

NEWARK RAPPER KILLED



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Rapper Tripple Beanz.
Photo via Instagram

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CERTIFIED ELECTION RESULTS PRODUCE LOCAL UPSET



By Walter Elliott

ESSEX - The Nov. 3 General and Nonpartisan Board of Education election results, as certified by Essex County Clerk Christopher Durkin, produced one last upset.

Durkin's Election Division employees - after a month of receiving, verifying and counting Vote By Mail Ballots, polling machine totals and provisional ballots until 1:30 p.m. Nov. 19 - found only one change among the four "Local Talk News" school board and nonpartisan township council

races deemed too close to call as of Nov. 11.

That change was found in the contest for the Orange Board of Education's third and final seat, where 79 votes made the difference in retaining one incumbent over another.

Results of the other "close shave" contests among the South Orange-Maplewood, Bloomfield and Belleville BOE and West Orange Township Council changed only in the certified vote tallies.

These races are among the 48 school board, municipal,

(Continued on page 3)

TED GREEN, SR. REMEMBERED

EAST ORANGE - Funeral arrangements for Theodore R. "Ted" Green, Sr., the father of Mayor Ted Green, have not been publicly announced as of Dec. 1. The elder Green had died Nov. 27.

Green and his wife Lula Mae Jones-Green had moved to East Orange from Newark and North Carolina in the 1960s to start a family: "Ted Green Jr.," Jason, Kenoise Jones, Sr. and Leah. The patriarch meanwhile worked in NPS' Peshine Avenue School until his retirement.

Both Teds started the Green School of Martial Arts in 1990. The father became Grand Master, the son Sensei. Among the many students of the dojo was none other than "Local Talk" Content Editor Kristopher Seals.

"Years ago, he (Green, Sr.) saw a small young man who was constantly bullied in elementary school and suggested that he en-



roll in the Green Ninja Ryu, run by himself and his son Ted Green, Jr.," Seals wrote in an Instagram post.

"During my lessons, I sparred with the likes of Ted Jr's son Sal, Doug, and Ken, the latter of whom introduced me - by accident - to the magical sensation of getting kicked in the groin. (Spoiler alert: It sucks.) Although I did not stay with it as long as I would have wanted to, I did learn the most crucial elements of self-defense.

"The environment wasn't just karate (which actually means empty hand), but it was that of a

(Continued on page 15)



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Turn to
PAGE 9



Editorial
 Dhiren Shah
 Editor-In-Chief

Hello Readers,

Christmas is right around the corner. But except for light decorations and tree decorations, the enthusiasm is lacking. Coronavirus has taken the joy away from people, even their right to gather with others to pray. I am not blaming the elected officials. However, when they make rules that they do not follow themselves, I do not like it.

It is happened recently with California Governor Gavin Newsom, who dined with family and friends in a nice restaurant, indoors, violating his own rules. He also lied, saying that he was din-

ing outdoors, but when someone took pictures, he had to apologize to Californians and the world for lying and breaking his own guidelines.

In August, House Speaker Nancy Pelosi went indoors to get her hair done and was caught in a camera video.

According to the Guardian; "San Francisco's mayor, London Breed, is under fire after it was revealed that she attended a birthday party at the restaurant in Napa Valley, just one night after Governor Gavin Newsom did the same. Breed's party of eight met at the famed restaurant on November 7 to celebrate the birthday of Gorretti Lo Lui, a local socialite whose husband, Lawrence Lui, is a major hotel developer, the San Francisco Chronicle reported."

Some of the politicians take advantage of their position. We

must use our voting right to kick them out of office. Do not elect those politicians, who take advantage of their elected post.

Iran's top nuclear scientist was assassinated by a remote-controlled machine gun. Iran has blamed Israel for the assassination. Israel has not responded and kept themselves silent. Israel has not denied or claimed the assassination. In the US, it has leaked out that Israel gave information about the plan. Whether it is true or not, this act of violence may trigger a war.

According to CNN, "The threat level to Americans in the region has not increased since the attack, particularly because Iran is blaming Israel for the assassination, the official said. But the US believes the Iranians have not yet retaliated for the killing of Gen. Qassem Soleimani, the leader of Iran's elite military

force and the country's second most powerful leader, and that is the area the US intelligence community is watching right now, the official said."

One might think this was a plan of the Trump Administration, as the President sent Secretary of State Pompeo to Israel and Saudi Arabia about two months ago. On November 23, Pompeo went to Saudi Arabia again and while Prime Minister Netanyahu flew to meet the Saudi Prince. Whether Israel did it or not, they have to figure out how to defend in case of war. Hopefully there will not be one.

Please stay safe, wear masks and keep social distancing.

Have a wonderful week.

I'll talk to you next week.

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WEATHER FOR THE WEEK

<u>THURSDAY</u>	<u>FRIDAY</u>	<u>SATURDAY</u>	<u>SUNDAY</u>	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>
Mostly Sunny	PM Rain	Steady Rain	Partly Cloudy	Partly Cloudy	Partly Cloudy	Mostly Cloudy
HI 53	HI 49	HI 47	HI 43	HI 44	HI 43	HI 45
LO 38	LO 43	LO 36	LO 31	LO 30	LO 31	LO 31

SPORTS WRAP



By William Hathaway

This week in New Jersey, Governor Phil Murphy announced on Nov. 30 that after a tough decision, he has suspended high school indoor sports for youth and high schoolers due to COVID-19 concerns. The virus altered the high school football season, with teams having a six game regular season. Several games were outright cancelled.

Murphy's order, which is in effect from Dec. 5 to Jan. 2, does not include pro sports and college basketball games. However, like with the Giants and Jets, no fans will be in attendance. The Seton Hall men's basketball could be playing at Newark's Prudential Center in a setting similar to when NJIT had home games there. Their first road game was just as disappointing, a 71-70 loss to Louisville.

In other sports, the 4-7 New York Giants are now in first

place in the disgusting NFC East. Big Blue has now won three games in a row, thanks to a sloppy but effective 19-17 at the Cincinnati Bengals. Meanwhile, the Jets remain in last place in the entire NFL, dropping to 0-11 after a 20-3 home loss to former quarterback Ryan Fitzpatrick and the Dolphins.

By the time you see this, the Steelers and Ravens may or may not have played their previously scheduled Thanksgiving night game. The contest was pushed back due to several Ravens players, and eventually Steelers, testing positive for COVID-19. While the NFL has been patient with these two squads, they showed no patience with the Denver Broncos. That team had to play the New Orleans Saints with a practice squad WR playing QB due to all four regular QBs out due to either testing positive for the virus or in close proximity with no masks around a QB with the virus.

ELECTION (Cont. from page 1)

county and federal elections that 58.06 percent of Essex County's 606,151 registered voters had turned out to decide their representatives.

The 351,931 who filled out ballots or touched voting machine screens across all 22 Essex County municipalities made the largest turnout percentage for a Presidential year general election since 2008.

The Nov. 8, 2008 General Election saw 63.22 percent of 462,043 registered county voters, or 292,106, hit voting machine polling stations or the nearest mailboxes.

Turnout percentages, as provided by essexclerk.com, reached 57.17 percent in 2012 and 54.10 percent in 2016. There has been a steady increase of registered county voters from 462,043 in 2008.

Voter turnout increases may also be found from the Presidential and U.S Senate races down to Orange and other school board elections.

There were 16,359 votes cast

or postmarked on or before Nov. 3 to choose three OBOE members from among eight candidates on that city's ballot. This turnout is the highest so far since OBOE had been placed on the annual general election ballot in 2018.

4,341 votes were cast in the Nov. 5, 2019 election and 9,987 Nov. 6, 2018. Orange Public Schools administrators decided to hold annual November elections after 77 percent of registered city voters chose to convert the former mayor-appointed board to a voter-elected panel in 2017.

