youth saw history made on July 8, with a winner who does more than spell words.

Zaila Avant-garde correctly spelled the word "Murraya" to take the Scripps National Spelling Bee championship back home to Harvey, Louisiana. The 14-year-old became the first African-American winner of the Bee, and only the second Black person, after Jamaican-born Jody-Anne Maxwell won in 1998.

Her exploits even got the attention of President Joe Biden, who tweeted, "Congratulations, Zaila! We're all so proud of you. I have a feeling this isn't the last time you'll be making history."

Here's the amazing thing; spelling is not even Avant-garde's best ability, as she is a talented basketball star who owns three Guinness World Records for dribbling.

By the way, a "Murraya" is a genus of tropical Asiatic and Australian trees. Now you know.

PUBLIC MEETING

(Continued from page 11)

group organization and a \$2 million retroactive waiver of a bid to a Rutgers vendor, the Daily Targum reported in its July 10, 2021 edition.

Kratovil told Local Talk that Mark A. Angelson, the Board chair, is "arrogant, a dictator, unaware of how public service works. [He] refused to answer the question. ... "They [the Board of Governors] will purposely not answer a question [they do not like]", Kratovil told Local Talk.

Both the Daily Targum and Charlie Kratovil stated that when Troy Shinbrot, one of the two faculty representatives on the Board, questioned why Kratovil was declared out of order, he too faced the same declaration and was removed from the online meeting.

After the meeting, Shinbrot submitted his letter of resignation. Shinbrot was replaced by Dr. Samuel Rabinowitz, a Rutgers Camden professor.

The Daily Targum reported that Shinbrot said, "When an elected member of a board is censored and removed simply for asking for the rules to be obeyed, I believe the only honorable thing to do is resign. Remaining on the Board would only lend credibility to an inappropriate procedure."

Shinbrot said that the Board

is very "insulated" from members of the Rutgers community. Kratovil, in his interviews, said, "not only did they (BOG) silence me but a Board member who spoke for me."

"Because decisions are being made on how Rutgers will function in the years ahead by a group so completely insulated from the teaching, research and service done by those of us who work and learn here... they cannot even tolerate a respectful two-minute comment from an (alumnus)", Shinbrot told the Daily Targum.

Rutgers spokesman Carissa Sessito defended Mark Angelson's actions.

"The Board of Governors' bylaws provide that comments or presentations made at meetings must relate to agenda items and shall be subject to reasonable time limits. Comments or presentations that do not relate to agenda items or when speakers exceed reasonable time limits are deemed out of order," Sessito said.

This is not the first time that Charlie Kratovil and Troy Shinbrot clashed with Board chair Mark Angelson. A similar incident occurred at the February 26 online Board of Governors meeting.

Events of February 26 Board of Governors meeting

Video of the February 26 Board of Governors online meet-

LOCAL TALK WEEKLY NEWSPAPER PRINTING

For NEW CUSTOMERS ONLY ... 1 Time Use Only
SAVE \$100 1/8 Page
SAVE \$200 QUARTER PAGE
SAVE \$300 HALF Page
SAVE \$400 FULL PAGE

BUY ANY SIZE ADVERTISEMENT...and get a great discount...Min. 1/8 page size
 Call for Information: (973) 622-1111 or (973) 280-7547
www.localtalkweekly.com / localtalknews@gmail.com
 ADVERTISE IN A NEWSPAPER THE COMMUNITY LOVES...
 A HYPER LOCAL NEWSPAPER and the most popular newspaper in urban Essex County
 Expires July 31, 2021

For NEW CUSTOMERS ONLY ... 1 Time Use Only
SAVE \$50 on \$200 PRINTING ORDER
SAVE \$100 on \$400 PRINTING ORDER
SAVE \$200 on \$700 Printing Order
SAVE \$350 on \$1000 printing order

ORDER ANY PRINTING JOB...and get a great discount
 Call for Information: (973) 622-1111 or (973) 280-7547
www.localtalkweekly.com / localtalkprinting@gmail.com
 ADVERTISE IN A NEWSPAPER THE COMMUNITY LOVES...
 A HYPER LOCAL NEWSPAPER and the most popular newspaper in urban Essex County
 Printing Business Since 1985
 Expires July 31, 2021

FREE PARKING • HUGE SAVINGS IN PRINTING & ADVERTISING • BETTER SERVICE
 1576 SPRINGFIELD AVENUE, MAPLEWOOD, NJ • localtalk@aol.com • localtalkweekly.com
 Tels. (973) 622-1111 • (973) 280-7547 • E-mail: localtalkprinting@gmail.com

ing was posted by Charlie Kratovil to YouTube. In a testy three-minute exchange, Mark Angelson, the Board of Governors chair, refuses to answer Kratovil's question, then ejects him from the online meeting. When then-University Senate Representative Troy Shinbrot attempts to get an answer as to why Kratovil was removed, he too is muzzled and threatened with removal.