The Nov. 19 certified results have kept Fatimah Turner as top vote-getter. The second-year campaigner drew 3,064 votes or 18.739 percent of the votes.

First-time runner Samantha Crockett, who ran with Lenore Young, remains second-highest with 2,177 votes.

Current member Jeffrey Wingfield, in the end, received the third and last OBOE seat over fellow incumbent Tyrone Jon Tarver. The former board vice president received 2,177

votes or 79 votes more than the current OBOE President's 2,064.

This contest is considered an upset in the sense that Tarver had a lead going into Nov. 11 before the clerk's election division turned to verifying and counting provisional ballots.

While Tarver ran a solo campaign, Wingfield, Turner and OBOE panelist Ernest Lydell Carter ran together under three slogans - most prominently as the "Orange Board of Education Democratic Team."

Being the "OBOE Democratic Team" ran counter to the spirit of boards of education elections being nonpartisan.

They first ran as "Good to Great," which was printed on the ballot. Some of their banners included "Orange Kids Matter," which approximated the "Our Kids Matter" slogan of Sharon Forde and Marsha Escalliere.

The certified results have kept Carter, at 1,767 votes sixth in the tallies. Forde remains fifth at 1,793.

Young, at 1,662, placed seventh. Escalliere rounded out the balloted field with 1,030.

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In the WEST ORANGE COUNCIL races, H. William "Bill" Rutherford, at 8,953, attained the third and last seat over Monica Perkowski's 8,595.

Newcomer Rutherford will join the Township Council dais with incumbent Michele Casalino and fellow rookie Tammy Williams Jan. 1. Casalino drew 9,798 votes and Williams 9,272.

Outgoing Councilman Jerry Guarino amassed 6,757. Susan Scarpa collected 6,603. Brent Scott completed the field at 4,884.

In the SOUTH ORANGE - MAPLEWOOD SCHOOL DISTRICT races, Elissa Maplespina is posed to join Susan Lewis Bergin and Courtney Winkfield on the two-town panel. Maplespina mustered 8,713 votes over Deborah Engel's 8,437.

Bergin and Winkfield, who ran together as a team, respectively garnered 11,321 and 11,085 votes. Melanine Finnerm completed the field for the trio of three-year seats at 6,115.

SOMSD appointee Kamal
(Continued on page 10)



DISCLAIMER: The following items are primarily drawn from first responders. Responders' accounts may not be their full activity range. Grand juries hand down indictments when evidence presented them warrant a trial. Named suspects/defendants are innocent until proven guilty beyond a reasonable doubt in a court of law.

NEWARK - Tributes to former Newark Public Schools Board of Education Vice President Octavio "Tave" Padilla will likely continue after his Dec. 1 Funeral Mass at St. Lucy's Church. Padilla, 57, had died suddenly Nov. 25 after his admission here to University Hospital.

Padilla was elected to the Newark BOE as a member of the "Unity Team" in 2016 and re-elected in 2019 on the "Moving Newark Schools Forward" ticket. Both tickets were a fusion of the former annually rivalling "For Our Kids" and "Children First" teams by Mayor Ras Baraka.

Padilla had 25 years' prior administrative, legislative and youth team experience. The 12-year general manager of Rio Roma shoes' Newark store had doubled as an aide or chief of staff for several state legislators.

The one-time North Ward Democratic Committee Vice Chairman has been the North Ward Center's Casa Israel Adult Day Care Center administrator since March 2010. "Coach" Padilla was also the center's Youth Development and Recreation Co-Director since 2004.

Padilla, who was born as a second-generation Puerto Rican-Newark here Jan. 22, 1963, was Bishop Francis Essex (Boys) High School Class of 1981 graduate. He was among a class who had moved from 300 Broadway here to the former Essex Catholic (Girls) HS building in East Orange in 1980.

"I've lived in Newark my whole life," said Padilla at a 2019 candidates forum. "I've lived in the South, West, Central and now the North Ward."

Mother Carmen, son Andre,

daughter Elysha Vega, granddaughter Isabelle Vega, brothers Elias and Fernando and sister Manda are among his survivors. Memorial donations may be made to the North Ward Center, 346 Mt. Prospect Ave., 07104.

IRVINGTON - Whatever "nonessential" township employees are doing Nov. 30 - Dec. 14, they are doing so at home.

Mayor Anthony "Tony" Vauss has directed the so-classified township, Irvington Housing Authority and Irvington Public Schools employees will be working from home those 15 days.

Those same 15 days may be used for quarantine should the said employees be found to have tested positive for the COVID-19 Novel Coronavirus. All employees will be tested prior to their on-site return.

"With Thanksgiving approaching, I'll take an aggressive approach to limit its spread and keep the residents of Irvington and surrounding cities safe," said Vauss Nov. 23.

Irvingtonians who show proper ID will have free COVID-19 tests available to them at Irvington High School, 1253 Clinton Ave., 9 a.m.-5 p.m. Fridays. Residents, unless they are on Medicaid or Medicare, are required to bring a prescription from their primary care doctor.

EAST ORANGE - The Essex County Prosecutor's Office Homicide Task Force's investigation on a city man's death continues beyond his Nov. 16 funeral. Relatives and friends paid their last respects to Wali H. Jali, 32, that Monday in Orange's Bethel Baptist Church. Arrangements were made by the Woody Home for Services.

Jali, who was born March 18, 1988, was found by EOPD officers lying along Ashland Avenue's 100 block 9:30 a.m. Nov. 6. He was declared dead from gunshot wounds a short time later. City and county authorities closed Ashland between Prospect Terrace and Carlton Street and taped off a house there during their field investigation past 2 p.m.

ORANGE - The former Tremont Avenue School and Orange Police Headquarters property here at 595 Lincoln Ave., as of

Dec. 2, has returned to city hands.

The Orange City Council, on a 5-2 vote Dec. 1, revoked its 2019 sale to 595 Lincoln Avenue Urban Renewal Entity LLC. Resolution 461-2020 reversed their 406-2019 walked-on resolution that sold Block 6303, Lot 7 to 595 Lincoln URE and designated the latter as a developer in the Lincoln Avenue Redevelopment Zone.

The city, as of December 2019, was to sell the 1.02 acre lot to a subsidiary of Chadwick Capital for \$1.2 million. Chadwick - founded by George Robb, of New York City and former Newark South Ward Councilman Oscar S. James II - was to have replaced the 1901 building with a \$17 million, four-story, 60-unit market rate condominium.

"Lincoln Avenue Heights" was to have been completed in "summer 2021." About the only development that has gone on at 595 Lincoln since 2019, however, is the ivy enveloping the 2.5-story former elementary and middle school building.

Council President/East Ward Councilman Kerry Coley, Vice President/North Ward Councilwoman Tency Eason and West Ward Councilman Harold Johnson plus councilmen Weldon M. Montague III and Clifford Ross passed the resolution. South Ward Councilwoman Jamie Summers-Johnson, who had a computer problem, and Councilwoman Adrienne Wooten were counted as absent.

The city will try to find another use or developer for the 15C public/government zoned site. It will not be returned to Orange Public Schools, who sold it to the city after folding Tremont and Central middle schools into the Orange Preparatory Academy in 1973. OPS had inquired with the city about renovating or replacing the building as an original STEM Innovation Academy of The Oranges in 2017.

WEST ORANGE - Those members of the public who attended the West Orange Planning Board's virtual Nov. 18 hearing on the revised Executive Suites application are hoping they will get a chance to ask questions during the next scheduled meeting on Jan. 16.

Those who wanted to ask about "Executive Suites 2.0" were surprised when township-hired attorney Isobel Chou and Planning Board Ron Weston decided not to have them ask questions to planning consultant Susan Gruel that Wednesday night.

Chou said Weston's decision was "completely at the discretion of the planning board." She cited the New Jersey Supreme Court Lyons v. City of Camden ruling to add, "The statute doesn't require that the public be provided an opportunity for cross-examination."

"I've determined that it's not beneficial to the board to make our determination," concluded Weston.

Weston and Chou's call was made after board members had themselves questioned Gruel's presentation. Gruel - of Heyer, Gruel Associates - had presented the township's case that Executive Drive Office Park's 100 and 200 Executive Dir. and 10 Rooney Circle be designated an area in need of redevelopment.

The township brought in Heyer, Gruel and excluded 300 Executive Dr. and the Essex Green Shopping Center in their "Executive Suites 2.0" proposal and presentation. They were among several revisions West Orange had made to comply with a Sept. 11 State Appellate Court Ruling that struck down the original 2019 AINOR designation and its accompanying 30-year, \$36 million payment in lieu of taxes.

The revised plan, brought on behalf of owner Clarion, still seeks to turn 100-200 Executive Dr. in residential units. 10 Rooney Circle would become home to a new West Orange Public Library and a dog park.

SOUTH ORANGE / MAPLEWOOD - Essex County Sheriff's Officers will not be crossing into South Mountain Reservation from here to cull deer for a 10th straight winter.

The Essex County Deer Management Program, said County Executive Joseph DiVincenzo Nov. 23, will not take place. Its resources are being channeled into expanded COVID-19 testing and food distribution.

Sheriff's officers and registered hunters have "aggressively

(Continued on page 15)

N.J. HEALTH DEPARTMENT ISSUES GUIDANCE FOR WINTER HOLIDAYS & CELEBRATIONS

Limit Indoor Gatherings, Choir/Caroling Protocols, Outdoor Activities Recommended

TRENTON - Limiting attendees at indoor gatherings, virtual or outdoor visits with Santa, and measures for choirs and parades are among the recommendations outlined in holiday health and safety guidance released by the New Jersey Department of Health.

“Sharing celebrations with family and friends are important holiday milestones,” said Health Commissioner Judith Persichilli. “However, this year will be a holiday season like no other, and we must continue to maintain our vigilance against COVID-19 and celebrate safely and responsibly to ensure healthy holidays.”

Travel outside of your home should be limited. Gatherings must comply with current indoor and outdoor limits. Indoor holiday gatherings should be limited to immediate household members if possible. If hosting a small holiday gathering, limit people touching common items, such as serving utensils. Avoid buffets and drink stations, and seating arrangements should encourage social distancing. Clean commonly touched areas often, and guests should wear masks when not eating or drinking.

Tree lightings, menorah lightings and other holiday gatherings should be held outdoors whenever possible and abide by current gathering limits.

It is strongly encouraged that people consider alternatives to visiting Santa at indoor locations, such as virtual visits or outdoor socially distanced visits/photos with Santa. If malls and other indoor locations still

choose to offer in-person visits, it should be a touchless experience, and visits should be reservation-only, be socially distanced and limited in time. Santa, staff and guests over age 2 must wear masks. Santa should be behind a plexiglass shield in an open area, and children should not be permitted to sit on Santa’s lap.

The guidance also sets protocols for choirs and caroling due to the increased risk of COVID-19 transmission. All singing groups should be socially distanced from each other and their audience during each performance. Singing groups that perform in public must be at least 10 feet away from others or have a physical barrier between them and the audience. All performers and guests must wear masks, and performances must adhere to indoor and outdoor gathering limits.

In addition, holiday parades are discouraged. For those taking place, organizers should consider limiting in-person attendance and must maintain a list of names and phone numbers for all participants, which should be turned over to the local health department to assist with contact tracing. Parades should be socially distanced, and all participants should wear masks. Parade participants should not be permitted to throw items to spectators from floats or cars.

All vendors and organizers should observe social distancing and masking should be observed by staff, shoppers and sellers at winter holiday villages/flea markets/stores. Reservations should be considered to limit crowd size, and winter holiday villages and flea markets should be held outdoors when possible.

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ESSEX COUNTY COVID-19 CASE TALLY

Weekly Statistics from Nov. 24 - Dec. 2, 2020

Municipality	11-24-2020	Deaths	12-2-2020	Deaths
Belleville	2064	74	2290	75
Bloomfield	1968	78	2173	79
Caldwell	194	11	210	11
Cedar Grove	615	115	665	116
East Orange	2819	236	3029	239
Essex Fells	62	2	67	2
Fairfield	301	19	349	22
Glen Ridge	82	9	98	9
Irvington	2092	167	2204	168
Livingston	798	72	848	73
Maplewood	508	27	544	27
Millburn	295	6	325	6
Montclair	836	52	897	52
Newark	15134	700	16252	711
North Caldwell	114	5	131	5
Nutley	931	37	1038	39
Orange	1507	96	1590	96
Roseland	163	14	188	14
South Orange	248	5	280	5
Verona	276	15	308	15
West Caldwell	402	50	417	50
West Orange	2030	191	2142	194
Total	33439	1981	36045	2008

OTHER COVID-19 TALLIES (As of 12-2-2020)

NJ: 346,206 cases / 15,309 deaths (Plus 1,836 probable)

United States (approx.): 13.87 Million / 272,000 deaths

Worldwide (approx.): 64.3 Million / 1.5 Million deaths

NJ Gov. Phil Murphy has announced that indoor high school sports have been put on hold. Also, the outdoor gathering capacity limit has been reduced to 25 persons.

Moderna joins Pfizer in requesting emergency FDA authorization for a COVID-19 vaccine candidate.

Over the past weekend, Star Wars' actor David Prowse, who portrayed the physical Darth Vader, passed away from coronavirus, according to his daughter.



UNITED STATES

Not So Fast, Intuit

The Department of Justice announced Nov. 25 that it is requiring Intuit Inc. and Credit Karma Inc. (Credit Karma) to divest Credit Karma's tax business, Credit Karma Tax, to Square Inc. in order for Intuit, the creator of TurboTax, to proceed with its \$7.1 billion acquisition of Credit Karma. The department said that without this divestiture, the proposed transaction would substantially lessen competition for digital do-it-yourself (DDIY) tax preparation products, which are software programs used by American taxpayers to prepare and file their federal and state returns.

The Justice Department's Antitrust Division filed a civil antitrust lawsuit today in the U.S. District Court for the District of Columbia to block Intuit's acquisition of Credit Karma. At the same time, the department filed a proposed settlement that, if approved by the court, would resolve the competitive harm alleged in the department's complaint.

"Intuit's TurboTax has long led the market for digital do-it-yourself tax filing services, but disruptive competition from Credit Karma Tax has brought substantial benefits to American taxpayers," said Assistant Attorney General Makan Delrahim of the Justice Department's Antitrust Division. "Today's divestiture to Square, another highly successful and disruptive fintech company, ensures that taxpayers will continue to both benefit from this competition and benefit from new innovative financial service offerings from both Intuit and Square."

According to the complaint,

Intuit's TurboTax has enjoyed a dominant position in the market for DDIY tax preparation products for more than a decade. Since entering four years ago, Credit Karma Tax has become a disruptive competitor with a significant competitive impact. Unlike other providers, including Intuit, Credit Karma Tax never charges for its products, regardless of the complexity of an individual's tax preparation needs.

This always-free business model has enabled Credit Karma Tax to compete aggressively for filers who pay for TurboTax, which helps constrain TurboTax prices and push Intuit to improve TurboTax offerings. The combination of Intuit and Credit Karma would eliminate this competition, likely resulting in higher prices, lower quality, and less choice for consumers of DDIY tax preparation products.