The incident begins with Kratovil saying, "I wanted to ask if somebody can elaborate a little bit on what financial institutions might be involved in this borrowing, if I understand correctly, \$300 million."

Mark Angelson, the Board chair, responded, "Charlie, you know well that no one is going to elaborate, so please respect the decorum of this meeting and make your statement with all due respect."

Kratovil replied, "I am being respectful and uh, just wanted to prompt, if I could, uh, a you know, a discussion on this matter so that the public can better understand what is going on at our beloved state university and I do not think there is anything wrong

with that. So can someone elaborate on the \$300 million dollar move?"

After a moment of silence, Kratovil asks, "Why, why won't you elaborate?"

Board chair Mark Angelson then cuts Kratovil off, saying, "Charlie, read the rules please. Kim [Kimberly M. Pastva, University Secretary], I think Mr. Kratovil is finished. Thank you very much."

At this point, University Senate Faculty Representative Troy Shinbrot enters the discussion.

"I would like to enter into the meeting notes - the Board of Governors meeting rules the pdf that was adopted April 7, 2020 which says nothing whatsoever about answering or asking questions," Shinbrot tells the Board of Governors.

Angelson then attempts to move on. The chair says, "Uh, that's nice, you are out of order." No reason or justification is given as to why Dr. Shinbrot was allegedly out of order.

Shinbrot responds, "I do not know why I am out of order. The Board of Governors rules is what you cited to forbid Charlie Krato-

(Continued on page 14)

THE DOCTOR IS IN

(Continued from page 4)

through biopsies of the bone marrow and lymph node. If the cells are present, then the need for booster doses is greatly reduced. On the other hand, the absence of these memory cells means the protection offered by the vaccine may not last for long. Tests so far have shown these memory cells were absent in people that have been vaccinated.

Studies have also shown that the booster doses work and are effective, so I don't see the debate. The only reasonable debate,

I believe, is if we actually need the booster doses now. Well, that's a tough one to answer, given not enough people have even gotten the first dose. I agree that we must not neglect full vaccination, but this new strain has to be treated with a similar level of attention.

Pfizer has announced it will seek emergency use authorization (EUA), the type the coronavirus vaccine got, due to new evidence regarding reduced vaccine effectiveness. Some days ago, one of the top officials from Pfizer met with government officials to prove this. As of now, the FDA

and CDC don't seem to buy it. But things change fast in the medical world. It has to.

In any case, whether the booster doses get EUA now or later, the vaccines are undoubtedly still the only way we can beat the virus. So, get them. And stay safe.

This article was written by Dr. Adil Manzoor DO, a Board Certified Internist & Board Eligible Pediatrician, who works as a Hospitalist, and Emergency Room Physician. He is also the current President of Garden State Street Medicine, a non-profit organization whose sole

purpose is to provide free preventive and acute urgent care services for the homeless. He is also the co-founder of his own unique medical practice Mobile Medicine NJ.

References

- <https://www.google.com/amp/s/www.aljazeera.com/amp/features/2021/7/20/will-we-all-need-covid-vaccine-booster-shots>
- <https://www.webmd.com/lung/news/20210712/what-to-know-about-covid-delta-variant>

FROM THE PASTOR'S HEART

(Continued from page 12)

behind our eyes.' So, it is with confirmation bias that we only seek information to validate what we already believe."

I hardly think that I need to say more in terms of our propensity to deny the truth. So instead, let me remind you of the words of James Russel Lowell, made popular by Dr. Martin Luther King Jr.:

"Truth forever on the scaffold, Wrong forever on the

throne, Yet that scaffold sways the future, and, behind the dim unknown, Standeth God within the shadow, keeping watch above his own."

Yes, a lie might be effective for a moment, but in the long term, as we see in human history, truth wins out. Even if not within my lifetime, the truth will be made known at the judgment bar of God.