Under the terms of the proposed settlement, Intuit and Credit Karma must divest the assets that comprise Credit Karma Tax to Square, Inc., including relevant software and intellectual property. Square is also expected to hire certain key Credit Karma employees that today support Credit Karma Tax. Intuit and Credit Karma have agreed to provide certain transition support services to Square while Square integrates Credit Karma Tax into its Cash App platform.

As required by the Tunney Act, the proposed consent decree, along with a competitive impact statement, will be published in the Federal Register. Any person may submit written comments concerning the proposed settlement during a 60-day comment period to Robert Lepore, Chief, Transportation, Energy, and Agriculture Section, Antitrust Division, U.S. Department of Justice, 450 Fifth Street, N.W., Suite 8000, Washington, D.C. 20530. At the conclusion of the 60-day comment period, the U.S. District Court for the District of Columbia may enter the final judgment upon a finding that it serves the public interest.

CANADA

Not Ellen, But Elliot Page

On Dec. 1, the world was introduced to Elliot Page - formerly known as Ellen Page. The actor now uses he/they pronouns, and considers himself a transgender, non-binary person.

"Hi friends, I want to share with you that I am trans, my pronouns are he/they and my name is Elliot," Page wrote in a social media post. "I feel lucky to be writing this. To be here. To have arrived at this place in my life. I feel overwhelming gratitude for the incredible people who have supported me along this journey. I can't begin to express how remarkable it feels to finally love who I am enough to pursue my authentic self. I've been endlessly inspired by so many in the trans community. Thank you for your courage, your generosity and ceaselessly working to make this world a more inclusive and compassionate place. I will offer whatever support I can and continue to strive for a more loving and equal society.

"I love that I am trans. And I love that I am queer. And the more I hold myself close and fully embrace who I am, the more I dream, the more my heart grows and the more I thrive. To all the trans people who deal with harassment, self-loathing, abuse, and the threat of violence every day: I see you, I love you, and I will do everything I can to change this world for the better."

In 2008, Page was nominated for an Academy Award for his role in "Juno" - but was robbed in many people's opinion by Marion Cotillard, who won for her performance in "La Vie en Rose." Two years later, both Page and Cotillard starred in the Christopher Nolan directed "Inception." Page currently stars in the Netflix show, "The Umbrella Academy" as Vanya Hargreeves.

Among the many celebrities supporting Page is his wife Emma Portner, who has been Page's partner since 2018.

CORONAVIRUS

COVID-19 Vaccine Threats

The INTERPOL Orange Notice outlines potential criminal activity in relation to the falsification, theft and illegal advertising of COVID-19 and flu vaccines, with the pandemic having already triggered unprecedented opportunistic and predatory criminal behavior.

It also includes examples of crimes where individuals have been advertising, selling and administering fake vaccines.

As a number of COVID-19 vaccines come closer to approval and global distribution, ensuring the safety of the supply chain and identifying illicit websites selling fake products will be essential.

The need for coordination between law enforcement and health regulatory bodies will also play a vital role to ensure the safety of individuals and wellbeing of communities are protected.

"Criminal networks will also be targeting unsuspecting members of the public via fake websites and false cures, which could pose a significant risk to their health, even their lives.

"It is essential that law enforcement is as prepared as possible for what will be an onslaught of all types of criminal activity linked to the COVID-19 vaccine, which is why INTERPOL has issued this global warning," concluded Secretary General Stock.

As well as targeting COVID-19 vaccines, as international travel gradually resumes it is likely that testing for the virus will become of greater importance, resulting in a parallel production and distribution of unauthorized and falsified testing kits.

With an increasing amount of COVID-related frauds, INTERPOL is also advising members of the public to take special care when going online to search for medical equipment or medi-

(Continued on page 7)

WORLD NEWS FLASH

(Continued from page 6)

cines.

In addition to the dangers of ordering potentially life-threatening products, an analysis by the INTERPOL's Cyber-crime Unit revealed that of 3,000 websites associated with online pharmacies suspected of selling illicit medicines and medical devices, around 1,700 contained cyber threats, especially phishing and spamming malware.

To avoid falling victim to online scams, it is important to be vigilant, be skeptical and be safe, as offers which appear too good to be true usually are. Always check with your national health authorities or the World Health Organization for the latest health advice in relation to COVID-19.

AFRICA

Child Trafficking on the Rise

Child trafficking is rising in Mali, along with forced labor and forced recruitment by armed groups, due to conflict, insecurity and the COVID-19 pandemic, the UN refugee agency, UNHCR, said on Dec. 1.

Some 230 cases of child recruitment were reported during the first half of the year, compared with 215 cases for the whole of 2019, according to a UNHCR-backed study.

Armed groups are also trafficking children to work in gold mines, with the profits being used to fuel the arms trade and finance violence, the agency added. Meanwhile, adults operating in the mines are subjected to extortionate "taxes."

"As a result of conflict and socio-economic deterioration worsened by the pandemic, we are seeing some of the most egregious human rights violations in the Sahel," said Gillian Triggs, UNHCR's Assistant High Commissioner for Protection.

"Children are being forced to fight by armed groups, trafficked, raped, sold, forced into sexual or domestic servitude, or married off. Many more children are at risk in the Sahel, a region which is becoming the fastest-growing humanitarian crisis in the world."

Overall, an estimated 6,000 children, mainly boys, were found working across eight mining sites in Mali, according to UNHCR child protection assessments. These youngsters are exposed to the worst forms of child labor, economic exploitation, and physical, sexual and psychological abuse.

Some children arrived at the mine sites on "credit," meaning a third party had financed their transport and food, while others said they worked for days without being paid. They are expected to work for an unspecified time until they pay of their "debt."

Additionally, UNHCR said reports of communities of women and girls being abducted, sexually assaulted and raped, have been received from the Mopti region in central Mali, with more than 1,000 cases recorded so far this year. The agency fears child marriage will also inevitably increase in a country where an estimated 53 percent of girls are married before they turn 18.

The victims of these crimes are Malians, but also refugees, asylum seekers and migrants.

Despite the conflict, and COVID-19 movement restrictions, UNHCR said Mali remains a key transit country for people attempting to reach northern Africa and Europe.

Some of these "people on the move" are trafficked for forced labor in the agriculture sector, while others, particularly women, are trafficked on the way to promised jobs in North Africa, Europe and the Middle East. Others are diverted to the capital, Bamako, or to mining or agricultural areas where they are forced to engage in so-called survival sex.

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*From
The
Pastor's
Heart*

OP-ED BY DR. ROBERT KENNEDY

It Is Finished

The topical phrase, "It is finished," has been used multiple times since the conclusion of the 2020 presidential election. Most of the News Media have announced it. The poll workers have said it. The recounts have affirmed it. The certifiers have declared it. The courts have upheld it. And the majority of the population who are living in the realm of reality have agreed to it. The president-elect and his team are preparing for the transition.

On the other side, the president who has lost the vote, his attorneys, and many who have accepted the peddling of his conspiracy theories are declaring that the election is not finished. They believe that the president will be declared the winner at the appropriate time and will be given a second term. The attorneys contesting the election results have lost or withdrawn just about every case that has been filed, and now they are engaging in a media blitz declaring the election stolen.

The president has raised over \$170,000,000 for legal fees or for launching a future campaign in 2024. Of course, this might be speculations, for no one really knows what he is about to do. What is of interest is that millions of people are giving him money to carry on the fight, and

are convinced that he has a legitimate case that will one day win out. They cannot believe that "It is finished."

The perspective of the two sides over the understanding of the phrase "It is finished" reminds me of those last words Jesus spoke while in agony on the cross. Just before he gave up his last breath, he recited the words, "It is finished." Those who have reflected on the words have said they are profoundly weighty words. They were words of victory.

Such words suggest the following:

- The work that He had come to the earth to do was complete.
- The salvation of humanity was secured.
- The sacrifice that He came to offer on behalf of humanity was acceptable and accepted.
- The reign of sin would cease.
- Satan's power was broken.
- Death would be banished.
- Sorrow and sighing will be terminated.
- The distress that has been brought on the human race is at its end.
- The world is in transition mode, from Before Christ (death mode) to After Christ (Resurrection mode).

One writer reflecting on the phrase repeats its backdrop from the Bible this way:

When the loud cry, "It is finished!" came from the lips of Christ, it was the hour of the evening sacrifice. The lamb representing Christ had been brought to be killed. The priest stood with the knife lifted, the

people looking on. But the earth trembled, for the Lord, Himself drew near. With a ripping noise, the inner veil of the temple was torn from top to bottom by an unseen hand, throwing open to the gaze of the crowd a place once filled with the presence of God. The Most Holy Place of the earthly sanctuary was no longer sacred. - (HH 348.7)

Terror and confusion were everywhere. The priest was about to sacrifice the victim, but the knife dropped from his unnerved hand, and the lamb escaped. Symbol had met fulfillment. The great sacrifice had been made. A new and living way was prepared for all. Afterward, the Savior was to officiate as Priest and Advocate in the heaven of heavens. "He entered once for all into the Holy Place ... with his own blood, thus obtaining eternal redemption." Hebrews 9:12, NRSV. - (HH 349.1)

Yes, the words, "It is finished" were recited, and Christ died. The earth quaked in confirming it. The heavens became dark in affirming it. The repentant thief on his cross accepted it. The soldiers around the cross declared it. Indeed, they said, "This is the Son of God," meaning that they knew something significant had taken place. The faithful of God, who were standing by the cross, believed it and received it. The disciples and the church that was formed after the cross went out and proclaimed it.

It is sad but true that there were, and still are, unbelieving folks who have never accepted it. Greatest of all, don't be shocked; Satan knew it was over, but kept telling himself, his

angels, and all who have decided to join in his train that "It is not over until it's over." He is pretending that he will win in the ninth inning, use a baseball phraseology, or in the last 30 seconds before the buzzer (to use a basketball terminology).

Although Satan knows he is defeated, he continues to fight. He also realizes that he has billions of adherents since launching his attack upon God's character with his conspiracy theories concerning God's love and justice. He is not about to give in. Even though the words, "It is finished," uttered from the cross, signals Satan's death knell, he is still in a vicious struggle to keep the world in bondage.

Do I need to tell you that no matter how hard Satan fights, he is a loser? One of these days, God is going to restate the last words, "It is finished." I love to read those words as they appear in Revelation, "It is finished! I am the Alpha and the Omega - the Beginning and the End." (Revelation 21:6). With the banishment of Satan and his hosts accomplished (read Revelation 20), a new earth will be created for the human family (Revelation 21-22).

I do not know about you, but here is for me the most significant moment of anticipation. I am looking forward to the consummation of history, as God will say it again, "It is finished." The court case will be over. The fight will be over. The last battle will be won. The transition is not about to take place; it will have taken place. We will then be safe from the forces of demons. Let us, therefore, rest our cases in God's hands, for all will be well that ends well.

ELECTION

(Continued from page 3)

Zubieta, for the record, ran unopposed for 12,328 votes. She will now complete the last two years of an unexpired term.

Although the voting order for the BELLEVILLE BOARD OF ELECTION TRUSTEES election remains unchanged, one may want to remember the top runner-up's name.

Frank Velez III and Erica V. Jacho have been confirmed for the two BBOET seats. Velez, at

4,313, is the top vote-getter. Incumbent Velez received 3,895 votes - 411 more than Fernando A. Acevedo, Jr.'s 4,834 markers.

Acevedo, however, may be called up by Belleville Public Schools administrators to succeed Jacho, pending a December hearing in Verona Municipal Court.

Jacho, however, is to appear before Verona Judge John A. Paparazzo via Zoom as early as Dec. 2 over her Oct. 20-21 DWI arrest in Belleville. Judge Paparazzo has agreed to hear her case as a neutral party.

Jacho, depending on the Verona hearing, may consent to resigning her trusteeship. BPS then has the option to appoint Acevedo, as the third-placed candidate, with an eye towards a Nov. 2, 2021 special election.

Lissa Missaggia, for the record, placed fourth at 3,214. Incumbent Michael Sjeldon mustered 2,832. Yael Cavero-Isakowitz carried 846.

In the BLOOMFIELD BOE races, a newcomer unseated an incumbent for the third and final panel seat.

Kasey Dudley is to be sworn

-in alongside Jessica Salinas and Nadeisha Greene Jan. 1. Dudley tallied 7,227 votes to Ellen Rogers' 6,888. Salinas, at 8,531, and Greene, at 7,517, were ranked first and second in vote tallies. Thomas Heaney gathered 6,340 and Satenik Margaryan 5,500.

Candidates do have until 4 p.m. Dec. 5 to file a legal challenge in State Superior Court-Newark. That challenge, if granted, would start with a recount. The certifications should otherwise end Election 2020 and start the peaceful transfer of power on or around Jan. 1.

The Doctor Is In



Dr. Adil Manzoor OP/ED

12 Best Foods to Eat If You Have the Flu

When you have the flu, eating may not be among the options of things you'd like to do. However, you have to eat.

Taking pain to eat the right kinds of foods, regardless of how little, can go a long way to speed up your recovery. Certain foods are high in nutrients that can help boost your immune system. Read on to check out the 12 best foods for flu.

Before then, let's learn a few things about the flu.

What is the Flu?

Flu is a contagious respiratory illness that infects the nose, throat, and sometimes the lungs. Flu can cause illnesses that are mild or severe.

There have also been cases of people who have died as a result of the flu. The symptoms of flu usually include cough, sore throat, runny nose, fever, fatigue.

People often get the flu when they come in contact with the respiratory droplets of infected people. A 2018 CDC study published in *Clinical Infectious Diseases* reported that an average of 8% of the US population gets sick from flu each season.

Anybody can be infected with the flu, with people within

the range of 0-64 years being more susceptible, according to the same CID study. Therefore, it is important to know the right food to eat if you have the flu.

What Foods May Aid Flu Recovery?

The following food can help ease the symptoms of the flu and boost the immune system.

1. Chicken Soup

Inflammations trigger flu symptoms and lead to further complications. The chicken soup comes with several important ingredients.

The cut-up chicken itself contains iron and proteins. Other ingredients, such as carrots, herbs, and celery, contain helpful nutrients.

A 2000 study suggests that the collective ingredients in chicken soup may help reduce inflammatory responses. Therefore, you would expect that chicken soup will help clear congestions in the nose and throat.

The good thing about chicken soups is that they are easy to prepare and digest. They promote hydration, which soothes the body system.

2. Garlic

You might regard garlic as a food seasoning agent, but it is a lot more than that.

Over the years, garlic has proven to be one of the best alternative medicines for several illnesses. Garlic has several health benefits, which may be due to its antimicrobial properties.

A study aimed to examine the effects of garlic supplements in adults with flu. This study found that these supplements enhanced the immunity of patients and reduced the severity of flu symptoms.

Raw garlic also has beneficial effects. This means that you do not have to take the supple-

ments. It would help if you considered eating garlic as soon as you suspect a symptom of the flu.

3. Leafy Greens

Leafy greens such as spinach, kale, and others are a good source of vitamin E.

Vitamin E is a powerful antioxidant that helps rid the body of free radicals that could cause inflammation.

According to a study published in the *Nutrition Research Journal*, if you supplement your daily diet with 200 IU of vitamin E, there may be a significant decrease in the severity of lower and upper respiratory infections.