Let us not forget the power of truth. "The truth makes us free." It not only frees our consciences, but if taken with seriousness, it will free us from the enslaving

situations to which we seek to sell ourselves in the world.

If you are one of those asking, How can I know the truth? I offer the following ten suggestions to help you on your way:

1. Do not over-trust yourself or every so-called expert
2. Do not follow conspiracy theories - they are of the devil
3. Do not practice telling little lies - they will allow you to believe THE BIG LIES
4. Do not twist the truth - Truth can stand without rationalization

5. Seek the wisdom of the divine
6. Pray for the guidance of the Spirit - He will guide you into all truth
7. Listen to wise counsel - All wisdom does not reside in you
8. Stay away from the fakery that is being pushed on the news and social media
9. Search the word of God - This is where ultimate truth lies
10. Recognize that the devil is the enemy of truth - so stay close to God

TOWNS STRUGGLING

(Continued from page 5)

went from 46 to 53.

Orange also followed the trend. Its senior citizens went from 67 to 72. Those 18-64 went from 43 to 51.

East Orange, Irvington, Orange and Newark are "minority-majority" towns. There are African American families who have long memories regarding the infamous Tuskegee Experiments, fueling skepticism or distrust of the medical establishment.

A Rutgers Robert Wood Johnson Medical School survey,

posted on JAMA Network Open July 15, found many of the 111 "Black and Latinx" survey-takers questioned the speedy development of the COVID vaccines when "other diseases have been around for decades."

The 111 surveyed were living in some of New Jersey's urban areas where there had been high rates of COVID Coronavirus infection.

Green, on Tuesday, added that the CDC's temporary suspension of using the Johnson & Johnson vaccine last spring may have contributed to his city's low vaccination rate.

"We had some people who

were right on the edge of getting a vaccine last spring," said Green. "When the news about the J&J vaccine came out, doubt came back to the people at that time. They said, 'Nope, I told you, I'm not doing it.'"

The J&J vaccine was suspended until reports of blood clots forming in menstruating women were confirmed or quashed as a side effect. "Local Talk" had been in line for that shot at Essex County's West Side Park in Newark April 13 before it was replaced overnight by Moderna.

The "four urban towns" push may be timely on two

counts.

First, many federal and state health officials have been finding pandemic-level infections among those who have not vaccinated yet - or opted not to vaccinate.

Second, some of the pandemic's growth involves COVID's Delta variant, known for its more severe effects.

Both, taken together, have pushed New Jersey's transmission rate to 1.35 percent. State officials want that rate below one percent, which means that COVID and its variants are not spreading.

PUBLIC MEETING

(Continued from page 13)

vil from continuing with his discussion and the Board of Governors rules is only one page long and it does not say that you may not ask questions.

Angelson says, "Um, it does, however, say I am in my golly. Uh, you are out of order, Mr. Shinbrot. One more time and we

will cut you off."

A shocked Shinbrot asks Angelson to repeat what he said.

"Can you repeat that? You are breaking up."

Angelson repeats, saying, "I am sorry, you are out of order, Mr. Shinbrot."

"I do not understand why," Shinbrot responds.

Angelson finally loses patience and tells Shinbrot, "Mr. Shinbrot, if you persist, we will

have to cut you off. I hope you won't. I hope you will read the rules. Thank you sir." The meeting then moves on.

According to the February 26 online issue of the Daily Targum, Shinbrot sent an email to the Board asking for public disclosure of which banks are involved in the loans, where the \$300 million will be spent, how the University plans to repay the debt and what communications led to

the Board decisions, as this was not covered in the meeting.

(Full Disclosure: Lev D. Zilbermints has a Masters Degree in Political Science, Class of 2005, Graduate School-Newark. Previously Mr. Zilbermints worked on staff of the Rutgers-Newark Observer between 1999-2009.)

WORLD NEWS (Continued from page 6)

District Court for the District of Columbia.

According to court documents, Hodgkins entered the U.S. Capitol building at approximately 2:50 p.m. on Jan. 6. Around 3 p.m., he entered the Senate chamber, walked among the desks, and then removed eye goggles. He took a "selfie-style" photograph with his cell phone and walked down the Senate well, where, a few feet away, several individuals were shouting, praying and

cheering using a bullhorn. Hodgkins walked toward the individuals and remained standing with them while they continued commanding the attention of others. At approximately 3:15 p.m., Hodgkins exited the Senate chamber and the U.S. Capitol Building.