So, you might want to include a leafy green salad in your diet or make a smoothie with them. You could also eat the leafy greens raw, adding a bit of lemon or olive oil.

4. Yogurt

Yogurt that contains live bacterial cultures (probiotics) are popular for easing a sore throat, which is a major symptom of the flu. This kind of yogurt can also help boost the immune.

A study reported in the *International Immunopharmacology* journal confirmed yogurt's ability to aid a healthy immune system.

You must always remember that yogurts without any added sugars are the best options in this case. If you do not fancy yogurts, then other fermented foods such as sauerkraut can be great options as well.

5. Citrus Fruits

Vitamin C is an antioxidant that can help in boosting the immune system. Vitamin C can contribute to the immune system by supporting the proper functioning of the cells.

A good amount of vitamin C is required to compensate for the flu's high inflammatory respons-

es. It also compensates for high metabolic demands and optimizes cell levels.

Citrus fruits such as oranges, lemon, and grapefruits are rich in vitamin C. It would be best if you considered including these fruits in your daily diet to help speed up your recovery from the flu.

You can make fruit juices with them, but it is always better to eat the whole fruit to benefit from the gut-regulating fiber.

6. Honey

Honey offers another great addition to your foods if you're looking to hasten your recovery from the flu. Honey is very effective in treating sore throat and cough, especially in children under one year.

The authors of a 2018 review found that honey was more effective than cough medications like diphenhydramine and salbutamol. It also produced similar results as dextromethorphan.

Hence, honey is one of the best foods to take if you have the flu. It soothes the back of the throat and breaks up induced mucus.

7. Ginger

When it comes to flu recovery, ginger is one of the best food that can provide relief. Ginger has potent anti-inflammatory properties that give it the power to fight flu and the common cold.

As previously mentioned, inflammation adversely affects the body's immune response. The anti-inflammatory gingerols present in ginger will play a key role in boosting your immunity.

Another potent constituent of ginger is the sesquiterpenes. This chemical target the most common family of cold viruses. Adding some tablespoons of grounded ginger root to your green tea could aid quick recovery. Also, ginger tea or chews

(Continued on page 12)

The Legal Opinion



By Ahmed Screven, Esq.
OP/ED

"I Always Feel Like, Somebody's Watching Me"

Singer Kennedy William Gordy, also known by the stage name, "Rockwell," son of famous songwriter, and composer, Berry Gordy Jr., sung the lyrics to the song of the words used in the title of this legal opinion piece herein above.

In our American television history, television programs

such as, "Candid Camera, America's Funniest Home Videos, Big Brother," etc., have captured American audiences' attention with their demonstrations of the public lives of American people in their everyday settings.

Moreover, in this time period of American history, almost any and everywhere, one can find video cameras both inside, and outside of commercial and governmental buildings, and even inside and outside of family dwellings, and on electronic devices, such as smart phones, tablets, androids, and even robotic devices.

However, in our twenty-first century as Americans, the ability to entertain, protect, or promote legal demonstrations of public lives of the American people, has become challenged and contaminated, per say even polluted, by the illegal, negative, and yes, exploited usage of video footage captured by wrongfully obtained video foot-

age, from those that believe that they are not governed by law, and not bound by any moral or legal code.

Thus, hypothetically speaking, occasionally we may find that certain individuals refuse to be governed by American rules of law, as expressed in their refusal to conform, and submit to, the American rule of law, and specifically, Americas' privacy law protections of the Constitution, found within the Fourth Amendment.

Accordingly, the Constitution of the United States, sets the standards and the legal limitations, expressed and bound within the Fourth Amendment, of the Constitution, that states in paraphrase, that all Americans have the inherent "right to privacy." Simply, Americans have legal protection from any litany of illegal or, "invasionary," tactics hypothetically perpetrated upon them by others, and law enforcement.

Furthermore, our govern-

ment, and the American people, must engage in persistent and intelligent dialogue, and forums, and they must educate the American public in these settings to combat any hypothetical rogue or illegal activities, violative of the Fourth Amendment of our Constitution, and jointly, the government and American people, must be more aggressive, in terms of enforcing the Fourth Amendment Constitutional protections that Americans' have in their right to be left alone in their affairs, and protected from any hypothetical intrusions thereupon.

Finally, thank you for reading this opinion piece, and as always, "Carpe Diem," Seize the Day.

Disclaimer, any characterization of any person alive or deceased in this opinion piece is coincidental, and this opinion piece has no bearing, nor any relation to any living or deceased persons."

THE DOCTOR IS IN

(Continued from page 11)

can do the trick.

8. Broccoli

Broccoli is little green trees that are popular for their high fiber content. Not only do they contain enriching fiber, but they also have an incredible value of vitamin C.

Since vitamin C helps eliminate antioxidants that cause inflammation, Broccoli will be a good addition to your diet.

Broccoli is said to contain a chemical called sulforaphane that turns on antioxidants and immune enzymes. These will prevent you from getting sick or hasten your recovery.

Eating the vegetables raw will give you superior nutritional benefits. So, you can add them to salads and eat till you get well.

9. Tomatoes

Tomato soup is the perfect substitute for vegans who won't fancy the chicken soup. Tomatoes also contain an antioxidant constituent - Lycopene.

According to a study from the Journal of the American College of Nutrition, eight weeks of lycopene supplements decreased oxidative stress in patients.

Oxidative stress is caused by an imbalance in free radicals in the body. This imbalance can cause several illnesses and worsen the severity of flu symptoms.

You should, therefore, try to incorporate tomatoes in your meals if you have the flu.

10. Wild Blueberries

Cultivated blueberries contain high contents of anthocyanins, which are powerful antioxidants. Anthocyanin is a flavonoid that, when consumed, reduces your likelihood of catch-

ing the flu.

So, you can head to a grocery store and get yourself some bags of blueberries. Try to eat them daily to ease your symptoms faster.

11. Elderberry Extract

Berries are generally potent when it comes to fighting diseases. They contain infection-fighting compounds, mostly anthocyanins.

The less popular Elderberry extract is a very effective food that fights against influenza (flu). A study posted in the Journal of Internal Medical Research confirms elderberries' potency in alleviating the respiratory infection severity.

When you notice symptoms of the flu, elderberry extract can prove helpful.

12. Broth

Broth offers a versatile op-

tion for a wide range of people. Whether you are a vegan or you prefer chicken or beef, the broth is one of the best foods when you have the flu.

You can start eating broth once you begin to see symptoms of the flu, and you can continue it till you've fully recovered.

The broth is a great option because it prevents dehydration and helps soothe sore throat and congestion in the respiratory tract.

Conclusion

It may take a few days to weeks to totally recover from the flu. However, eating the right foods will make recovery even faster. A general rule of thumb is that you must stay as hydrated as possible.

Try to eat the best foods for flu until your symptoms are gone, and your health is restored.

THE PAIN OF GUNS AND VIOLENCE

Local Rapper Among Latest Victims of Newark Homicides

By Thomas Ellis II

The City of Newark is dealing with the COVID-19 Pandemic, and on some fronts losing the battle. But they are not only fighting the Coronavirus, but they are also battling the guns and violence issues in the city.

Just this week, Angel Velez, 56, was arrested for the murder of Salustino Santiago, 49. Velez is accused of dismembering Santiago in the South Ward a few

weeks ago. Over the Thanksgiving Holiday weekend, there was a shooting in the 300 block on Avon Ave. near South 10th Street. Corey Thompson, 29, was ambushed by two masked men and shot to death while he was getting into his car in broad daylight. He was an aspiring rapper known as "Tripple Beanz" and worked with Fetty Wap.

One of the things I've noticed about the shootings and the killings that have been happen-

ing are the times and the ages of the victims. The shooters really don't care anymore what time they are shooting up the block, corner, or neighborhood, with several children and people who have nothing to with nothing being shot by stray bullets.