The case was prosecuted by the U.S. Attorney's Office for the District of Columbia and the Department of Justice National Security Division's Counterterrorism Section. Valuable assistance was provided by the U.S. Attorney's Office for the Middle Dis-

trict of Florida.

The FBI's Washington Field Office investigated this case, with significant assistance provided by the FBI Tampa Field Office, the U.S. Capitol Police, and the D.C. Metropolitan Police Department.

In the six months since Jan. 6, more than 535 individuals have been arrested in nearly all 50 states for crimes related to the breach of the U.S. Capitol, including over 165 charged with assaulting or impeding law enforcement. The investigation is ongoing.

TOWN WATCH (Continued from page 10)

When Powell said he was still having right leg pain, Testa allegedly said it was a bone bruise and had injected a "pain-killer" into his knee. Powell, while seeking consideration for the 2020 NBA player draft, later found out that his right knee had a lateral meniscus tear.

Powell was denied a place in the NBA draft. The Trenton native last played for the Westchester Knicks in the NBA's G-League until he was waived on April 24.

Powell's attorneys and SHU have declined comment as of July 20. The school's website, however, lists Testa as "medical services provider and coordinator for all student-athletes and directly works with the men's basketball and men's and women's golf teams." The Testa in the suit is not to be confused with a Tony Testa listed as the team's athletic trainer.

MAPLEWOOD - Authorities are still looking into the circumstances of how a 14-year-old girl walked onto NJTransit's Morris & Essex right of way July 13, leading her to be fatally struck by a west-bound train.

Maplewood and NJTransit police plus a township fire rescue unit responded to a report from the crew of M&E Train No. X667 from just west of Maplewood station at 12:15 p.m. that Tuesday. They found the train, which was on a non-revenue run from New York Penn Station to Dover, and the struck teen.

NJTransit's M&E dispatcher promptly suspended the entire line's service until 2:02 p.m. while the rescue became a recovery and field investigation. Medics declared the girl dead at the scene, which summoned ECPO detectives.

Although service resumed with 90-minute delays at 2:02 p.m., the incident and the lack of X667's train set and crew were felt on the M&E and Montclair-Boonton line for the rest of the day.

Train No. 419 12:36 from Hoboken to Gladstone was canceled at Newark Broad Street station. The 6343 4:42 p.m. and 6359 6:50 p.m. NYPS-Summit locals were respectively delayed 55 minutes or canceled. The 6659 6:56 NYPS-Dover express made all local stops. M-BL Train

No. 1003, which was to leave Hoboken at 3:34, was canceled.

Private bus carriers and PATH, the latter at its Hoboken and 33rd Street stations, cross-honored NJTransit train tickets and passes until 4:42 p.m. M&E delays went down to 30 minutes at 4:42 p.m.

Maplewood Police Chief Jim DeVaul and South Orange-Maplewood School District Communications Director Andie Eustache confirmed the girl's age, address and her being a Maplewood Middle School student.

BLOOMFIELD - Accident investigators have been searching for the cause of a Bloomfield man's motorcycle accident along US Route 1-9 in Newark June 16 that killed him and his dream of becoming a state trooper.

Newark Public Safety Director Brian O'Hara said his police officers and first responders went onto 1-9's northbound express lanes during that Wednesday evening rush hour. It was under the McClellan Street overpass where they found a stricken Robert Anderson Huiracocha, 20, and his motorcycle.

Huiracocha was declared dead there 6:17 p.m. A friend, who was riding his own motorcycle ahead of him, went back to the scene and identified him.

Relatives and friends said that Huiracocha had been working a security job at nearby Kean University and a second job at Newark Liberty International Airport in part so he could buy the motorcycle. Older sister Cristy said her brother had that bike for a month and was not comfortable speeding in it.

Huiracocha had recently moved from the Bloomfield Explorers Club to the Newark Police Explorers Post 2808 - both having ties to their municipal police departments. It is said that Huiracocha, Bloomfield Class of 2019, wanted to be a State Trooper.

Huiracocha, who was born Feb. 1, 2001, was also survived by parents Angel and Fanny and brother Angelo. His visitation was held here at the O'Boyle Funeral Home, followed by a Funeral Mass and internment at Montclair's Immaculate Conception Church and Cemetery June 21.

BELLEVILLE - The Belleville Board of Education Trustees, for the second time in eight months, approved buying a house along Greylock Parkway adjoining the Belleville High School grounds.

The trustees, at their July 19 meeting, passed Resolution 10.5 which authorizes the purchase of 499 Greylock Pkwy.

The resolution, as presented by Superintendent of Schools Dr. Richard D. Tomko and the Belleville Public Schools Purchasing Department, would buy the 1950-built two-story split level three-bedroom house for \$434,000. The funding would be drawn from PBS' general fund.

BPS has 487 Greylock on its property rolls since April 14. The trustees approved that purchase, for \$369,000 from its capital reserve, Dec. 21.

Both 499 and 487 Greylock are among nine houses fronting the street's south side. The nine have backyards abutting the BHS grounds. 487 Greylock, however, also abuts BHS's driveway.

BPS, with trustees' approval, is also paying rent on two more properties in the township. That includes 355 Union Ave., a 2.5-story house with a front office, since July 1 for \$3,000 per month. 355 Union is reportedly a property owned by Mayor Michael Melham.

It is not clear whether the purchase of both Greylock houses are for possible BHS expansion. Dr. Tomko has said that the purchase and rentals are for more office space.



NATIONWIDE PEST MANAGEMENT LLC

P.O. Box 4062
East Orange, NJ 07019
(973) 672-8358 • Fax: (973) 672-2560
www.nationwidepestmanagement.com

TERENCE WILSON
SERVICE CONSULTANT
nationwidepest@aol.com

LOCAL TALK PRINTING

- Business Cards
- Color Copies
- Flyers
- T-Shirts
- Color Printing
- Posters
- Newspapers

- Letterheads
- AD Journals
- Envelopes
- Banners
- Tickets
- Signs
- Promotional

DHIREN SHAH
Ambassador for Peace
Publisher / Editor-in-Chief
In Printing Business Since 1985
www.localtalkweekly.com

1576 Springfield Ave.
Maplewood, NJ 07040
Email: localtalk@aol.com

Tel. (973) 622-1111
Cell: (973) 280-7547
Fax: (973) 622-1120



Heart Center of the Oranges

VISIT US at Our State of the Art Facility
East Orange - 60 Evergreen Place • Suite 400

OUR PROVIDERS

CARDIOLOGY

Gitendra Rajiyah, MD
 Catalino Delacruz, MD
 Abbas Shehadeh, MD
 Isaac Tawfik, MD
 Erin Crystal, PA
 Guetty Gabaud-Dumesle, APN

PULMONARY/SLEEP DISORDERS

Jeffrey Miller, DO

PODIATRY

Kordai DeCoteau, DPM

NEUROLOGY

Ruth Clark-Brown, MD

NUTRITION

David Sonenberg, MS, RD, CDE

PRIMARY CARE/ INTERNAL MEDICINE

Eddy Simon, MD
 Paul Cahiwat, MD
 Nancy Cahiwat, MD
 Mamatha Mohan, MD
 Myriam Sterlin, MD
 Aleksander Lekan, MD
 Indu Vira, MD
 Hemlata Bhatia, MD
 Narinda Kaur, MD
 Normita Narvaez, MD
 Deepa Rajiv, MD
 Nivia Rowe, APN
 Roody Dalbe, APN
 Sanjaykumar Shah, APN
 Mary Elias, APN
 Janiece Howell, APN
 Jamila Jones, DNP
 Marie Tunis, APN
 Nmandu Utuk, APN
 Beena Mathew, DNP

NOW OFFERING



Varicose Vein Treatment



VISIT US at Our Newest State of the Art Facility
West Orange - 92 Old Northfield Avenue



Contact us: 973-395-1550
Orangeheartcenter.net

VISIT ONE OF OUR OTHER CONVENIENT LOCATIONS:

South Orange:	60 Vose Avenue	Tel. 973-763-5200
Maplewood:	2091 Millburn Ave.	Tel. 973-378-2266
Bloomfield:	135 Bloomfield Avenue, Suite B	Tel. 973-743-2248
Newark:	202 Stuyvesant Ave.	Tel. 973-374-8807
West Orange:	77 Main Street (Sleep Center)	Tel. 973-324-2090
West Orange:	95 Main Street	Tel. 973-736-5552
West Orange:	92 Old Northfield Avenue	Tel. 973-736-5552