Last week, a 12 year old was shot while in his house by a stray bullet in the 80 block of South 17th Street. In another incident, a teenage female was shot in the leg in the area of 828 South 15th

Street in the South Ward around 8 pm. Eight shell casings were found by the NPD, and a car was hit by a bullet.

On the night of Dec. 2, there was another murder. Robert Angel Figueroa, 27, was shot to death in the North Ward on 3rd and Mount Prospect avenues. The NPD recovered a weapon in this shooting. Let's hope that an arrest will be made soon.

(Continued on page 14)

ORANGE WOMAN CHARGED WITH WIRE FRAUD CONSPIRACY

ESSEX - An Essex County woman was charged with defrauding elderly victims through a lottery scam in which victims were falsely told that they had won large sums of money, U.S. Attorney Craig Carpenito announced Nov. 30.

Shanile Lyle, 27, of Orange, was arrested and charged by complaint with one count of conspiracy to commit wire fraud. She appeared by videoconference before U.S. Magistrate Judge Michael A. Hammer and was released on \$200,000 unsecured bond.

According to documents filed in this case and statements made in court: In 2018, several elderly victims received telephone calls alerting them that they had won large sums of money and various other prizes. The victims were informed that they would have to pay taxes on these winnings and, as a result, sent numerous checks totaling at least

\$675,000 to Lyle and her conspirators. Lyle deposited these funds into bank accounts she controlled and transferred portions of the money to her conspirators.

The count of conspiracy to commit wire fraud carries a maximum of penalty of 20 years in prison and a fine of \$250,000, or twice the pecuniary gain to the defendant or twice the gross loss involved, whichever is greater.

U.S. Attorney Carpenito credited special agents of the FBI, under the direction of Special Agent in Charge George M. Crouch, Jr. in Newark, with the investigation leading to the charges.

The government is represented by Assistant U.S. Attorney Vera Varshavsky of the U.S. Attorney's Cybercrimes Unit in Newark.

Elder abuse is a serious crime against

some of our nation's most vulnerable citizens and is one of the Department of Justice's key priorities. In 2018, the Department ordered each of the 94 U.S. Attorneys' offices to appoint an Elder Justice Coordinator tasked with fulfilling the Elder Abuse Prevention and Prosecution Act (EAPPA) of 2017's mandate of: serving as the legal counsel for the federal judicial district on matters relating to elder abuse; prosecuting, or assisting in the prosecution of, elder abuse cases; conducting public outreach and awareness activities relating to elder abuse; and ensuring the collection of data required to be collected under the EAPPA.

The charge and allegations contained in the complaint are merely accusations, and the defendant is presumed innocent unless and until proven guilty.

NEWARK MAN SENTENCED TO 12 YEARS IN PRISON FOR PARTICIPATION IN HEROIN CONSPIRACY

NEWARK - An Essex County man was sentenced Nov. 30 to 144 months in prison for his role as a member of a heroin trafficking conspiracy, U.S. Attorney Craig Carpenito announced.

Raheem Tarry, 34, of Newark, previously pleaded guilty by video conference before U.S. District Judge Susan D. Wigenton to two counts of a third superseding indictment charging him with conspiracy to distribute and possess with intent to distribute one kilogram or more of heroin and distribution of heroin and possession of heroin with intent to distribute. Judge

Wigenton imposed the sentence by videoconference.

According to documents filed in this case and statements made in court: Tarry and others were members of a drug trafficking organization that dealt heroin and crack cocaine in and around Newark, specifically, at Hayes Street and 14th Avenue in the area of the New Community Corporation housing development (NCC). The organization is comprised of members of the Brick City Brim set of the Bloods street gang.

The investigation revealed that in addition to selling narcot-

ics, members of the organization alerted each other to police and rival gang member or drug dealer presence within NCC; shared narcotics supply, narcotics proceeds, and customers; and raised bail money for each other following arrests. Members of the organization have also engaged in violence and been the subject of violence in connection with their narcotics trafficking activities.

Between March and August 2018, Tarry and 27 other individuals were charged by criminal complaint with conspiracy to distribute heroin and cocaine

base; one individual also was charged with firearms offenses relating to his drug trafficking. On Aug. 20, 2019, a grand jury returned a 22-count third superseding indictment charging Tarry and four other defendants with conspiracy to distribute one kilogram or more of heroin and various other drug and firearms offenses; the alleged leader of the organization also was charged with participating in a continuing criminal enterprise.

The charges in the complaint and third superseding indictment

(Continued on page 15)

Legally Speaking



Cassandra Savoy, Esq.
OP/ED

What Happens If I Get Really Sick?

I recently met a woman whose husband died after thirty-five years of marriage. They had no children, she has no siblings, and she is experiencing some health challenges. "What happens if I get sick," she asked?

The time to think about next is before you "next" happens. Whether or not you are in your sixties or experiencing health challenges, one of the things adults need to worry about is, what happens if you are in a serious car accident which leaves you unconscious? In a coma? Otherwise incapacitated?

You need two documents to be in place: A Medical Power of Attorney and a Durable Power of Attorney to address your business affairs. Let's talk about why you might want to have a

Medical Power of Attorney in place if you get sick.

A Medical Power of Attorney

A medical power of attorney tells your loved ones and your medical providers precisely what kind of treatment you want or don't want in the event you are incapable of telling them yourself, because, for example, you are in a coma or unconscious. There is really only one decision to be made which is based on your personal philosophy of life. If you believe that life is precious and should be maintained as long as possible, and at all cost, then you want to prolonged life as long as possible using every medical procedure known to mankind to sustain life. Or, do you believe that life is precious, but it is the quality of life that is precious.

If you hold to the second theory, you will want to limit the artificial means available to maintain life. For example, if your heart stops, do you want cardiac resuscitation? You have probably watched the medical shows like "ER" or "House" and heard about "DNR" order being in place. This means that the patient has decided that if her heart stops the doctors are instructed: DO NOT RESUSCITATE!

Do you want to be put on a ventilator if you are unable to breathe on your own? Do you want to receive nutrition

through a feeding tube if you can't eat because you are in a coma or unconscious? Do you want pain medication so that you are comfortable while other treatments are withdrawn? Do you want to receive antibiotics? Do you want to be hydrated to keep you comfortable? Do you want to receive hemodialysis to remove toxins from the body while you are unconscious? Pretty morbid, but it's your life and who better to decide how you want to end it than you?

The way the Medical Power of Attorney works is that you find at least one person you trust (with your life) to be your representative in the event you become unconscious or comatose. You empower your representative to convey your wishes to medical providers. By the way, people often name not just one representative, but they more often than not, they name an alternate representative or two. You can't just tell lady next door what you want to happen in the event of the worst happens to you.

Doctors and Hospitals require that your decision be in writing and in a form that they can trust. That means you can't write a medical power of attorney on a napkin and expect the doctors to accept A) that you actually wrote the document, or B) that it is really what you want to happen.

Once in the correct form, people often leave copies with

each of their representatives; leave a copy at each of their medical providers, and if they anticipate a hospital stay, they provide a copy to the hospital at admission. It's also a good idea to keep a copy nearby, maybe in a nightstand by the bed. It does you no good to go through all of the difficult thought to decide what you want; find a trustworthy representative or two to convey your wishes; and, draft the document only to keep it in a safety deposit box at the bank.

Remember, you won't need the Medical Power of Attorney unless you are unconscious at which time you will not be headed to the bank to grab the document. Moreover, your representative will likely not be allowed to enter your safe deposit box to get it. So, keep it out and available.

Oops! I've had a change of heart! No worries. For so long as you are of sound and disposing mind, you can make changes to the Medical Power of Attorney. You can change your representatives. You can decide that you want some treatments, and not others. You can make changes. But remember, if you change something, you will need to destroy ALL copies of the first version; collect all of the copies from all of the people and places where you left them and make sure they have the new, updated version.

What happens if I get really sick? Think about it!

THE PAIN OF GUNS AND VIOLENCE

(Continued from page 13)

With all these shootings going on, it's really causing a lot of pain for many families. Can you imagine getting a phone call, text, or a knock on the door by a family member, friend, or officer informing you that your love one was killed or shot? It's devastating.

A man was shot several times in the West Ward on St. Paul and South Orange Ave.

around 7:05 p.m. It's reported he was shot multiple times in the chest. Another man, shot and killed Nov. 29, in the 600 block of Hunterdon Street around 3:30 pm.

The times of these shootings should alarm the people of the city and the community. Many of the shootings are in populated neighborhoods, with people out and about, and really not thinking that a shooting will happen in their surroundings. But more than ever, that seems to not be the case, and people have to be

more aware of what's going on in their community.

There was a shooting in the North Ward at South Pine Lane. Luckily, no victim was found, but in some of these incidents people are being transported to the hospital by a friend and dropped off. There have even been reports of people walking into the hospital after being shot at a location where a shooting occurred.

The violence has seemed to uptick over the past several months with people's property

being in the middle. Bullets strike a car in the Central Ward last Saturday afternoon in the area of Springfield Ave. and Mercer Street around 4:30 p.m. Bullets are also striking houses, apartment buildings, and businesses.

Let's hope that we can get control of this, because with COVID-19 hitting the city and the violence getting out of hand, we need more than shutting down the businesses, we need to shut down the violence.

TOWN WATCH (Continued from page 4)

removed" deer on selected January and February days. The population reduction supposedly tamps down on deer-car collisions.

Management days are announced in advance, closing the reservation to the public. South Mountain Reservation's 1,200 acres borders South Orange and enters Maplewood.

DiVincenzo's cancelation announcement also calls off a similar program for West Essex's Hilltop Reservation.

MONTCLAIR - The Bloomfield Avenue restaurant and entertainment venue whose slogan was, "Make sure you don't leave too early," has come to a COVID-prompted end.

Montclair Social Club owner Jason Miller has turned the lights of 499-501 Bloomfield Ave.'s marquee Nov. 22, ending a two-year run here.

Miller, of Millburn, had turned Rascal's Comedy Club's last site into a 115-seat restaurant, bar and music house in June 2018. The former finance attorney and his staff were about to open a second floor events hall in March when the COVID pandemic forced its closure.

Miller, in his Nov. 22 open letter, thanked patrons and employees for their support and patronage. Collaborating with the Jazz House Kids and neighboring Montclair Film Festival as among MSC's highlights. He said that his inability with landlord Richard Grabowsky to arrive at a rent compromise during the pandemic was the final blow.

MSC had replaced Rascals, whose clientele had failed to move with them from West Orange in 2007-13. Grabowsky, in 2018, said he had left the space vacant since 2013 until "the right tenant" was found.

BLOOMFIELD - The family and friends of township resident Daniel Crawford, 52, were scheduled to pay their last respects to the at Orange's Woody Home for Services, followed by burial at Rosedale Cemetery, on Dec. 3.

The man who is accused of killing Crawford at a Queens, N.Y. intersection Nov. 20 meanwhile remains held on up to \$300,000 in cash bail or bond and on charges of second-degree vehicular manslaughter and criminally negligent homicide plus two counts of driving while intoxicated.

Crawford was commuting east on Union Turnpike Queens Hospital Center, said Queens District Attorney Melinda Katz, when he and his silver 2003 Toyota Camry were t-boned by a gray 2016 Mercedes-Benz driven south on Parsons Boulevard by Almin Ahmed, 22, of Albany at 3:50 a.m. that Friday. Two other vehicles were damaged and an FDNY call

box felled by the collision.

EMS technicians rushed an unconscious and unresponsive Crawford from the Kew Gardens Hills intersection to Queens Hospital, where he was declared dead "by his second family" shortly afterwards. Friends and family, including his two sons and his ex-wife Lynette Harris, first knew something was wrong when Crawford had failed to make his 5:30 a.m. daily positive Facebook posting.

NYPD detectives meanwhile found an intersection recording where Crawford had the green light right of way. They found the physically uninjured Ahmed recording a blood alcohol content above New York State's .08 percent limit. The Mercedes' data recorder, recovered by search warrant, recorded it reaching 97 mph before impact.

Crawford, who was born Aug. 21, 1968, had been a phlebotomist at Queens Hospital the last 2.5 years. Harris said Crawford was planning a return to nursing school and had welcomed a grandson into the world the week before.

Ahmed is facing up to a 15 year prison sentence if found guilty. A GoFundMe.com fundraising page for Crawford's funeral expenses remains active.

BELLEVILLE - Township officers and police from neighboring towns broke up a large fight that had broken out in front of a bar and restaurant late Nov. 20.

Witnesses said the officers had arrived at 521 Joralemon St. 11:15 p.m. that Friday to find the altercation among several customers in the outside dining area. They quickly quelled the disturbance - but not before extracting a man who had suffered a non life-threatening head injury.

Police were last before Michael's Roscommon House Oct. 20-21 to find a woman asleep behind the wheel of a parked car. Their finding resulted in the DWI arrest of Belleville Board of Education Trustee Erika Jacho.

NUTLEY - Efforts to curb the COVID-19 Novel Coronavirus pandemic have "grounded" Santa Claus this season and will keep marchers for the 2021 St. Patrick's Day Parade home.

The Nutley Chamber of Commerce, on Dec. 1, has canceled its annual "Santa's Arrival," slated for Dec. 5, "out of an abundance of caution." Its associated Holiday Party, intended for Dec. 1 here at Mamma Vittoria, may be rescheduled as a virtual event.

NCOC has hosted the helicopter arrival of "Kris Kringle" on the Nutley Oval football gridiron for decades.

The Nutley Irish American Association, on Nov. 23, has also set its next St. Patrick's Day Parade - for March 5, 2022. The association also cited COVID-related health and safety concerns for participants and spectators for their 2022 reset.

NEWARK MAN SENTENCED (Cont. from page 13)

remain pending as to several of the defendants and one is charged in a separate indictment. They are presumed innocent unless and until proven guilty.

In addition to the prison term, Judge Wigenton sentenced Tarry to five years of supervised release.

U.S. Attorney Carpenito credited special agents of the FBI, under the direction of Special Agent in Charge George M. Crouch Jr. in Newark, and members of the Newark Department of Public Safety, under the direction of Director Anthony F. Ambrose, with the investigation leading to the sentencing. He also thanked the Essex County Prosecutor's Office, the Essex County Sheriff's Office, the New Jersey Department of Corrections, the New Jersey State Parole Commission, and the U.S. Marshals Service for their assistance.

The case was investigated as part of the Violent Crime Initiative (VCI). The VCI was formed in August 2017 by the U.S. Attorney's Office for the District of New Jersey, the Essex County Prosecutor's Office, and the City of Newark's Department of Public Safety for the purpose of combatting violent crime in and around Newark.

The government is represented by Assistant U.S. Attorneys Elaine K. Lou and Christopher D. Amore of the U.S. Attorney's Office in Newark.

TED GREEN, SR. REMEMBERED

(Continued from page 1)

group of community-driven fine upstanding black men. Ted Green Jr. went on to become the Mayor of East Orange, while Doug's dad was among a select group of photographers who chronicled the Obamas time in the White House...Thank you. Rest in Peace."

Eight grandchildren and 13 great-grandchildren are among Green's survivors. His beloved Lula Mae, who died March 8, sons Kenoise, Sr. and Jason and daughter Leah predeceased him.



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